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The Groton Independent

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Six new staff members at Groton Area

by Dorene Nelson

There are a few changes and six new instructors for the Groton Area School for 2024-2025. After six years of retirement, Mary Johnson is returning to teach middle school reading and social studies. Prior to her retirement, she taught sixth grade with Lance Hawkins. Alison Tvinnereim is going to be an RtI para as well as replace Tasha Dunker as the elementary school librarian. First grade teacher Caitlyn Fischbach will also be the volleyball assistant coach. In addition to those changing positions, there are six new teachers in the Groton Area Schools.



Landon Brown, the new vocal and show choir teacher, is a recent graduate from SDSU. "I'm from Milbank, SD, where I attended high school. While in high school, I participated in band, choir, oral interp, and theatre. I come from a musical family with a younger sister who is currently studying theatre."

"Following high school, I attended SDSU in Brookings, SD, where I majored in K-12 music education," Brown explained. "My responsibilities here in Groton include K-12 vocal and show choir."

"Teaching here in Groton is my very first job, and I'm really excited about being here," he admitted. "Rebuilding the vocal program here at Groton is my top priority. We should see some success with the help of the band teacher Desiree Yeigh and the musical accompaniment and experience supplied by Amy Warrington."

"I plan to get individual student lessons organized and set up later, after I'm more familiar with the school and the music students," Brown added.

"I teach about 250 students in junior kindergarten through the fifth grade," he listed. "The middle school choir has sixty-five students with thirty in the high school choir."

"I decided to accept this teaching job in Groton because it was the very first one I received," Brown admitted. "I also live in Aberdeen so its location is ideal."

"So far the elementary students are my favorite probably because of their friendliness and efforts at trying to please me," he smiled. "All of my students really want me to stay more than just one year, and that's what I'm hoping to do!"



McKayla Hanson, the new first grade teacher, is no stranger to the school system since she did her student teaching here too. "I was also in the Brandon, SD school district for twelve weeks student teaching there in special education," McKayla explained.

"I graduated from Northern State University with a double major in elementary education and special education," she said.

"I just got married last month, and my husband and I live in Aberdeen, making the Groton School the perfect place for me to teach and learn," Hanson stated.

"I have twenty-five students in the first grade with five sets of twins, an unusual number for a school the size of Groton," she smiled. "This is my first year of teaching."

"I decided to become an elementary teacher because the kids at this age are so much fun," Hanson admitted. "I am so excited to be a teacher and watch and help them grow."

"Part of helping the students learn more and grow is to figure out exactly what I can do to help them continue," she explained. "I am excited to start school, to meet the parents, and see so many new families and kids and explore their future."

"I had a really good time choosing the bulletin board material and other items for my first classroom," Hanson admitted. "It was especially satisfying that the parents and students noticed how nice the classroom looked!"



Lindsey Vander Wal is the new ag teacher for Groton High School. "I'm from Bruce, SD, but attended high school in Sioux Valley," she added. "I was born and raised on a farm so becoming an ag teacher seemed very logical."

"I received my Bachelor of Science degree in Agricultural Education from SDSU in Brookings," Vander Wal said.

"Having been raised on a farm made this decision very easy!"

"Individuals who didn't attend an agricultural college like SDSU can become alternately certified," she said. "This is done through the Internet with most people coming from the ag industry and then deciding to teach."

"This is my first teaching job, and I'm pleased to have about 45 students enrolled in various levels of Agriculture and Horticulture," she listed. "This includes high school students, most of whom are boys."

"My farm background and my high school activities in Ag as well as having an excellent high school Ag teacher helped me to decide that that was what I wanted to do too," Vander Wal smiled.

"Growing up on a farm, I worked hard doing farm work just like my brother did," she admitted. "Our farm is a 5th generation farm that raises row crops and feeder cattle."

"The high school ag classes that I was part of helped to build a house, and studied multiple areas of agriculture," Vander Wal stated. "Part of my responsibility here in Groton is to care for and oversee greenhouse activities."

"I only have high school students in six different classes but one day hope to teach middle school classes as well," she explained. "I've done some organizing of the classroom to suit my preferences as well as tossing some items that I won't be needing."

"I'll be teaching Ag 1, 2, 3, and 4; greenhouse work, and horticulture," she said.

"I plan to have guest speakers on greenhouse maintenance, agronomist experts, a nutritionist, etc." Vander Wal stated. "I'm excited to be here and had a good first day in the classroom!"



Carrie Cole is excited to begin her first year as the new fifth grade teacher at Groton Area Elementary School. "I'm thrilled to be joining the Groton School District and starting this new chapter as a fifth grade teacher," Cole shared.

A proud Groton High School alumna, Cole initially pursued a degree in a journalism from South Dakota State University. She built a career in digital media, working as a digital media manager and interactive web publisher for regional newspapers including the American News and Farm Forum. However, her passion for education led her back to the classroom.

Cole's husband, Charles, works as a research agronomist for Wilbur-Ellis. The couple have three children, Libby, a ninth grader, Freddy, a third grader, and Ivy, a first grader.

Cole completed her student teaching last spring in the Doland School and is currently furthering her education in the Instructional Design in E-Learning Master's program at Northern State University.

"I'm fortunate to be working alongside Janel Lone with whom I had the pleasure of learning from during two of my in-classroom educational teaching experiences. I'm confident we'll make a fantastic team," Cole said.

"I'm excited to get to know the fifth grade students and see their growth both academically and individually throughout the coming school year."



Jennifer Kunze is the new OST coordinator and special ed para for the Groton Elementary School. She is originally from Buffalo, MN, where she attended all 12 years of her undergraduate education. Following high school, Jennifer attended and graduated from Rasmussen College, St. Cloud, MN, and has been teaching

since 2010.

"In 2021 we moved to Groton, and my husband was able to get a transfer here by Dakota Supply Group. We have a seven-year-old son who is in the second grade," Kunze explained.

"Before we moved to Groton, I had been teaching in a childcare/school age center in Minnesota," she stated. "When we moved here, I started working at the Youth Development Center across the street from the YMCA in Aberdeen."

The Youth Development Center helps kids develop and learn how to maintain healthy lives. These programs are focused on three areas: cultivating the potential of kids, helping people live a healthier life, and strengthening our community.

"In addition to that job, I worked nights and weekends at Ken's Fairway Foods here in Groton and plan to continue working there after school starts," Kunze said. "I am very happy to be working in the same school that my son attends. Not only will I be able to see him occasionally, but I also won't have to be stopping at two different places every morning."

"Since I have lived in the Midwest all of my life, I found that the people and the weather here are very similar to what I was used to in Buffalo, MN," she stated.



Megan Serr, the new elementary special education teacher, is originally from Warner, SD. "I attended Northern State University to receive a double major in elementary education and special education," she listed.

"I chose special education based upon several past experiences," Serr explained. "As a child, we would 'play' school, and I was always the teacher. Even at that young age, I became aware that some children learn differently than others, and I just wanted to learn how I could best help them!"

Continues on Page 4

Big easy again

I couldn't control my face when we landed. Big smile.

I inhaled the familiar air, heavy with humidity and ghosts. Like breathing moss. Hello, old girl. I'm back. Greetings from the prairie. Turn off the news. Ignore the messages. And rules, what rules?

We barely made the plane. We'd dawdled. A wrong turn. A train. A cop flashed his lights as we sped toward the airport, but didn't pull us over. The planets align.

I clung desperately to the ankles of a ticket agent, while my accomplice parked.

Hold the plane, darlin'. The Big Easy is expecting us. Don't want to disappoint.

It's impossible to draw New Orleans in precise lines. It's Dali upside down. It's Jackson Pollack. Who knows what's right side up? Paint spilled and lines blurred. Picasso in his Blues Period. Impressionists. Degas after seven glasses of absinth. Peter Max doing cartwheels down the hall.

In the Carousel Lounge, a tall, handsome black man stood riveted by the singer.

Nayo Jones was slinky, supple, immensely gifted, and the band was tight. "Like a young Ella," the beaming man with a drink in his hand said to me.

We high-fived for no other reason than we were there communing together, united in one thought: We all wanted to take her home. She was that adorable. She snaked when the song was sultry. She put her hands on her hips when the song demanded sass. The trumpet player painted fantastic things that are still floating in my head.

My accomplice danced in her chair, smiling broadly, teeth flashing. Conventioneers in suits and skirts pretended to be hanging on each other's every word.

A young couple lounged against the wall. He had perfect hair. Brown-complected, Indonesian, perhaps. Impeccably-tailored, red-checked shirt Big smart grin, his hand on the knee of the stunner in the black dress with eyelashes that could tickle you from across the room. Ivanka, we dubbed her.

They shared steamy looks, never talked. I wondered why she seemed indifferent to the music. In time, she fluttered her eyes at him and splayed her legs across the settee, striking a pose that means the same thing in every culture. She leaned toward him and her hands fluttered animatedly. I understood. Sign language. My God, they were beautiful.

The tall man had moved to the stage by then, close to the singer. Smitten. We were all hopelessly shipwrecked by this siren.

In the coming days, we slurped oysters, quaffed summer shandy, and drank in the



That's Life

by Tony Bender

sound of street musicians channeling Louie. There were dark Voodoo bluesmen and everyone seemed to do a version of "Killing Me Softly." What black-mailable thing could Roberta Flack possibly have on New Orleans? Are they with the Russians, too?

At the Hotel Monteleone, where F. Scott Fitzgerald, Capote, Hemingway, Stephen Ambrose and Tennessee Williams once roamed the halls like night creatures, we talked about writing. I think it was Faulkner who put his hand on my shoulder, leaning in, nodding in silent agreement.

The paint drips and smears. Some new recipe every day.

The wisp of a trombone player on Frenchman's Street didn't so much play the thing it as dance with it. Around the corner, The Soul Project, the hardest-working band ever. The door by the stage was flung open to the street and that's where we stood. Magic Wanda played bass. Sturdy, wearing high tops and a funk attitude, we wanted to take her home, too. All of them, really.

You could get a contact high from the skunky-sweet smoke of illegal things. Illegal in the sense it's a \$40 fine if they decide it's worth the bother. Women danced provocatively, as the sax player blasted away.

My accomplice danced in the street, long mane flowing, head thrown back, shimmying beside the open door. My God, she was beautiful.

On Saturday, we stood with tens of thousands for Stevie Wonder, who implored us to love someone. And, if our hearts were big enough, to love everyone. "But don't fall for the bullshit!" Worthy of a bumper sticker these days, or even a tattoo. A splendid hispanic tot couldn't help herself and bounced in her stroller to "Superstition," much to the glee of her parents.

We did as much as we could — couldn't ever do it all, anyway. Not and live.

On Sunday, we reluctantly packed our bags, checked our smart phones for the dumb news, still indifferent to what had transpired while time stopped in the French Quarter.

Tee shirts for the kids. Earrings for mom for Mother's Day. Cigars, hot sauce and refrigerator magnets. And memories. We brought them all back home after all.

Except Faulkner. He's working on some new thing. Room 680. There's a "Do Not Disturb" sign hanging on the knob. But you can conjure him up with a mint julep.

No one's ever too busy in the Big Easy.

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Weekly Vikings Roundup

By Jordan Wright

The Minnesota Vikings finished the preseason with a resounding 26-3 victory against the Philadelphia Eagles. Like most teams, the Vikings used this final preseason game to evaluate the bottom of the roster, which means most players who have a roster spot locked down didn't play.

A look ahead to the Vikings' 2024 schedule (current odds are in parenthesis, according to www.vegasinsider.com)

vegasinsider.com)

Week 01 at New York Giants (+1) - Usually home teams get a three-point bump, so Vegas is saying the Vikings are a better team than the Giants, but are slight underdogs because the game is in NY. The Vikings will be looking to get a small measure of revenge against the Giants, since the last time the two teams tangled, the Giants came into Minnesota and eliminated the Vikings from the 2022 playoffs.

Week 02 vs San Francisco 49ers (+6.5) - According to Vegas, this will be the hardest matchup for the Vikings this year. However, the Vikings beat the 49ers last year 22-17 and will look to pull the upset again this year.

Week 03 vs Houston Texans (+4) - The Vikings and Texans have a ton of connections in this game. Danielle Hunter signed with the Texans in free agency and was replaced by former Texans' pass rusher Jonathan Greenard. Stefon Diggs, most known for his role in the Minneapolis Miracle, is also a Texan after being traded there this offseason (as is the QB who threw him the ball on that play, Case Keenum).

Week 04 at Green Bay Packers (+5.5) - The Vikings' players must be thrilled they won't be traveling to Green Bay in the winter. Over the past three seasons, the Vikings have won their first matchup against the Packers and then lost to them later in the season. Will that trend continue in 2024?

Week 05 vs New York Jets (+4) - This is technically a home game for the Vikings, but the two teams will be meeting in London for this matchup.

Week 06 - Bye week

Week 07 vs Detroit Lions (+3.5) - The Lions are a much better team than we are accustomed to seeing. They'll be looking to prove their 2023 run to the NFC Championship game wasn't a fluke.

Week 08 at Los Angeles Rams (+4.5) - This Thursday night game will be one of only two primetime games for the Vikings in 2024. The two teams last played in 2021, with the Rams winning 30-23.

Week 09 vs Indianapolis Colts (-1) - This is one of only three games in which the Vikings are favorites. The last matchup against the Colts saw the Vikings mount the largest comeback in NFL history when the Vikings were down 33-0 at halftime but came back to win 39-36 in overtime.

Week 10 at Jacksonville Jaguars (+4) - The Vikings and Jaguars have only played seven times before, and the Vikings have won six of those games.

Week 11 at Tennessee Titans (-1) - Vegas says this should be the easiest game for the Vikings this season. So, based on my decades of Vikings fandom, I can confidently say the team will likely find a way to lose this game in spectacular fashion.

Week 12 at Chicago Bears (+3) - This will be the Vikings' first glimpse of QB Caleb Williams, who the Bears took with the first overall pick this year. The Bears have never had a QB throw for 4,000 yards, will Williams be the one to break that trend?

Week 13 vs Arizona Cardinals (-2) - The last eight times these two teams have met, the home team has come away with the victory.

Week 14 vs Atlanta Falcons (+1) - Kirk Cousins returns to Minnesota in this late-season matchup. Unfortunately for the Vikings, this game starts at noon, which is when Cousins is at his best (there's a reason his nickname is the Noon Nightmare).

Week 15 vs Chicago Bears (+1) - Caleb Williams gets his first taste of the Skol chant in this December meeting of NFC North foes.

Week 16 at Seattle Seahawks (+3) - The Vikings and Seahawks have met eight times since 2012, and the Vikings have only won once.

Week 17 vs Green Bay Packers (+2) - Even if the Vikings are out of the playoff race at this point, we can expect the team to be at their best against their division rivals.

Week 18 at Detroit Lions (+5.5) - It will be interesting to see how the NFC North looks entering this game. Will the Lions have a playoff spot locked up and rest their players? Will the Vikings still be in the mix, needing a win to get in?

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Kosel/Moll united in marriage



Julianna Kosel and Isaac Moll were united in marriage on July 30, 2024, in the yard of his parents, Cameron and Suzanne Moll, Sarasota, Fla.

Parents of the couple are Paul and Tina Kosel, Groton, S.D., and Cameron and Suzanne Moll, Sarasota, Fla.

Bridesmaids were Suzanne Moll, mother of the groom; Olivia Moll, sister-in-law of the groom; and Jeslyn Kosel, sister of the bride. Groomsmen were Everest Moll, brother of the groom; Edison Moll, brother of the groom; and Zach Thompson, friend of the groom. Easton Moll, brother of the groom, did the rings and flowers.

Paul Kosel, father of the bride, performed the service. Madi Gibson, friend of the bride, did the hair for the ladies.

After the marriage, the couple went on a cruise to Bahamas, Costa Maya and Cozumel. They are living in Provo, Utah, where Julianna is working as a nanny and has her Utah cosmetology license and will be working in

a salon soon. Isaac is pursuing a major in cyber security at Brigham Young University in Provo.

On August 24, 2024, the couple was sealed at the Bountiful Utah Temple, performed by brother Bennett.

A reception will be held at the Kosel home in Groton on Saturday, Nov. 30, 2024, 10 a.m. to 1 p.m.

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Pictured is the Groton golf team as the Northeast Conference champions: Coach Joel Guthmiller, Jayden Schwan, Carter Simon, Brevin Flihs, Logan Pearson and Jace Johnson. (Courtesy Photo)

Groton boys golf team wins first ever NEC title

The Groton Area boys golf team won their first ever Northeast Conference title Tuesday at Hankinson, N.D., with Tiospa Zina being the host team.

Groton beat Aberdeen Roncalli by three strokes, 327-330, to win the team title. Sisseton was third with 358, Milbank fourth with 368 and Redfield was fifth with 414.

Brevin Flihs took third with a 79, Carter Simon was fifth with an 82, Logan Pearson was sixth with an 82, Jace Johnson was eighth with an 84 and Jayden Schwan was 18th with a 99.

Boys golf takes third at Milbank

The Groton Area boys golf team placed third at the Milbank Invitational Meet held Thursday.

Watertown took first with a 337 followed by Aberdeen Roncalli with a 339, Groton Area was third at 345, Sioux Valley fourth at 349, Milbank fifth. With a 355, Aberdeen Central was sixth with a 400 and Sisseton was seventh with a 408. Redfield had in incomplete team.

Brevin Flihs placed fifth with an 83, Jace Johnson was sixth with an 83, Carter Simon was 15th with an 89, Logan Pearson was 16th with a 90, Becker Bosma was 27th with a 96 and Jarrett Erdmann was 28th with a 97.

Girls beat St. Thomas More, boys tie

The Groton girls soccer team handed St. Thomas More its first defeat with a 6-1 win. Groton led, 2-0 at half time. Kennedy Hansen scored on a penalty kick in the 12th minute and McKenna Tietz scored with an assist by Brenna Imrie in the 32nd minute.

Laila Roberts scored an unassisted goal in the 48th minute of the game, Brooklyn Hansen scored an unassisted goal in the 58th minute, Tietz scored with an assist by Jerica Locke in the 70th minute and two minutes later, Brooklyn Hansen scored an unassisted goal. Goalkeeper Jayden Penning had three saves.

The boys team ended up in a 1-1 tie with Karson Zak scoring the lone goal. Goalkeeper Gage Sippel had 33 saves.

Tietz does the hat trick to lead girls soccer to 5-1 win over Belle Fourche

And what is a hat trick? It's when someone scores three goals in a half. Tietz scored in the third, 10th and 32nd minute of the game to give Groton a 3-0 lead at half time. Ryelle Gilbert scored in the 53rd minute of the game and Jerica Locke scored the final goal in the 72nd minute of the game.

The boys lost to Belle Fourche, 7-0. Belle Fourche scored all seven goals in the first half.

Both teams will play St. Thomas More today with the girls playing at 11 a.m. and the boys at 1 p.m.

King Crossword

ACROSS

- Costa —
- Crib cry
- Gal. fractions
- Colorado resort
- Russian river
- Motor City labor org.
- Alike (Fr.)
- Eyelid woe
- Lyracist Gershwin
- Santa's runway
- Sly chuckle
- Per person
- British verb ending
- Right angle
- Exaggerated pride

- Affliction
- Look of disdain
- Edition
- Agreed silently
- Goddess of wisdom
- Half of bi-
- Mont. neighbor
- Army transport
- Cagers' gp.
- Till bills
- Internet address
- Eye drop

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- Bryant of hoops fame
- Three, in Rome
- Saharan
- Japanese noodle
- Computer key
- Pixels
- Cooped (up)
- Urges dogs on snow
- Museo display
- Chaos
- Ginger —
- Witticism
- Poi base
- Trade
- #1 Elvis Presley song
- Ambulance sound
- Non-clergy
- QVC alternative
- Popular card game
- Nap site
- Enzyme suffix
- Press for payment
- Verily
- Moolah
- Prizes
- Burlap fiber
- Messes up
- Power co. supply
- Lure
- Central point
- Black, in verse
- Dispatched
- Smidgen

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Solution time: 21 mins.

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City Council discusses work at Groton Community Center

by Elizabeth Varin

Repairs and possibly a facelift may be coming for the Groton Community Center. At Tuesday's meeting, the City Council discussed various issues at the building, including water damage, a leaking roof, broken concrete, missing gutters and a possible snake infestation. The council reviewed photos, beginning with overgrown landscaping near the sign on the northwest end of the parking lot. That was followed by discussion of a missing gutter, a potential roofing project and a snake issue.

Volunteers at The Pantry have found snakes inside, said Finance Officer Douglas Heinrich. He pointed to an image of a broken gutter, saying that could be part of that problem. Heinrich continued going through issues at the Community Center, including wooden stairs on the south side of the building looking like they could break, water damage in some areas of the ceiling and a huge leak by the double doors inside that had to be fixed last year. There is even a spot where someone had painted the wall, but hadn't moved a bookcase, so two different colors are on the wall, he said.

"When is the last time we've given it some good TLC?" asked Mayor Scott Hanlon. Heinrich continued listing issues, including a sink in the maintenance room that has breaks in it, tables that need to be replaced and concrete issues around the building.

A contractor was going to be brought in to handle some of the roof issues, but Councilwoman Karyn Babcock asked that the insurance company be contacted first to make sure some of the damage wasn't caused by hail last year.

"I wouldn't do any of this before you call the insurance company," she said. She added, they should also look at other city structures, including the warming house and park shelter.

Some additional damage may have been seen at Tuesday's meeting itself. As Heinrich was showing photos of water damage areas, a drop fell on him, showing there may be some water leaking at City Hall as well.

- Local farmer Mark Abeln asked the city to reach out to a contractor who dug up an area of his property for a water line last year as there is sitting water where there wasn't any before. Ken Hier with IMEG said "We can look at it. I can visit with the contractor. It's probably past the warranty date. Sometimes they're good on it. Sometimes they're not." Councilman Jon Cutler added, "Regardless of what Dahme (the contractor) says, it should be made right."
- The council had a second reading of Ordinance 778, dealing with calculating liquor sale tax. The change would put the responsibility for reviewing liquor purchases back on the license holders, not city staff, said Finance Officer Douglas Heinrich.
- The council voted to pay \$700 for labor at the soccer field concession stand that recently was renovated. The council approved \$500 for Jim Lane, \$100 for CJ Lane and \$100 for Steve Rosendahl. Though the hours put in were listed as volunteer hours, the council indicated wanting to pay the three contractors for their time and work put into the building.



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70th Anniversary
Nancy and Charles Boynton 70th
Wedding Anniversary Celebration
 will be held at the
Aberdeen Senior Center on
September 7th from 2- 4!

Megan Serr

Continued from front

"This knowledge was further evident when I was in high school and offered to help teachers or other students when needed," she said. "It became obvious to me that my purpose was to become an educator!"

"Before coming here to Groton, I was the special education teacher for two years in Selby, SD, at the Oahe Special Education Coop," Serr explained. "This is my first year here in Groton."

"I decided to apply here because I'm much closer to my family," she admitted. "I would like to be here for those special, big family moments that happen only once in a while! I have also heard incredible things about Groton and its community and knew that I wanted to be part of it."

"I work with the older elementary students in the fourth and fifth grades," Serr said. "The children at this age learn from each other as well as from the teachers. However, I think I learn the most from the students themselves."

"I have purchased a house and am planning to be here for quite a while," she smiled.

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Weber retires from education after 35 years

by Dorene Nelson

Kim Weber, the Out of School Time (OST) coordinator and special education para, is retiring after having worked at the elementary school for almost ten years. "Before being hired by the school, I owned a private preschool and daycare in Groton," Weber stated.

"I have two majors, one in elementary education and another in special education. I also have a minor in early childhood," she listed. "I received all of my degrees from Northern State University."

"I started Teddy Bear Day Care and Preschool in 1989 and enjoyed teaching both of my own children as well as all four of my grandchildren," she smiled.

"I had an addition added to the existing building so that I could also include a preschool at Teddy Bear," Weber explained. "I taught the preschool and thankfully had some amazing and excellent helpers at the day care."

"Sandy Tullis, Chairty Hinman, Michelle Fordham, Deb Olson, and Brittney Luttrell were five of my main daycare staff. These individuals handled the daycare work since I was busy teaching preschool," she stated. "We were open from 7 A.M. to 6 P.M. with many children attending our State licensed center every day."

"There were three groups altogether at Teddy Bear. Group one was on Monday, Wednesday, and Friday mornings; group two was only on Tuesday and Thursday mornings; and group three included Tuesday, Wednesday, and Thursday afternoons," Weber said.

"I owned and operated this facility until 2014 when I accepted the position here," she explained. "I have loved doing my job at the school and will really miss all of the children, their families, and the staff members that I've gotten to know so well in the past several years."

"I feel very privileged to have become acquainted with so many people, and becoming good friends with many of them has been a real blessing in my life," Weber admitted.

In addition to her work for the school, Kim also started the Sugar Babes, Sweet Sensations, and Spice Girls dance groups. They have performed at many area sporting events over the years.

"My retirement plans hopefully include some traveling to see family and friends, some subbing here at the elementary school, and having more time with my family," Weber smiled.



Kim Weber

We the People

The South Dakota Humanities Council is making available a weekly column -- "We the People" -- that focuses on the U.S. Constitution. It is written by David Adler, who is president of The Alturas Institute, a non-profit organization created to promote the Constitution, gender equality, and civic education.



By David Adler

Does Impeachment Clause Deter the Supreme Court from Misbehavior?

Is the threat of impeachment sufficient to deter Supreme Court Justices from abusing power or engaging in other acts of misbehavior that would warrant their removal from the nation's High Bench? The Framers of the Constitution thought so, as Alexander Hamilton explained, but many Americans across our nation doubt the premise. Consequently, they have become advocates for Supreme Court reform. Some lobby for an enforceable ethics code, some seek term limits for the Justices, and some argue for an expansion of the size of the Court, primarily to temper its present direction. Others assert the need for all three reforms.

What was it about impeachment that instilled in the minds of delegates to the Constitutional Convention that suggested its availability would constrain the Justices' behavior? In general, Hamilton explained, the eyes and judgment of the nation would be fixed on those subject to impeachment. Ambition, success and fame— "one's public reputation and existence"—were vitally important to the founders, and the moral opprobrium, embarrassment and indignity of impeachment proceedings, including possible removal from office, would impose discipline on the Justices if their own compass failed them. Impeachment of judges, those in society, as George Washington observed, perceived by the American citizenry to be among the sturdiest and upright among us, carried a particularly harsh stigma, sufficient to ruin careers.

Article II of the Constitution provides for the impeachment of the President, Vice-President and all "civil officers," which was added by drafters of the Constitution to include judges, for treason, bribery and high crimes and misdemeanors. Article III provides an additional standard for judges—tenure on the bench during "good behavior." That standard, which in English legal history dates to the early 14th Century and the reign of King Edward III, has been understood across the centuries to require behavior in accord with the terms and expectations of the office. "Good behavior" was an important criterion for judicial tenure. Obviously, the Framers did not intend that a judge who behaved badly and thus violated the condition of his tenure should remain on the bench. Maintaining a "misbehaving" judge in power would be self-defeating. Chief Justice Thomas McKean told his colleagues at the Pennsylvania Ratifying Convention that "judges may continue for life, if they shall so long behave themselves well." Hamilton, in Federalist No. 65 agreed, and said that "good behavior" was copied from the English model.

Because there are no dead words in the Constitution, as the Court has said since *Marbury v. Madison* (1803), and because, as James Madison explained in Federalist No. 44, that "there is no axiom more clearly established than that wherever the end is required, the means are authorized," it is incumbent on Congress to impeach and remove judges engaged in serious misbehavior. Good behavior is a broader standard than high crimes and misdemeanors, and we are entitled to wonder what conduct would violate that principle. The exercise of judicial review itself, as James Wilson and other founders stated, does not breach the standard, for the declaration that a statute is unconstitutional is part and parcel of the judicial power wielded by the federal judiciary.

Misbehavior that would meet the standard can be glimpsed in two illuminating 20th Century impeachment trials, among the roughly 20 occasions in our history when federal judges have been impeached and removed from the bench. Readers will find this instructive.

In 1936, District Judge Halsted Ritter was convicted by the Senate in his impeachment trial for bringing his court "into scandal and disrepute," in part because he accepted substantial gifts from wealthy residents of his district, even though they had no cases pending before him. The Senate stated that his acts undermined "public confidence in the administration of justice" in his own court, "and to the prejudice of public respect and confidence in the Federal Judiciary." In 1912, Judge Robert W. Archbald was impeached and convicted by the Senate on the charge of speculating in coal properties while serving on the U.S. Commerce Court

The impeachment and removal of these judges for infractions of "good behavior," for misconduct outside the courtroom, the Senate concluded, brought disgrace upon judiciary and undercut public confidence in the fair-mindedness and objectivity of the courts. The offenses were easily avoidable. Judge Ritter, for example, could have rejected gifts from wealthy citizens in the name of protecting the reputation of the judiciary.

David Adler is president of The Alturas Institute, a non-profit organization created to promote the Constitution, gender equality and civic education. This column is made possible with the support of the South Dakota Humanities Council, South Dakota NewsMedia Association and this newspaper.

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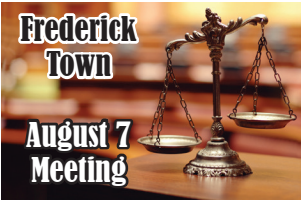


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Sunday Storm Destroys Conde City Shop Building

A large Cottonwood Tree next to the Conde City Shop was toppled during a severe storm that went through Conde on Sunday. Jake Bawek shared the photos of the damage done.

City of Frederick
August 7, 2024 Minutes
Frederick's town board meeting was held Wednesday, August 7, 2024 in the Frederick Community Center beginning at 7:00 PM. Attending the meeting were Chairman Scott Campbell, Board members Troy Millard and Jeff Kusters, Finance Officer Jennifer Morlock and Assistant Finance Officer Mariah Heine, and citizen Marty Morlock.

Chairman Campbell opened the meeting and led in the Pledge of Allegiance.

The minutes of the July meeting were read and approved with a motion by Kusters/Millard; motion carried. The financial statements were reviewed and accepted with a motion by Millard/Kusters; motion carried. The August accounts payable were approved with a motion by Millard/Kusters; motion carried.

ACCOUNTS PAYABLE
MDU electric BP/Wtr/Mun Bldg/SP/Sts/Swr/EBL \$1,233.16; Ashley Lyman wage EBL \$53.10; Badger Meter fees Swr \$134.92; Badger Meter fees Swr \$134.68; Brown Co Weed & Pest spray Gen'l \$360; Brown County Sheriff's Office deputy svcs Gen'l \$1,041.67; Century Bus Products printer Gen'l \$25; Century Bus Products printer Gen'l \$1250; Dahme Construction repair leaks Wtr \$12,499.90; Dickey Co Leader personnel ad Gen'l \$64; Dependable Sanitation Grbg \$2,269.24; DRN Readitech service FO \$21.04; EFPTS taxes Gen'l/FO/CC/EBL/Sts/Wtr/Swr/Cmty \$919.19; Farmer's Union Oil propane Mun Bldg \$167.79; FDC Econ Devlp \$1200; GDI minutes Gen'l \$26.21; GDI minutes Gen'l \$27.87; USDA-RD loan Swr \$3,763; J. Morlock wage FO \$1,443.04; JVT Gen'l/Wtr/EBL/FO \$292.84; M. Cox wage EBL \$745.36; M. Heine wage FO \$1,195.64; M. Morlock mowing Gen'l \$221.64; M. Morlock utility Wtr \$44.32; R. Bakeberg supervisor wage Wtr \$230.87; S. Campbell wage Gen'l \$69.26; SD Dept of Health test Wtr \$15; SD Dept of Rev sales tax Gen'l \$65.21; T. Millard wage Gen'l \$46.17; USPS box rent Gen'l \$154; VISA postage, supplies CC/Grbg \$296.02; USDA-RD loan Wtr \$475; WEB Water Wtr \$5,983.82

OLD BUSINESS
Campbell and Morlock provided a utility report. The board discussed responses relating to the letters sent out regarding nuisance properties. The 3rd Ave asphalt project is underway. The city will be adding more trees to the park this fall. WEB Water will be raising rates and the city will need to follow suit. The city's rate increase will be discussed at the next regular meeting.

NEW BUSINESS
The board discussed plans for next year as the budget is being put together for next year. Motion to accept the sale agreement from the Frederick Development Corporation to purchase the 305 2nd Ave property for the amount of \$22,000 and half the closing costs made by Campbell/Millard; motion carried. Motion to pay the budget allotment of \$1,000 to the ambulance assessment as well as pay the budgeted \$1,000 in future years made by Millard/Kusters; motion carried with Campbell abstaining.

The next regular meeting will be Wednesday, September 4 at 7PM.

Motion to adjourn made by Kusters/Millard at 7:43 PM; motion carried.

M. Heine
Assistant Finance Officer
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August 20, 2024
The Groton City Council met on the above date at 7:00pm at 120 N Main Street for their second monthly meeting with the following members present: Bahr, Babcock, Wells, Cutler, Nehls, Wambach, and Mayor Hanlon presiding. Also present were Attorney Drew Johnson, Douglas Heinrich, Terry Herron, Mark Abeln, Elizabeth Varin, and Ken Hier.

Moved by Wambach and seconded by Babcock to approve the agenda with no changes or additions. All members present voted aye.

Public comments were welcomed pursuant to SDCL 1-25-1, but none were received.

Discussion took place regarding water infrastructure issues on Mark Abeln's land at Lot 2 and Lot 5 of the Groton Development Addition.

Abeln, Hier, and Herron exited the meeting.

The second reading of Ordinance No. 778 - Amending Verbiage of Markup Fees was approved on a motion by Cutler and seconded by Wells. All members present voted aye.

Moved by Nehls and seconded by Cutler to authorize the execution of the financial assistance agreement with the SD Department of Transportation for airport runway improvements. All members present voted aye.

Moved by Bahr and seconded by Nehls to approve a donation of \$500 to Jim Lane, \$100 to CJ Lane, and \$100 to Steve Rosendahl for labor provided at the ballpark and soccer complex. All members present voted aye.

Discussion took place regarding the various maintenance issues at the Groton Community Center. Further discussion will resume at the next regular meeting.

The July finance report was approved on a motion by Cutler and seconded by Babcock. All members present voted aye.

The minutes from the previous meeting were approved on a motion by Bahr and seconded by Cutler. All members present voted aye.

Moved by Nehls and seconded by Wambach to authorize the following bills for payment. All members present voted aye.

Payroll, \$47,603.71, Employee salaries; Administrative, \$4,743.83; ; Public Safety, \$9,903.70; ; Public Works, \$15,444.21; ; Culture & Recreation, \$17,511.97; ; City of Groton, \$578.21, Utility deposits applied to outstanding bills; Shannon Wiedrick, \$171.79, Utility deposit refund; Steve Gebur, \$130.46, Utility overpayment/deposit refund; Kayla Fordham, \$0.52, Utility overpayment refund; USPS, \$312.84, Utility billing postage; SD Retirement System, \$11,851.57, Employee retirement; SD State Treasurer, \$11,099.23, Sales and Excise Tax - July 2024; WEB Water, \$30,150.94, Water services - July 2024; April Abeln, \$99.75, Med flex; Dacotah Bank, \$9,895.43, Withholding/SS/Medicare; Dakotaland FCU, \$730.00, Employee savings; Dacotah Bank, \$647.90, HSA contributions; Dacotah Bank, \$3,918.74, Withholding/SS/Medicare; Dacotah Bank, \$50.00, HSA contributions; SD Supplemental Retirement, \$290.00, Supplemental retirement; Altec Capital Services, LLC, \$2,189.93, Digger truck lease - Electric; Groton BB/SB Foundation, \$30,810.00, 2024 donation for new baseball concession building; Aaron Severson, \$1,810.34, 2024 Jr. Legion coach mileage reimbursement; Lien Transportation Company, \$4,925.75, Hot mix - Street Dept.; CVWF Concrete & Masonry, Inc., \$40,095.44, Concrete work - 803 N 1st St & N 1st St/E 5th Ave; EcoLab Pest Elimination, Inc., \$117.98, Rodent Control - Rubble Site; Geffdog Designs, LLC., \$20.00, Trophy plate for 8th Annual Mid-Summer Showdown First Place; Bryan Rock Products, Inc., \$555.78, Agrilime - Baseball Complex; Landon Johnson, \$235.10, Travel for rubber goods testing in Fargo, ND; Heartland Waste Management, \$10,239.90, Garbage hauling; Kami Lipp, \$95.00, Reimbursement for Pool-a-Palooza supplies; Tricia Keith, \$55.00, Reimbursement for Pool-a-Palooza supplies; Krueger Brothers, \$8,004.18, Crushed gravel and washed sand - Street Dept.; WAPA, \$22,318.91, Power



services - July 2024; Heartland Energy, \$67,658.10, Power services - July 2024; Groton Garden Club, \$56.16, Mulch for City Park; SWANK Movie Licensing, \$475.00, Public performance license - 2024/2025 - Library; Reilly Fuhrman, \$655.26, 2024 U10 Softball coach mileage reimbursement; Farmers Union Co-op Assoc., \$1,490.00, Diesel fuel - Street Dept.; Associated Supply Co, Inc., \$1,951.02, Swimming pool chemicals; Sewer Duck, Inc., \$340.00, Rental of 2 portable toilets - Soccer; MJ's Sinclair, Inc., \$1,785.91, Fuel purchases, battery, washer fluid - Multiple Depts.; James Valley Telecommunications, \$846.08, Telephone & internet services; Auto Value Aberdeen, \$10.62, Touch up paint; Skeeter Defeater, \$200.00, Mosquito control services - Swimming Pool; Seth Erickson, \$1,959.08, 2024 Legion baseball coach mileage reimbursement; Ken's Fair Foods, \$4,400.86, Food for resale - Baseball and Pool Concessions; Fuel purchases - Multiple Depts.; Dacotah Bank Visa, \$6,083.87, Book purchases, lineup cards, card stock, oil sample postage, water sample postage, pitching machine, food for resale, fuel purchases, traffic barriers w/ cones, background checks for softball coaches, softballs, softball bat, coffee, storage bags,

garbage bags, paper bowls, case of paper, ink cartridges, pencil sharpener, kids activities for library - Multiple Depts.; Flihs Sales & Service, \$31.34, Belt for mower - Parks; Team Lab Chemical Corporation, \$957.00, Sewer chemicals - Wastewater Dept.; Varin exited the meeting.

Moved by Babcock and seconded by Wells to adjourn into executive session for personnel and legal matters 1-25-2 (1) & (3) at 7:58pm. All members present voted aye. Council reconvened into regular session at 8:28pm.

Moved by Wells and seconded by Babcock to adjourn the meeting at 8:28pm. All members present voted aye.

Scott Hanlon, Mayor
Douglas Heinrich, Finance Officer
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Rep Julie Auch: District 18 Rep Jim Eschenbaum: Chair of RL 21
Former Speaker Spencer Gosch District 23
Sen Elect Mark Lapka District 23
Ed Fischbach - Spink County Farmer

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September 2024 Community Calendar

Sunday, Sept. 1

Emmanuel Lutheran: Worship with communion, 9 a.m.
 St. John's Lutheran: Worship with communion at St. John's, 9 a.m.; at Zion, 11 a.m.
 Catholic: SEAS Confession, 7:45-8:15 a.m.; SEAS Mass, 8:30 a.m.; Turton Confession, 10:30-10:45 a.m.; Turton Mass, 11 a.m.
 First Presbyterian Church: Bible Study, 9:30 a.m.; Worship, 11 a.m.
 Groton CM&A: Sunday School, 9:15 a.m.; worship, 10:30 a.m.
 United Methodist: Conde Worship, 8:30 a.m.; Groton worship, 10:30 a.m.; Coffee Hour, 9:30 a.m.

Monday, Sept. 2

NO SCHOOL - Labor Day
 Soccer with Mitchell in Groton: Boys at 1 p.m., Girls at 3 p.m.

Tuesday, Sept. 3

School Breakfast; Egg omelet.
 School Lunch: Hot dogs, chips.
 Senior Menu: Baked pork chops, au gratin potatoes, vegetable capri blend, apple sauce, whole wheat bread.
 Boys Golf at Lee Park, Aberdeen, 10 a.m.
 JH Football vs. Ellendale/Edgeley-Kulm, 5 p.m., one game in Edgeley.
 JV Football vs. Ellendale/Edgeley-Kulm, 6:30 p.m., in Edgeley.
 Volleyball: Ipswich in Groton: 7th/C at 5 p.m.; 8th/JV at 6 p.m.; varsity to follow
 Common Cents Community Thrift Store open, 209 N Main, 3 p.m. to 6 p.m.
 Pantry open, Community Center, 4 p.m. to 8 p.m.
 City Council Meeting, 7 p.m.
 St. John's Lutheran: Ladies Aid LWML, 1:30 p.m.
 United Methodist: Bible Study, 10 a.m.

Wednesday, Sept. 4

School Breakfast: Cereal
 School Lunch: Chicken leg, mashed potatoes.
 Senior Menu: Goulash, green beans, pineapple/strawberry ambrosia, whole wheat bread.
 Emmanuel Lutheran: Sarah Circle, 5 p.m.
 Groton Chamber meeting, noon, City Hall
 Groton C&MA: Kids' Club, Youth Group, Adult Bible Study at 7 pm.
 United Methodist: Community coffee hour, 9:30 a.m.

Thursday, Sept. 5

School Breakfast: Breakfast sandwich.
 School Lunch: Chicken nuggets, fries.
 Senior Menu... Oven fried chicken, mashed potatoes and gravy, haavard beets, pineapple tidbits, dinner roll.
 Cross Country at Redfield, 10 a.m.
 Volleyball at Sisseton: 7th at 4 p.m., 8th/C at 5 p.m.; JV at 6 p.m. with varsity to follow.
 Emmanuel Lutheran: Nigeria Circle, 2 p.m.

Friday, Sept. 6

School Breakfast: Pancake on stick.
 School Lunch: Pizza, green beans.
 Senior Menu: BBQ riblet on bun, scalloped potatoes, tomato spoon salad, watermelon, cookie.
 Football at Webster Area, 7 p.m.

Saturday, Sept. 7

C Volleyball at Matchbox Club, Aberdeen.
 Soccer at West Central: Girls at noon, boys at 1:30 p.m.
 Airport Fly-In/Drive-In, municipal airport,

all day.

Citywide rummage sale, 8 a.m. to 3 p.m.
 Common Centers Community Thrift Store open, 209 N Main, 8 a.m. to 3 p.m.
 3rd/4th and 5th/6th Football @ Mobridge Jamboree

Sunday, Sept. 8

Emmanuel Lutheran: Rally Sunday: Worship, 9 a.m.; Sunday School, 10:15 a.m.; Choir, 6 p.m.
 Airport Fly-In/Drive-In, municipal airport, all day.
 Couples Sunflower Golf Tourney, 10 a.m.
 Doggie Day at the pool, 4 p.m. to 6 p.m.
 Carnival of Silver Skates registration, 10 a.m. to 2 p.m., Skating House
 St. John's Lutheran: Worship at St. John's, 9 a.m.; at Zion, 11 a.m.; Sunday School, 9:45 a.m.
 Catholic: SEAS Confession, 7:45-8:15 a.m.; SEAS Mass, 8:30 a.m.; Turton Confession, 10:30-10:45 a.m.; Turton Mass, 11 a.m.
 First Presbyterian Church: Bible Study, 9:30 a.m.; Worship, 11 a.m.
 Groton CM&A: Sunday School, 9:15 a.m.; worship, 10:30 a.m.
 United Methodist: Worship with communion: Conde Worship, 8:30 a.m.; Groton worship, 10:30 a.m.; Coffee Hour, 9:30 a.m.

Monday, Sept. 9

School Breakfast: French toast.
 School Lunch: Meatball, mashed potatoes.
 Senior Menu: Baked fish, oven roasted potatoes, pea and cheese salad, fruit, whole wheat bread.
 JH/JV Football at Langford Area vs. Webster Area. JH at 4 p.m., JV at 5 p.m.
 School Board Meeting, 7 p.m.
 Emmanuel Lutheran: Bible Study, 6:30 a.m.
 Pantry Open, community center, 11 a.m. to 3 p.m.
 Senior Citizens meet at the community center, 1 p.m. to 3:30 p.m.
 Carnival of Silver Skates registration, after school to 6 p.m., Skating House
 United Methodist: PEOPLE Meeting (outside group), 7 p.m.

Tuesday, Sept. 10

School Breakfast: Scones.
 School Lunch: Taco, refried beans.
 Senior Menu: Tator tot hot dish, carrots, peaches, whole wheat bread.
 Cross Country at Britton-Hecla, 4 p.m.
 Boys Soccer hosts James Valley Christian, 4 p.m.
 Volleyball hosts Webster Area: 7th/C at 5 p.m., 8th/JV at 6 p.m. with varsity to follow.
 Emmanuel Lutheran: Church council, 6 p.m.
 Common Cents Community Thrift Store open, 209 N Main, 3 p.m. to 6 p.m.
 Pantry open, Community Center, 4 p.m. to 8 p.m.
 United Methodist: Bible Study, 10 a.m.; Carving Team Meeting, 1 p.m.

Wednesday, Sept. 11

PATRIOT DAY
 School Breakfast: Oatmeal.
 School Lunch: General's TSO Chicken, rice.
 Senior Menu: Ham, au gratin potatoes, creamed cabbage, tropical fruit, whole wheat bread.
 Emmanuel Lutheran: Confirmation, TBD; League, 6:30 p.m.
 Groton C&MA: Kids' Club, Youth Group, Adult Bible Study at 7 pm.
 St. John's Lutheran: Confirmation, 3:45 p.m.
 United Methodist: Community coffee hour,

9:30 a.m.

3rd/4th and 5th/6th Football hosts Sisseton - 6PM

Thursday, Sept. 12

School Breakfast: Biscuits.
 School Lunch: Hamburgers, fries.
 Senior Menu: Chicken tetrazine, green beans, honey fruit salad, whole wheat bread.
 Boys Golf hosts Invitational at Olive Grove Golf Course, 10 a.m.
 Volleyball hosts Aberdeen Roncalli: 7th/C at 5 p.m.; 8th/JV at 6 p.m., varsity to follow.
 Groton Lions Club Meeting, 104 N Main, 6 p.m.

Friday, Sept. 13

School Breakfast: Breakfast cookie.
 School Lunch: Pizza crunchers, peas.
 Senior Menu: Taco salad, mexican rice with beans, breadstick, cherry fluff.
 Football at Milbank, 7 p.m.

Saturday, Sept. 14

7th/8th at Matchbox Tournament, Aberdeen
 Soccer hosts Vermillion: Girls at 1 p.m., Boys at 2:30 p.m.
 Common Cents Community Thrift Store open, 10 a.m. to 1 p.m., 209 N Main

Sunday, Sept. 15

Emmanuel Lutheran: Worship with communion, 9 a.m.; Sunday School, 10:15 a.m.; choir, 6 p.m.
 St. John's Lutheran: Worship with communion at St. John's, 9 a.m.; at Zion, 11 a.m.; Sunday School, 9:45 a.m.
 Catholic: SEAS Confession, 7:45-8:15 a.m.; SEAS Mass, 8:30 a.m.; Turton Confession, 10:30-10:45 a.m.; Turton Mass, 11 a.m.
 First Presbyterian Church: Bible Study, 9:30 a.m.; Worship, 11 a.m.
 Groton CM&A: Sunday School, 9:15 a.m.; worship, 10:30 a.m.
 United Methodist: Conde Worship, 8:30 a.m.; Groton worship, 10:30 a.m.; Coffee Hour, 9:30 a.m.; Sunday School Kick-off event, 9 a.m.; Third Graders receive Bibles, 10:3 a.m.; Picnic potluck, 11:30 a.m.

Monday, Sept. 16

School Breakfast: Stuffed bagel.
 School Lunch: French bread pizza, cooked carrots.
 Senior Menu: Ranch chicken breast, scalloped potatoes, oriental blend vegetables, frosted brownie, fruit, whole wheat bread.
 Homecoming Coronation
 Cross Country at Webster Area, 2 p.m.
 JV Football hosts Milbank, 4 p.m.
 Emmanuel Lutheran: Bible Study, 6:30 a.m.
 Pantry Open, community center, 11 a.m. to 3 p.m.
 Senior Citizen meet at the community center, 1 p.m. to 3:30 p.m.
 St. John's Lutheran: Christian Literature Circle, 7:30 p.m.
 3rd/4th and 5th/6th Football hosts Warner - 6PM

Tuesday, Sept. 17

School Breakfast: Waffles.
 School Lunch: Sloppy joes, tri-taters.
 Senior Menu: Roast beef, mashed potatoes and gravy, corn, Mandarin orange salad, whole wheat bread.
 Boys Golf at Redfield, 10 a.m.
 JH Football hosts Milbank: 7th at 4 p.m., 8th at 5 p.m.
 Soccer hosts Dakota Valley: Girls at 4 p.m., boys at 5:30 p.m.
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Pantry open, Community Center, 4 p.m. to 8 p.m.
City Council meeting, 7 p.m.
St. John's Lutheran: Quilting, 9 a.m.
United Methodist: Bible Study, 10 a.m.

Wednesday, Sept. 18

School Breakfast: Muffins.
School Lunch: Baked potato with toppings.
Senior Menu: Turkey sub sandwich, lettuce and tomato, macaroni salad with peas, broccoli, tropical fruit.
Emmanuel Lutheran: Pastor at Rosewood Court, 10 a.m.; Confirmation, time to be determined.
Groton C&MA: Kids' Club, Youth Group, Adult Bible Study at 7 pm.
St. John's Lutheran: Confirmation, 3:45 p.m.
United Methodist: Community coffee hour, 9:30 a.m.; Groton Ad Council, 7 p.m.
3rd/4th and 5th/6th Football at Hitchcock - 6:30PM

Thursday, Sept. 19

School Breakfast: Breakfast pizza.
School Lunch: Lasagna bake, garlic toast.
Senior Menu: Lasagna bake, tossed salad with dressing, melon, cookie, garlic bread.
Boys Golf at Hankinson, N.D., 10 a.m.
Cross Country at Lee Park, Aberdeen, 4 p.m.
JH Football at Britton-Hecla, 4:30 p.m.
Volleyball hosts Clark/Willow Lake: 7th/C at 5 p.m., 8th/JV at 6 p.m., varsity to follow

Friday, Sept. 20

School Breakfast: Egg wraps.
School Lunch: Hot dogs, chips.
Senior Menu: Chicken pasta salad, peas and carrots, grape juice, cake with strawberries, dinner roll.
Homecoming Parade
Boys Soccer hosts Custer, 4 p.m.
Football hosts Deuel, 7 p.m.

Saturday, Sept. 21

Volleyball at Hamlin Tournament, 9 a.m.
JH FB Jamboree at Webster, 10 a.m.
Boys Soccer hosts Hot Springs, 11 a.m.
Common Cents Community Thrift Store open, 10 a.m. to 1 p.m., 209 N Main
3rd/4th and 5th/6th Football hosts Jamboree

Sunday, Sept. 22

FIRST DAY OF AUTUMN
Emmanuel Lutheran: Worship, 9 a.m.; Sunday School, 10:15 a.m.; Choir, 6 p.m.
St. John's Lutheran: Worship at St. John's, 9 a.m.; at Zion, 11 a.m.; Sunday School, 9:45 a.m.
Catholic: SEAS Confession, 7:45-8:15 a.m.; SEAS Mass, 8:30 a.m.; Turton Confession, 10:30-10:45 a.m.; Turton Mass, 11 a.m.
First Presbyterian Church: Bible Study, 9:30 a.m.; Worship, 11 a.m.
Groton CM&A: Sunday School, 9:15 a.m.; worship, 10:30 a.m.
United Methodist: Conde Worship, 8:30 a.m.; Groton worship, 10:30 a.m.; Coffee Hour, 9:30 a.m.

Monday, Sept. 23

School Breakfast: Breakfast sliders.
School Lunch: Turkey gravy, mashed potatoes.
Senior Menu: Hot pork sandwich, cucumber salad, baked beans, sherbert, fruit.
Cross Country at Clear Lake, 4 p.m.
JH Football hosts Oakes, 4:30 p.m., one game
JV Football hosts Oakes, 5:30 p.m.
Emmanuel Lutheran: Bible Study, 6:30 a.m.
Pantry open, 11 a.m. to 3 p.m., community center.

Senior Citizens meet at the community center, potluck, noon to 3 p.m.

3rd/4th and 5th/6th Football hosts Redfield - 6PM

Tuesday, Sept. 24

School Breakfast: egg omelets.
School Lunch: Pasta with meat sauce, bread stick.
Senior Menu: Chicken cordon bleu hotdish, Cauliflower and broccoli, pears, whole wheat bread.
Volleyball hosts Warner: 7th/C at 5 p.m., 8th/JV at 6 p.m., varsity to follow
Common Cents Community Thrift Store open, 209 N Main, 3 p.m. to 6 p.m.
Pantry open, Community Center, 4 p.m. to 8 p.m.
United Methodist: Bible Study, 10 a.m.

Wednesday, Sept. 25

School Breakfast: Cereal.
School Lunch: Cheese stuffed breadsticks, marina sauce.
Senior Menu: Beef stew, buttermilk biscuit, waldorf salad, cookie.
Confirmation, 6:30 p.m.
Groton C&MA: Kids' Club, Youth Group, Adult Bible Study at 7 pm.
St. John's Lutheran: Confirmation, 3:45 p.m.
United Methodist: Community coffee hour, 9:30 a.m.

Thursday, Sept. 26

School Breakfast: Pancake on stick.
School Lunch: Ranch parmesan chicken bake, peas.
Senior Menu: Meatloaf, baked potato with sour cream, creamed peas, honey fruit salad, whole wheat bread.
Boys golf at Sisseton, 10 a.m.
Boys Soccer at James Valley Christian, 4 p.m.
Volleyball hosts Tiospa Zina: 7th/C at 5 p.m., 8th/JV at 6 p.m., Varsity to follow

Friday, Sept. 27

School Breakfast: Egg bake.
School Lunch: Tomato soup, grilled cheese.
Senior Menu: Chicken strips, tri-tators, carrots, fruit, whole wheat bread.
Football vs. Clark/Willow Lake at Clark, 7 p.m.
3rd/4th and 5th/6th Football at Clark - 5PM

Saturday, Sept. 28

Volleyball at Miller Tournament.(CSD Conference)
Boys soccer at Freeman Academy, noon
Common Cents Community Thrift Store open, 10 a.m. to 1 p.m., 209 N Main

Sunday, Sept. 29

Emmanuel Lutheran: Worship with communion, 9 a.m.; Sunday School, 10:15 a.m.; Choir, 6 p.m.
St. John's Lutheran: Worship at St. John's, 9 a.m.; at Zion, 11 a.m.; Sunday School, 9:45 a.m.
Catholic: SEAS Confession, 7:45-8:15 a.m.; SEAS Mass, 8:30 a.m.; Turton Confession, 10:30-10:45 a.m.; Turton Mass, 11 a.m.
First Presbyterian Church: Bible Study, 9:30 a.m.; Worship, 11 a.m.
Groton CM&A: Sunday School, 9:15 a.m.; worship, 10:30 a.m.
United Methodist: Conde Worship, 8:30 a.m.; Groton worship, 10:30 a.m.; Coffee Hour, 9:30 a.m.

Monday, Sept. 30

School Breakfast: French toast.
School Lunch: Corn dogs, baked beans.
Senior Menu: Beef stroganoff with noodles, green beans, vanilla pudding, Mandarin oranges, whole wheat bread.
Region 1A Golf at Milbank, 10 a.m.
Cross Country at Olive Grove Golf Course, Groton, 4 p.m.
JH FB hosts Clark/Willow Lake, 7th grade only, 4 p.m.

JV Football hosts Clark/Willow Lake, 5 p.m.
Volleyball hosts Florence/Henry: 7th/C at 5 p.m. 8th/JV at 6 p.m., varsity to follow
Emmanuel Lutheran: Bible Study, 6:30 a.m.
Pantry open, 11 a.m. to 3 p.m., community center

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Dear EarthTalk: What's the most effective way to remove pesticide residues from fruits and vegetables that I buy at the supermarket?-- R.L.J., Kansas City, KS

For many decades now, pesticides have been a vital tool for farmers to ensure that their harvests aren't overgrown by weeds or eaten by pests. As a result, pesticides remain prevalent today, in spite of the many health risks that pesticide residues still pose to people consuming fruits and vegetables. It's worth noting that the U.S. Food and Drug Administration (FDA) has placed limits on the amount of pesticide residue found on produce—called "tolerances"—to ensure that people will most likely not be impacted by harmful "persistent organic pollutants" (POPs) such as glyphosate and atrazine. However, it's still important to make individual efforts to clean produce to further protect your personal health and safety.

A recent report from the American Chemical Society analyzed data provided by the U.S. Department of Agriculture (USDA) and found that 20 percent of 59 different produce categories posed significant health risks to consumers despite current pesticide limits. The researchers developed new methods for finding and removing traces of pesticides from produce, as they found that traditional methods of cleaning produce were insufficient. Most notably, the report posits that pesticides go beyond the produce's surface to leach into the food, meaning that washing may not be as effective. Further research is needed to determine the full risks and implications of current pesticide limits. Regardless, all produce should be cleaned thoroughly before consumption.

There are varied opinions on the best methods for removing pesticide residues from produce, and no method is 100 percent effective. Rinsing produce is somewhat helpful for cleaning off dirt and germs, but soaking their fruits and vegetables in warm vinegar or salt solutions

may be better; however, some sources claim that exposure to these solutions may allow chemicals to form more complex, equally dangerous chemical compounds, so always follow soaking with thorough rinsing. Finally, peeling or boiling produce can be highly effective in removing residues, though you will suffer a loss of nutrients.

Of course, the only way to significantly reduce your exposure to food-borne synthetic chemicals is by buying organic, as organic foods are not grown with the assistance of hazardous pesticides. You might have to pay a little more, but isn't your health and peace of mind worth it?

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A recent report found that 20% of 59 different produce categories posed significant health risks to consumers despite current pesticide limits.

Credit: Pexels.com.

Prairie Doc Perspective

"When should I ask about lung cancer screening?"

Jonathan Rice, MD, PHD

Lung cancer is the second most common cancer (not counting skin cancer) in both men and women, only behind prostate in men and breast in women. Although it is the second most common, it remains the leading cause of cancer death in America. Approximately 1 in 5 cancer deaths a year are attributed to lung cancer. More Americans die every year of Lung cancer than colon, prostate and breast cancer combined. Lung cancer is considered a silent killer and is often diagnosed at a late stage, when treatment options are limited and survival rates are low. The greatest advancement in the care of lung cancer occurred in the early 2000s after the national lung cancer screening trial, which cemented the knowledge that early detection of lung cancer with low dose CT scans saves lives. Early detection through screening is crucial in improving outcomes for individuals at high risk of developing lung cancer.

Early stage lung cancer, when survivability is more favorable, is usually asymptomatic. In the early 2000s during the national lung cancer screening trial, this trial showed that in high risk individuals who obtained yearly CT scans improved their overall survivability due to the increased detection of earlier, more treatable stages of lung cancer. This trial showed that yearly low-dose computed tomography (CT) scan was the first radiographic test that consistently allowed early detection of lung cancer in high risk individuals. This early detection ultimately increased survivability due to earlier intervention of lung cancer at an earlier stage, prior to the lung cancer spreading to other places in the body.

Who is considered high risk and is eligible for lung cancer screening? Currently, the US Preventive Services Task Force recommends annual lung cancer screening with low-dose CT scan for any individual who is a current or previous smoker (who stopped smoking within the last 15 years) between the age of 50 to 80, and has a 20 pack year of smoking. A pack-year is calculated by multiplying the number of packs of cigarettes smoked per day by the number of years smoked. So if an individual smokes 2 packs of cigarettes a day, every year that individual has accumulated 2 pack years of smoking. Individuals who fall into this high-risk category should discuss lung cancer screening with a yearly low dose CT scan with their healthcare provider.

Early detection through screening allows detection of lung cancer at an earlier stage and survivability of lung cancer is drastically higher when intervention occurs at an earlier stage. Studies have shown that individuals diagnosed with lung cancer at an earlier stage have a much higher chance of survival compared to those diagnosed at a later stage. Secondly, lung cancer screening with CT scan allows for detection of asymptomatic lung nodules or growths in the lungs that cannot be seen with chest X-ray. Finding these nodules early can allow for monitoring or treatment with surgery or radiation before they become more advanced and treatment options become more limited.

Lung cancer screening utilizes low-dose CT scans to take detailed images of the lungs and surrounding structures inside of the chest. These images can detect small lung nodules or abnormalities that may be early signs of lung cancer. If a suspicious nodule is found, a referral to a thoracic surgeon should occur where further testing such as a PET scan or biopsy may be recommended to determine if it is cancerous. It is important to note that not all nodules detected through screening are cancerous, and additional testing or monitoring with serial images may be needed to determine the nature of the nodule.

Lung cancer screening is an important tool in the fight against lung cancer, especially for individuals at high risk. Early detection through screening leads to earlier intervention and this increases the odds of survivability. If you or someone you know are a current or former smoker, it is important to discuss screening with low dose CT scan with your healthcare provider. Remember, early detection saves lives.

Jonathan D. Rice, MD, PhD is a board certified thoracic surgeon who focuses on thoracic oncology. He is an Assistant Professor of Surgery within the section of thoracic surgery at The University of Arizona College of Medicine Tucson. He has a passion for the advancement of robotic access to the chest and foregut. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show providing health information based on science, built on trust for 22 Seasons, on SDPB and streaming live on Facebook most Thursdays at 7 p.m. central.



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