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# The Groton Independent

Vol. 140 No. 45 ♦ Groton, SD ♦ Wednesday, July 26, 2023 ♦ Established in 1889

## Lifeguard training pays off in swimming incident

by Elizabeth Varin

A recent scare at the Groton swimming pool highlights the training lifeguards are continuously doing to keep people safe.

During a busy afternoon open-swimming session on Thursday, July 13, lifeguard Emma Schinkel was monitoring the lap pool and deep end from the lifeguard chair. She remembers a young boy and his grandmother were swimming around near the water slide. He was swimming fine, and his grandmother went to the other side of the pool with her granddaughter.

After a bit, Schinkel said, the young boy started waving his hands, as many kids have done in the pool. Then he called for help.

"I don't even remember going from the chair into the pool," she said. "It was an adrenaline rush."

Schinkel jumped in and got the boy out. He hurried to his grandmother after the close call. He had gotten tired while swimming, but was too far from the edge of the pool and the ropes to grab a hold of anything, she said.

Schinkel credits the continuous training the Groton lifeguards receive for her quick response.

"I'm sometimes nervous when I have to lifeguard," she said. "But it makes me feel okay because I know I can do it."

Throughout the summer, the lifeguards have in-service sessions where they practice saving swimmers and talk through different situations they may face, said swimming pool co-manager Tricia Keith. Staff are also trained to prevent situations from getting to the point that a save is needed.

"I am very proud of the way all my guards handled the situation," she said. "They handled it so well most people didn't know it happened."

The boy, who is not a regular at the Groton pool, also did what he was supposed to do: called for help, she said. Many kids at the pool have done their swimming lessons with the lifeguards in Groton, so the guards know at what level many of the kids can swim.

"Even people that are good swimmers can get tired and get in a situation where they're not comfortable," Keith said. "And that's why we're here."



Emma Schinkel saves boy at the Groton Swimming Pool. (Photo by Paul Kosel)

## Raines to do tribute to WWII Veterans

Lee Raines, native of Groton and author of "Friday Night Lights--South Dakota Style," "The Great Consolidation--South Dakota Style," and "Service to Country--South Dakota Style," interviewed World War II veteran "Punch" Podoll this week as part of his newest project, a tribute to WWII veterans from Brown and Day counties.

"Punch" and descendants of the Podoll family hosted Raines Monday afternoon at the Podoll Family Heritage Center near Columbia. "Punch" relayed his time as an ensign in the U.S. Navy and the V12 Program at South Dakota State University.

Raines will be in the Groton area through early August. If you are a veteran family member or remember the early 1940s in the area, please consider contacting Lee at leeraines824@gmail.com or call 512.644.6061.



## Groton Girls Golf Awards



Carlee Johnson was the most improved for the year. (Courtesy Photo)



Carly Guthmiller was the top medalist for the year. (Courtesy Photo)



Pictured left to right are Jackie Iverson, Chuck Padfield, Randy Padfield, Doug Hamilton, Jess Freeland, Jason Wambach and Jessica Kroll. (Courtesy Photo)

## POET/CoBank donate to Foundation for Concession Stand

POET Grain and CoBank are excited to throw the first pitch toward a new expansion project for the Groton Baseball/Softball Foundation. This complex has seen many improvements over the years but has been missing the last piece of the puzzle. With the addition of a new concession stand and bathroom, Groton will have the opportunity to improve their event space and hold larger tournaments more comfortably in the future. The donation of \$6,670 will be a great start toward this project coming to life. POET Grain and CoBank are proud to be part of the ultimate goal of maintaining a strong program for our youth for many years to come! Wambach and Freeland presented the check to members of the Groton Baseball/Softball Foundation.



The Groton Dairy Queen parking lot was full of motorcycles Saturday afternoon as the rally riders stopped for a refreshment. (Photo by Paul Kosel)

# Weekly Vikings Recap - All-time Vikings Offense

By Jack & Duane Kolsrud

With the lack of Minnesota Vikings news continuing this offseason, except for Jordan Addison's recent speeding ticket where he was driving his Lamborghini 140 mph, we thought it would be fun to put together the all-time greatest Vikings' starting offense. To make it interesting, we will be picking players based on specific seasons, not based on their overall career with the Vikings.

## Quarterback - Duante Culpepper (2004)

This might come as a shock to some fans who probably thought Fran Tarkenton or Randall Cunningham's 1998 season would make this list, but Duante Culpepper's 2004 season is the best season a Vikings' quarterback has ever had. In 16 games, Culpepper threw for 4,717 yards and 39 touchdowns, both still single-season records in Vikings history. Culpepper would have had a shot at winning MVP that season if it was not for the fact that Peyton Manning broke Dan Marino's record for touchdowns in a season that had stood for 20 years.

## Running back - Adrian Peterson (2012)

This was the easiest choice to make when it came to putting this list together. Adrian Peterson's 2012 season is not only the greatest season for a running back in Vikings history, but it is also, in my opinion, the greatest season for a running back in NFL history. Peterson ran for 2,097 yards that season, finished with the MVP, and led a Vikings team that had gone 3-13 the previous season to the playoffs, all while coming back from a torn ACL the year before. It is truly the most impressive performance a Vikings player has ever had in this franchise's history.

## Wide Receivers - Randy Moss (1998), Justin Jefferson (2022), Cris Carter (1995)

You could make the case that this is the best trio of wide receivers of all the NFL teams. You have the most athletic wide receiver of all time in Randy Moss, you have the greatest hands by a wide receiver of all time in Cris Carter, and you have the current best wide receiver in the NFL. I do not think there is a single other franchise in the NFL that could come close to this group. And what makes it even more impressive is that there are plenty of other great wide receivers that probably would make other franchises' all-time teams had they played for them but just could not crack this amazing Vikings trio.

## Tight End - Jim Kleinsasser (2003)

When you have that trio of wide receivers in your lineup, your tight end is not going to need to go out for passes. Instead, I want one of the toughest players the Vikings have ever had to play my tight end position, Jim Kleinsasser. Kleinsasser's 2003 season saw

him catch four touchdown passes, so even with his great blocking and toughness, there will still be a decent pass-catching threat from the tight end position.

## Offensive Line - Gary Zimmerman (1988), Steve Hutchinson (2009), Mick Tinglehoff (1965), Randall McDaniel (1995), Ron Yary (1975)

For a Vikings team that has, over the past decade, had horrendous offensive line play, it is amazing to see how impressive this offensive line group is. Not only are all five of these offensive linemen Hall-of-Famers, but they are also some of the best to play their respective positions. Without a doubt, Steve Hutchinson and Randall McDaniel were the best guards during each of their eras, and Ron Yary was the best right tackle of his too. And, if it were not for Anthony Munoz and Jim Otto, both Gary Zimmerman and Mick Tinglehoff would probably have been the greatest at their position during their era, as well.

## Newspapers deliver knowledge, and that's power

You're holding in your hand something akin to a miracle in an increasingly authoritarian world, a reflection of incredible foresight on the parts of the founding fathers. They understood that democracy couldn't exist if the voice of the governed was stifled.

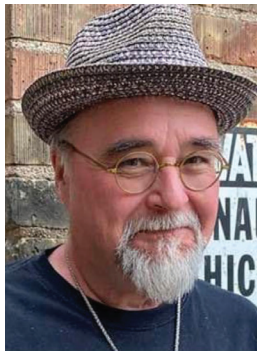
Free speech wasn't an afterthought, it wasn't the second amendment, it was the first.

It's enshrined in the Constitution. You have the freedom to ask questions and express unpopular views. We are a nation of laws, and people like Thomas Jefferson and Thomas Paine knew unfettered news and discourse was critical to an informed populace. Knowledgeable citizens can indeed create a more perfect union.

The means of delivery has evolved. Many of you are reading this online. But, the concept is the same. Trained journalists on a trusted platform.

A free press is the enemy of anti-democracy authoritarians for obvious reasons. The news sometimes casts them in an unfavorable light so they lash out in the most simplistic of terms: "Fake news!" Well, if you're embarrassed by news coverage of your actions, that in itself probably qualifies it as news. The next time someone arbitrarily brands the news as fake, ask them to identify a specific falsehood. You'll likely be met with silence.

If we make a mistake, tell us. We'll correct it.



**That's Life**  
by Tony Bender

It's the most democratic business in town. We welcome letters to the editor. We pay for the ink, postage, and labor for you to take us to the woodshed.

It's hard, especially in small communities, to hold local government and longtime friends accountable—hard on relationships—but covering for a friend comes at the cost of credibility. If you can't trust the source of your news you've lost the key foundation of democracy.

We hold ourselves to the same standards as other community leaders. In 33 years as a publisher or owner, every staffer has heard the same speech. "If I get hauled in on a DUI, come down and take a picture of my drunk ass in jail." When one publisher made that mistake, there was no doubt about how it would be covered. Front page.

In my first stint as a publisher, perhaps the most popular guy in town got in hot water. He was administrator of a nursing home and ended up with "a loan" from a naive old lady resident. It ended up in court, in the paper, and people were furious with me.

I lamented the state of things with a mentor, Omar Forberg, the publisher of a North Dakota daily paper at the time. He clarified it for me with a bit of wit that's become a guiding principle. "Hey, he committed news."

The role of newspapers is to serve the common man, not cover for their rulers. In the late 1990's, I was assigned to Sturgis by management of a large newspaper group. I was tasked with organizing a group of newly-purchased newspapers, and for doing investigative work on a business entity that was governing the multi-million dollar motorcycle rally. In short, these private entities steered business their way to the detriment of others while heaping police and cleanup costs on local taxpayers.

This coverage, of course, threatened them monetarily so they threatened back. One day a local restaurant declared it "Tony Bender Day" on the Main Street marquee. It read: "You supply the tar, we'll supply the feathers. Chicken dinner, \$4.75."

I ran right down and stood on the bus stop bench by the sign, hands spread in triumph, while my reporter snapped a photo. We ran it the next day. Then, I called the restaurant owner. He seemed nervous. "Hey, Bob. I just want to thank you for making it Tony Bender Day..." At this point he must have thought I was the most obtuse person ever. I went on and on about the rare honor. I concluded with, "and I appreciate you not making it a turkey dinner!" Then I made reservations for 20, and as a show of solidarity, my coworkers joined me. To his credit, Bob paid for my lunch.

I always say that people perform better under a spotlight, and with the light shone on the unfair expenses heaped upon taxpayers, the consortium was broken up.

The Fourth Estate's role—this newspaper's obligation—is to give a voice to the voiceless, to give power to the powerless. Your subscription is an investment in democracy.

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# We the People

The South Dakota Humanities Council is making available a weekly column -- "We the People" -- that focuses on the U.S. Constitution. It is written by David Adler, who is president of The Alturas Institute, a non-profit organization created to promote the Constitution, gender equality, and civic education.



By David Adler

## Judicial Profiles to Better Understand the Supreme Court

We citizens know a lot about our presidents—their background, philosophy, and character—and sometimes more than we care to know. The same is true of our congressional representatives. By comparison, we know relatively little about our Supreme Court Justices. This needs to change.

A better, indeed, more fully informed historic understanding of the views, experiences, temperament, and character of the men and women that have served on the nation's High Bench will, in the name of civic education, expand the citizenry's knowledge of an institution that has exceeded the Framers' minimal expectations of the impact of the judiciary on American life.

Since Aristotle, we have known that people shape institutions and institutions shape people. The views and values of the 116 people who have served on the Supreme Court, an independent institution laboring under few checks and balances, have profoundly shaped American lives and the life of our nation. The temperament, ambition, personality quirks, rivalries, judicial philosophies, and ideology of just nine members—the size of the Court set by Congress in the early 1900s—can exert great power in changing the institution of the judiciary and, thus, the meaning of the Constitution.

The Court as an institution can, and does, influence the behavior of the Justices. Its rules and traditions, for example, shape the interaction of the Justices. The Rule of Four—the number of Justices necessary to grant a Writ of Certiorari—requires adaptation to the Court's norms of behavior in order to win support from a recalcitrant judge who, if alienated by personal attacks by a fellow Justice, might not be willing to vote to hear a case. It was with good reason that Justice Oliver Wendell Holmes famously characterized his colleagues as "nine scorpions in a bottle." Thus, the institutional norms of collegiality and tolerance shape behavior, but occasionally give way to nasty fights that become public and accusations that expose the fissures within the Court and the juvenile nature of some of its members.

Justice James McReynolds, a notorious antisemite, refused to dine with Justices Louis Brandeis and Benjamin Cardozo, both of whom were Jewish.

In the mid-1940s, the bitter rivalry and fight between Justices Hugo Black and Robert H. Jackson, stemming from personal ambition

and absence of goodwill, plunged the Court into a storm that forced members to choose sides.

In the early 1970s, Chief Justice Warren Burger manipulated the Court's method for voting on cases in order to place himself in the majority so he could write the Court's opinion, even though his views were at odds with those who formed the majority. He ceased his behavior only when Justice William O. Douglas, after reminding his colleagues of the rules governing voting, threatened to expose Burger's manipulative acts with a letter to the press.

A single Justice's temperament, political skills and vision for America, however, can unite the Court, overturn pernicious precedents and craft an opinion that changes the course of America. Chief Justice Earl Warren, who possessed leadership and political skills nearly unrivaled in the Court's long history, along with a warm and congenial personality, brought discordant voices to a unanimous opinion in *Brown v. Bd. of Education* (1954) and held that segregation in public schools violated the Equal Protection Clause of the 14th Amendment.

Chief Justice John Marshall, widely regarded as the greatest Justice in our history, brought warmth, charm, a convivial personality and, most of all, a down-to-earth sincerity to the bench. Far from being viewed as manipulative and pretentious, he was regarded by his colleagues as authentic. His close friend, Justice Joseph Story, the most scholarly of Justices, said of Marshall: "I love his laugh—it is too hearty for an intriguer."

It was Marshall who convinced his colleagues to room and dine together while they performed their duties on the Court. He brought wine to dinner—his beloved Madeira—and created an institutional atmosphere that set the tone for the work of the Court for decades to come.

To understand the Supreme Court—its history, work, and role in American politics—is to understand those who have donned black robes and taken seats in the Marble Palace. It is especially important at this juncture, when members of the Court are ensnared in public controversies—for their votes, speeches, and scandals—for the citizenry to understand who these men and women are. What is the content of their portfolios? What did they do before winning appointment to the Court? What judicial vision and philosophy did they articulate? And, of course, what were their highs and lows as Supreme Court Justices?

With very few exceptions, no appointee to the Supreme Court possessed greater experience than John Jay, the first Chief Justice of the Supreme Court. We begin next week with a profile of Jay, President George Washington's first judicial appointment.

## Bye Aerospace Welcomes Rod Zastrow as President and COO, Strengthening Leadership Team

June 20, 2023, Denver – Bye Aerospace is pleased to announce the appointment of Rod Zastrow as President and Chief Operating Officer (COO). Zastrow joins the leadership team to spearhead the final stages of FAA certification and commence production of the highly anticipated eFlyer 2, the world's first FAA Part 23 certified electric airplane.

With an impressive background as the former Chair and CEO of Spartan Global Aviation Training, Zastrow brings extensive expertise in pilot training, aircraft maintenance, logistics, and global business development. Zastrow played a pivotal role in securing a prominent position in a comprehensive \$1 billion pilot and maintenance training Middle East Foreign Military Sale for Spartan. Zastrow's accomplishments also include a distinguished career as a senior USAF leader, F-15 combat pilot and Fighter Weapons School "Top Gun" graduate.

Bye Aerospace recently achieved a significant milestone by completing the full 'Means of Compliance' for its eFlyer 2 certification. This accomplishment, comprising 16 specific plans encompassing a wide range of systems and procedures, marks the first ever FAA approval under Amendment 64 for a Level 1 all-electric aircraft in the general aviation industry worldwide. Zastrow will lead Bye Aerospace's team of experts as they embark on the assembly of the initial conforming eFlyer aircraft.

George Bye, Chairman and CEO of Bye Aerospace, expressed his enthusiasm for Zastrow's addition to the team, stating, "Rod Zastrow brings invaluable aviation leadership experience to our organization. His guidance will be instrumental in leading the Company through the completion of the FAA certification process and transitioning to eFlyer 2 production. Of particular significance is his extensive background in global logistics, supply chain management, and support for large fleets of pilot training aircraft."

Rod Zastrow commented on his appointment, saying, "I am honored and thrilled to join the Bye Aerospace team during this pivotal moment on the path to achieving a historic FAA all-electric certification. We have a clear roadmap to eFlyer 2 certification, and I have complete confidence in our exceptional team's ability to execute on that game plan. Our focus is laser sharp as we work towards delivering this clean and quiet technology to our pilot training customers and their students, as well as other customers who stand to benefit from the disruptive advantages of significantly lower operating costs."

Zastrow is a Columbia native and a 1980 Groton graduate. Also he is a retired USAF Colonel.

He is married to the former Carol Ball Johnson of Groton and is the son of Bruce and Berdette Zastrow, Pickerel Lake.



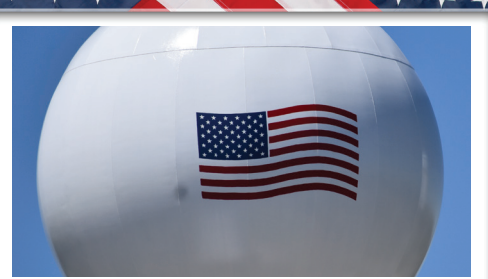
Rod Zastrow

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**Groton City**  
**July 18, 2023**  
**Meeting Minutes**

July 18, 2023  
 The Groton City Council met on the above date at 7:00 p.m. at 120 N Main Street for their second monthly meeting with the following members present: Bahr, Wells, Wambach, Babcock, and Mayor Hanlon presiding. Also present were: Attorney Drew Johnson, Douglas Heinrich, Todd Gay, Landon Johnson, Topper Tastad, Terry Herron, and Elizabeth Varin.  
 Moved by Wells and seconded by Babcock to approve the agenda with no changes or additions. All members present voted aye.  
 Public comments were welcomed pursuant to SDCL 1-25-1, but none were received.  
 No discussion took place regarding the Groton Municipal Airport due to the absence of Darrell Hillestad.  
 No discussion took place regarding the park bathrooms due to the absence of representation from HKG Architects.  
 Moved by Babcock and seconded by Wambach to approve the transfer of ownership of the jailhouse property to Groton Historical Society. All members present voted aye.  
 Tastad exited the meeting.  
 Moved by Bahr and seconded by Wells to approve the Certificate of Substantial Completion for Dahme Construction. All members present voted aye.

Moved by Wambach and seconded by Babcock to approve Pay Request #5 (Final) for Dahme Construction. All members present voted aye.  
 Moved by Bahr and seconded by Babcock to table the authorization to purchase a new skidsteer to allow time to acquire additional quotes. All members present voted aye.  
 Herron exited the meeting.  
 Moved by Babcock and seconded by Wambach to temporarily pause Ordinance No. 6-2-2 to allow the public to possess and consume alcoholic beverages for Summer Sip and Shop on July 20, 2023, from 5:00 PM to 8:00 PM on Main Street. All members present voted aye.  
 The first reading of Ordinance No. 769 – 2023 Supplemental Appropriations was approved on a motion by Wambach and seconded by Bahr. All members present voted aye.  
 Moved by Bahr and seconded by Babcock to approve the June finance report. All members present voted aye.  
 The minutes from the previous meeting were approved on a motion by Babcock and seconded by Wells. All members present voted aye.  
 Moved by Bahr and seconded by Babcock to authorize the following bills for payment. All members present voted aye.  
 Payroll, \$49,837.71, Employee salaries; Administrative, \$4,427.86; Public Safety, \$9,403.79; Public Works,

\$13,890.52; Culture & Recreation, \$22,115.54; Dacotah Bank, \$9,167.74, Withholding/SS/Medicare; Dakotaland FCU, \$730.00, Employee savings; Dacotah Bank, \$622.90, HSA contributions; Clark Rotary Club, \$275.00, Legion baseball tournament entry fee; USPS, \$281.77, Utility billing postage; City of Groton, \$422.42, Utility deposits applied to bills; Tricia Keith, \$150.00, Reimbursement for prizes purchased for Swimming Pool SummerFest; Kami Lipp, \$175.00, Reimbursement for prizes purchased for Swimming Pool SummerFest; SD State Treasurer, \$11,920.77, Sales and Excise Tax - June 2023; Dacotah Bank, \$4,278.65, Withholding/SS/Medicare; Dacotah Bank, \$50.00, HSA contributions; SD Retirement System, \$9,964.76, Employee retirement; Brown County Register of Deeds, \$62.00, Filing of Groton Historical Jail Addition Replat; Douglas Heinrich, \$84.20, Med flex, mileage reimbursement to Aberdeen for filing of Groton Historical Jail Addition Replat; Joe Heisler, \$127.58, Utility deposit refund; A&B Business Solutions, \$359.14, Printer lease - City Hall; Runnings Supply Co., \$736.24, Tools for truck, chainsaw, saw oil - Electric; Ken's Food Fair, \$5,589.64, Food for resale for ballpark and swimming pool, fuel purchases; James Valley Telecommunications, \$857.94, Telephone & internet services; Lori's Pharmacy, \$4.79, Swim ear - Swimming Pool; South Dakota 811, \$92.40, Message Fees - April through June 2023 - Electric; Irby, Inc., \$217.50, Distribution ties - Electric; Lien Transportation Company, \$5,687.44, Hot mix - Streets; Full Circle Ag, \$809.22, Weed control chemicals - Weed Control; McGannon Plumbing & Heating, \$336.94, Filters for baseball concessions, service on A/C at PD; Groton Ford, LLC, \$844.17, Wheel cover - '12 F250, repairs to '05 Tahoe; WAPA, \$22,614.58, Power services - June 2023; Heartland Energy, \$63,313.33, Power services - June 2023; Heartland Waste Management, \$10,176.10, Garbage hauling - June 2023; Dacotah Bank Visa, \$6,067.91, Books for library, batting helmets for softball, background check, candy for city hall, postage, copy paper, shipping labels, printable business cards, sink stopper, headphone adapter for park sound system, TV and accessories for council chambers, dog poop bag dispenser for park, invoicing software for city hall, paper targets, clay for baseball fields, food for resale for baseball concessions, fuel purchases, hotel stays for FO School and Budget Training, baseball screens, catchers mitts, first aid kits, umpire kits, bat grips; SD Supplemental Retirement, \$290.00, Supplemental retirement; Altec Capital Services, LLC, \$2,189.93, Digger truck lease - Electric; Geffdog Designs, \$114.00, (6) Police Velcro patches; IMEG Corp., \$8,642.43, Engineering fees for water project, cemetery, & replat of jail property; EcoLab Pest Elimination, \$112.36, Rodent control services - Rubble Site; Diesel Machinery, Inc., \$950.00, Roller rental - Streets; Associated Supply Co, Inc., \$161.11, 1" float valve & stop cork - Swimming Pool; Squire Agency, \$80.00, Notary policy renewal - City Hall; MJ's Sinclair, Inc., \$2,069.06, Fuel purchases & cemetery mower tire repair; Dahme Construction Co, Inc., \$55,774.39, Pay Request #4; Coca-Cola Bottling High Country, \$4,088.22, Beverages for resale - Baseball & Pool Concessions; Todd Gay, \$347.30, Meal/mileage reimbursement - Emergency Preparedness & Restoration Conference in St. Cloud, MN; SD Department of Transportation, \$31.25, 18" windsock - Airport; Susan Fjeldheim, \$294.75, U12 softball coach mileage reimbursement;  
 Varin exited the meeting.  
 Moved by Wambach and seconded by Wells to adjourn into executive session for personnel and legal matters 1-25-2 (1) & (3) at 7:40 PM. All members present voted aye. Council reconvened into regular session at 8:02 PM.  
 Varin reentered the meeting. Gay and Johnson exited the meeting.  
 Moved by Wells and seconded by Babcock to increase the electric lineman's wage to \$40.00 per hour due to his completion of the journeyman certification process. The increase in wage is effective next pay period. All members present voted aye.  
 Moved by Bahr and seconded by Wambach to adjourn the meeting at 8:05pm. All members

present voted aye.  
 Scott Hanlon, Mayor  
 Douglas Heinrich, Finance Officer  
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**Center Notice**

NOTICE OF HEARING FOR SPECIAL MALT BEVERAGE LICENSE  
 Notice is hereby given according to SDCL 35-2, a Public Hearing on the following Malt Beverage License Application is set for the 8th day of August 2023, in the Chambers of the Brown County Commissioners, in the Courthouse Annex, Brown County, South Dakota, at which time any interested persons wishing to register complaint on their approval may appear: SPURS Therapeutic Riding Center, Aberdeen, SD – SPURS 2nd Addition, NW ¼ Sec6-T123N-R63W Brown County, SD. Special License effective September 16, 2023 for Barn Dance & Benefit Auction.  
 ATTEST: Lynn Heupel  
 Lynn Heupel, Brown County Auditor  
 Published July 26, 2023, at the total approximate cost of \$9.81 and may be viewed free of charge at [www.sdpublicnotices.com](http://www.sdpublicnotices.com). 22360

**Westport Town**  
**July 5, 2023**  
**Meeting Minutes**

Town of Westport General Meeting  
 July 5th, 2023  
 The Town of Westport met on July 5th, 2023 with Shane Storm, Mitch Wilson, Larry Schmit, Jan Ellefson, Brad Ellefson, Matt Ellefson and Bill Schott and Doreen Hertel present.  
 The following expenses were presented:  
 City General  
 NWPS-Electricity (\$528.72), Groton Independent – Newspaper (\$17.38), David's lawn and Snow- Cemetery mowing (\$1,000.00), SD Unemployment Insurance Division (\$18.91), US Treasury (\$1,013.80), USPS- Stamps (\$336.00), Eddie's-gas (\$476.29), JGE (\$294.93), Simplot Grower Solutions-Chemicals (\$280.00), Justin Ellefson- fireworks donation (\$1,000) & Payroll – Jeff Schroeder (\$327.34)  
 Sewer  
 NWPS-electricity (\$42.98) & NRWA –loan repayment (\$210.13)  
 Water  
 WEB – Water purchase (\$2,125.50), Dept of Health-Lab Samples (\$30.00)  
 Mitch Wilson made motion to pay all bills; second by Shane Storm.  
 The following deposits were presented:  
 City General  
 Brown County Collections (\$2,872.27), State of SD (\$2,120.09) & Interest (\$3.25).  
 Sewer  
 Resident Payments- (\$510.00), Sewer Surcharge fund (\$1,820.00)  
 Water  
 Resident Payments – (\$3,509.03).  
 NEW BUSINESS:  
 Jan and Brad Ellefson presented concerns, about the power surges, that the city is experiencing. This has affected residents by losing power, to appliances and other appliance that were no longer working, due to the power surges. This is also affecting at least 2 nearby towns. The problem stems from Aberdeen's water treatment plant, where a part needs to be fixed and replaced. To report power surges the city is encouraging residents to call NWPS to report the surges 1-800-245-6977.  
 WEB has raised their water rates to be effective in October. The board has decided to raise Westport's water rates, the base will raise from \$40.00 to \$45.00, and the base per 1,000 gallon will change from \$7.50 to \$7.90. This will be submitted by ordinance at next meeting to take effect in October 2023.  
 A letter was submitted to the board by a concerned citizen regarding their neighbor's inconsiderate actions.  
 Doreen Hertel, Finance Officer  
 Published July 26, 2023, at the total approximate cost of \$24.56 and may be viewed free of charge at [www.sdpublicnotices.com](http://www.sdpublicnotices.com). 22361

**Classifieds and Card of Thanks**

The following rates are for Classifieds published in both the Groton Daily Independent and the Groton Independent. Cut rate in half if you just want it in the GDI or just the weekly.  
 1 Week: \$9 for first 30 words, 20¢/word thereafter  
 2 Wks: \$17 for first 30 words, 38¢/word thereafter  
 3 Wks: \$24 for first 30 words, 54¢/word thereafter  
 4th consecutive week is free  
**605/397-NEWS (6397)**  
 PO Box 34, Groton SD 57445

**EMPLOYMENT**

**SCHOOL NURSE:** Horizon Health Care is seeking a school nurse in La Plant. Flexible schedule during school hours M-Th. Full benefits package/competitive wage. Apply at [horizonhealthcare.org/careers](http://horizonhealthcare.org/careers)

**LYMAN COUNTY EMS** in Presho/Kennebec, SD is looking for experienced EMTs, Medics, or RNs. Several shifts available. PRN scheduling. \$20/hour + lodging. Help us fill the gaps in our schedule and keep our service going strong. Contact Board Member, Sandra Schindler; [sandraleenp@gmail.com](mailto:sandraleenp@gmail.com) for more information.

**SUMMIT (SD) SCHOOL** is hiring junior high language arts/social studies, volleyball coach; paraprofessionals, substitute teachers, bus driver, custodian. Contact [mike.schmidt@k12.sd.us](mailto:mike.schmidt@k12.sd.us) 605-398-6211.

**LENNOX, SD AMERICAN LEGION** hiring club manager. Send resume to Post Commander ,PO Box 447, Lennox, SD 57039 before August 6, 2023. Applications available at Legion Club. EOE

**LAND**

**FARMLAND** rents are strong. Do you need representation or a Farmland Manager? Contact Tim Peters at 605.270.9410 or [tpeters@pifers.com](mailto:tpeters@pifers.com). Pifer's Land Management, [www.pifers.com](http://www.pifers.com)

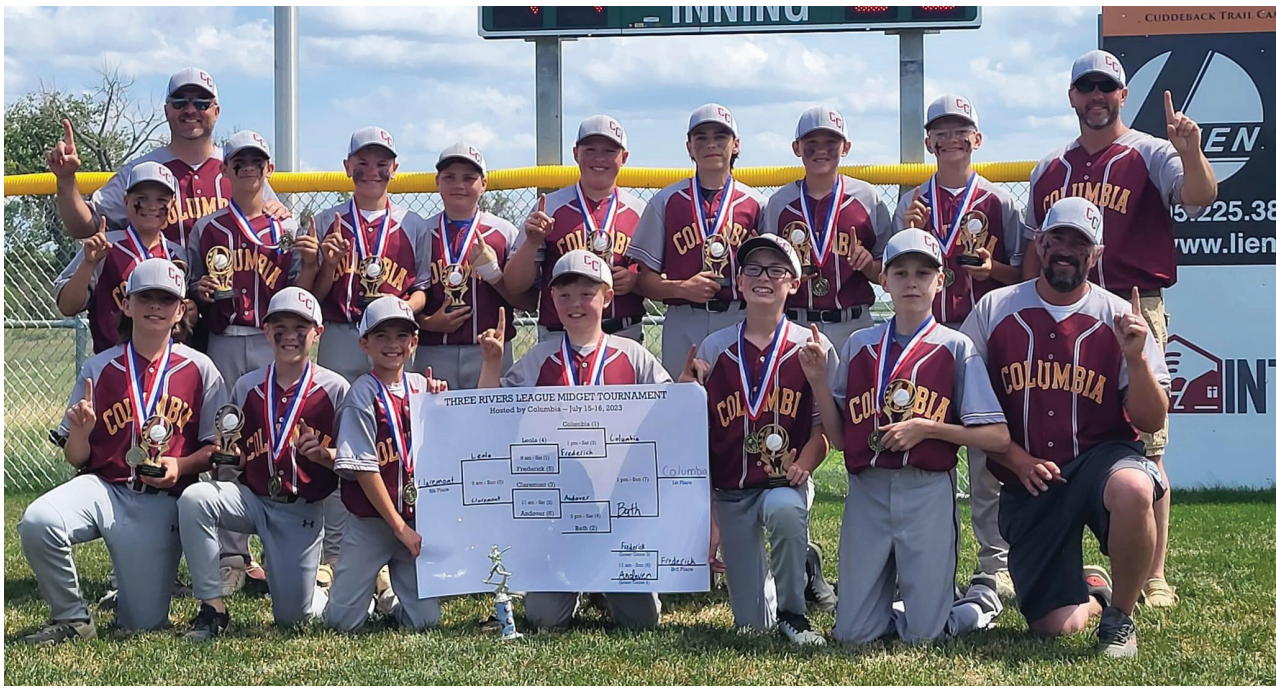
**MISCELLANEOUS**

**LAST CHANCE!** I still have a few very nice radio controlled model airplanes left for sale. Phone 605-352-4373 or PO Box 920 Huron, SD 57350

**NOTICES**

**ADVERTISE IN NEWSPAPERS** statewide for only \$150. Put the South Dakota Statewide Classifieds Network to work for you today! (25 words for \$150. Each additional word \$5.) Statewide Full Digital Ad is \$300 for 1 week. Call the Groton Independent at 605-397-7460.





**Columbia Comets Midget Team wins Three Rivers Tournament**  
**Front Row left to right: Cody Meyer, Landon Schafner, Hudson Eichler, Easton Larson, Bennett Roettele, Marshall Mettler, Coach Colin Eichler**  
**Back Row left to right: John Dennert, Coach Josh Larson, Treston Hanson, Alex Abeln, Cole Brust, Layne Johnson, Cole Meyer, John Bisbee, T.C. Schuster, Coach Tony Bisbee**

**1st game Columbia VS Frederick – Columbia won and moved onto the Championship game**  
**Championship Game – Columbia VS Bath. Columbia won 20-17**

**Team Facts**  
**2023 Three Rivers League Midget League Champs**  
**2023 Three Rivers League Tournament Champs (this was the first championship win for Columbia's Midget team since 2004)**  
**Columbia's Pee Wee team also won the 2023 Three Rivers League Championship.**

(Photo courtesy Columbia Baseball Facebook Page. Sarah Schuster for providing information)



**Columbia Comets Pee Wee Team Wins Three-Rivers Tournament**  
**Front row left to right: Colton Pullan, Garret Faehn, Paxton Eichler, Shaylee Gilchrist, Saylor Gilchrist, Henry Pharis, Lillian Davis, Ethan Faehn, Arthur Eichler, Cooper Burst**  
**Back row left to right: Coach Tony Bisbee, Connor Shafner, Kayson Hofer, Coach Josh Larson, Bennett Roettele, Rylee Hofer, Easton Larson, Jackson Helvig, Cody Meyer, Hudson Eichler, Coach Colin Eichler.** (Columbia Baseball Facebook photo) (Amanda and Tony Bisbee for assistance)



**Locals get SD Highway Patrol Saved by the Belt Award**  
**Raelee Lilly, Gavin Kroll, Camryn Kurtz and Ashtyn Bahr were driving down the highway when a distracted driver entered their lane and collided with them. After the collision, Ashtyn's vehicle entered the ditch and rolled several times. Thankfully all four occupants were wearing their seatbelts and only very minor injuries were sustained. Here all four were presented with the SDHP Saved by the Belt Award. Well done Ashtyn, Gavin, Camryn and Raelee !** (Photo from SD Highway Patrol Facebook Page)

## Legion drops second game in Legion Regions

Groton Post #39 dropped its second game of the regions in the double elimination tournament held in Northville. Groton held a 10-2 at the top of the third inning, but Faulkton-Highmore Hitmen scored four runs in each the third and fourth innings and added a run in the fifth and sixth as FH Hitmen won, 12-11.

Faulkton-Highmore had 11 hits compared to nine for Groton. Logan Ringgenberg and Tate Larson each had a double while Bradin Althoff had a triple.

Both teams put up a bunch of runs, but Groton Legion Post 39 fell to FH Hitmen Legion 12-11 on Wednesday. FH Hitmen Legion collected 11 hits, while Groton Legion Post 39 had nine.

Groton Legion Post 39 was right in it until FH Hitmen Legion singled in the sixth inning.

Groton Legion Post 39 got on the board in the top of the second inning after Dillon Abeln singled, scoring one run, Brevin Flihs singled, scoring one run, an error scored one run, and Tate Larson singled, scoring two runs.

Groton Legion Post 39 scored five runs on four hits in the top of the third inning. Cade Larson grounded out, scoring one run, Flihs singled, scoring one run, Bradin Althoff tripled, scoring two runs, and Larson doubled, scoring one run.

FH Hitmen Legion tied the game in the bottom of the fourth thanks to a hit by a pitch, and a single by August Kopecky.

Groton Legion Post 39 took the lead in the top of the fifth. One run scored on another play, to give Groton Legion Post 39 the leg up, 11-10.

Carson Stephenson singled, which helped FH Hitmen Legion tie the game at 11 in the bottom of the fifth.

Layne Cotton earned the win for FH Hitmen Legion. They gave up zero hits and one run (zero earned) over four innings, striking out five and walking three. Flihs took the loss for Groton Legion Post 39. They went one and one-third innings, surrendering one run (zero earned) on three hits, striking out none and walking none. Larson started the game for Groton Legion Post 39. The righty allowed five hits and 10 runs (four earned) over three and two-thirds innings, striking out five and walking three. Gunner Brueggeman stepped on the mound first for FH Hitmen Legion. They allowed nine hits and 10 runs (seven earned) over three innings, striking out two and walking three.

Groton Legion Post 39 collected nine hits in the game. Flihs and Larson each collected two hits for Groton Legion Post 39. Larson drove the middle of the lineup, leading Groton Legion Post 39 with three runs batted in. They went 2-for-4 on the day. Cole Simon paced Groton Legion Post 39 with two walks. Overall, the team had patience at the plate, collecting six walks for the game. Ryan Groeblichhoff, Simon, and Colby Dunker each stole multiple bases for Groton Legion Post 39. Groton Legion Post 39 stole seven bases in the game. Groton Legion Post 39 turned one double play in the game.

FH Hitmen Legion amassed 11 hits in the game. Stephenson set the tone at the top of the lineup, leading FH Hitmen Legion with three hits in four at bats. Alex Sorensen led FH Hitmen Legion with four runs batted in. They went 2-for-3 on the day. Cotton and Kopecky each collected multiple hits for FH Hitmen Legion. Stephenson stole two bases. FH Hitmen Legion stole five bases in the game.

## Second-Inning Burst Enough To Lead Aberdeen Past Groton Locke Electric

Aberdeen scored 13 runs in the second inning, which helped them defeat Groton Locke Electric 21-0 on Thursday.

Aberdeen got on the board in the bottom of the first inning after Jackson Cogley induced Spencer Sealbach to hit into a fielder's choice, **Continues on next page**

## Continued from previous page

but one run scored, Tyler Oliver doubled, scoring one run, Ryan Ellingson drew a walk, scoring one run, Chad Ellingson drew a walk, scoring one run, Brandon Kisler was struck by a pitch, driving in a run, and Micheal Babcock doubled, scoring three runs.

Aberdeen scored 13 runs on eight hits in the bottom of the second inning. Oliver doubled, scoring one run, Kelly Coates singled, scoring one run, Ellingson was struck by a pitch, driving in a run, Kisler singled, scoring one run, Babcock singled, scoring one run, Niko Pezorelle was struck by a pitch, driving in a run, Sealbach singled, scoring one run, Oliver drew a walk, scoring one run, Coates singled, scoring one run, Jesse Babcock drew a walk, scoring one run, Ellingson singled, scoring one run, Kisler grounded out, scoring one run, and Babcock doubled, scoring one run.

Cogley stepped on the bump first for Groton Locke Electric. The righty allowed five hits and 13 runs over one inning, striking out none and walking five. Ellingson stepped on the hill first for Aberdeen. They surrendered one hit and zero runs over three innings, striking out six and walking none.

Ryan Groenlinghoff led Groton Locke Electric with one hit in one at bat. Groton Locke Electric turned one double play in the game. Groton Locke Electric didn't commit a single error in the field. Colin Frey had the most chances in the field with three.

Aberdeen collected 13 hits in the game. Babcock led Aberdeen with four hits in four at bats. Oliver, Coates, and Sealbach each collected multiple hits for Aberdeen. Ellingson paced Aberdeen with two walks. Overall, the team had patience at the plate, piling up seven walks for the game. Aberdeen were sure-handed in the field and didn't commit a single error. Coates had the most chances in the field with nine.

## Groton Post 39 Jr. Legion Beat Redfield

Groton Post 39 Jr. Legion were triumphant over Redfield Clay Kiser Jr. Legion 17U 8-6 on Monday in regional action being played in Northville.

Redfield Clay Kiser Jr. Legion 17U got on the board in the first inning after Micah Zastrow doubled, scoring two runs.

Groton Post 39 Jr. Legion made the score 4-2 in the bottom of the second after Gavin Englund doubled, scoring one run, Jarrett Erdmann drew a walk, scoring one run, and two runs scored on another play.

Groton Post 39 Jr. Legion committed an error, which helped Redfield Clay Kiser Jr. Legion 17U tie the game at four in the top of the fifth.

Groton Post 39 Jr. Legion took the lead in the bottom of the fifth inning after Caden Mcinerney singled, Brevin Flihs walked, Braxton Imrie walked, and Teylor Diegel was struck by a pitch, each scoring one run.

Englund earned the win for Groton Post 39 Jr. Legion. The right-handed pitcher gave up three hits and four runs (one earned) over five innings, striking out four and walking five. Hunter Binger took the loss for Redfield Clay Kiser Jr. Legion 17U. They went four and one-third innings, allowing eight runs on seven hits, striking out none and walking six. Mcinerney pitched one inning of scoreless ball for Groton Post 39 Jr. Legion in relief. The reliever gave up one hit, striking out none and walking one.

Flihs, Nicholas Morris, Diegel, Englund, Imrie, Mcinerney, and Lincoln Krouse each collected one hit for Groton Post 39 Jr. Legion. Flihs, Diegel, Englund, Imrie, and Mcinerney each drove in one run for Groton Post 39 Jr. Legion. Morris led Groton Post 39 Jr. Legion with two walks. Overall, the team had a strong eye at the plate, tallying seven walks for the game. Morris and Imrie each stole multiple bases for Groton Post 39 Jr. Legion. Groton Post 39 Jr. Legion ran wild on the base paths, amassing six stolen bases for the game. Groton Post 39 Jr. Legion turned one double play in the game.

Zastrow and Eli Morrissette each collected two hits for Redfield Clay Kiser Jr. Legion 17U. Zastrow drove the middle of the lineup, leading Redfield Clay Kiser Jr. Legion 17U with three runs batted in. The infielder went 2-for-3 on the day. Kellan Hurd led Redfield Clay Kiser Jr. Legion 17U with three walks. Overall, the team had a strong eye at the plate, piling up six walks for the game. Kevin Weller stole two bases.

## Braxton Imrie's Clutch Hitting Propels Groton Post 39 Jr. Legion To Victory Over Sisseton Post 50

Braxton Imrie drove in four runs on three hits to lead Groton Post 39 Jr. Legion past Sisseton Post 50 21-2 on Monday in regional action in Northville. Imrie doubled in the fourth inning, scoring three runs, and singled in the first inning, scoring one.

Sisseton Post 50 got on the board in the first inning after Hayden Hellwig singled, scoring one run.

Groton Post 39 Jr. Legion took the lead in the bottom of the first inning after Imrie singled, Korbin Kucker doubled, Teylor Diegel singled, and Gavin Englund doubled, each scoring one run.

Groton Post 39 Jr. Legion scored five runs on five hits in the bottom of the second inning. Diegel singled, scoring one run, an error scored one run, Nicholas Morris singled, scoring two runs, and Jarrett Erdmann singled, scoring one run.

Groton Post 39 Jr. Legion extended their early lead with four runs in the bottom of the third thanks to RBI doubles by Morris and Brevin Flihs.

Groton Post 39 Jr. Legion scored eight runs on four hits in the bottom of the fourth inning. An error scored two runs, Nick Groeblichhoff drew a walk, scoring one run, Flihs drew a walk, scoring one run, Imrie doubled, scoring three runs, and Diegel singled, scoring one run.

Imrie earned the win for Groton Post 39 Jr. Legion. The right-handed pitcher allowed five hits and two runs (one earned) over five innings, striking out five and walking five. LJ Crooks took the loss for Sisseton Post 50. The starting pitcher went three and one-third innings, giving up 18 runs (12 earned) on 15 hits, striking out two and walking four.

Groton Post 39 Jr. Legion tallied 17 hits in the game. Diegel went 4-for-5 at the plate to lead Groton Post 39 Jr. Legion in hits. Kucker, Morris, Flihs, and Carter Simon each collected multiple hits for Groton Post 39 Jr. Legion. Groton Post 39 Jr. Legion had a strong eye at the plate, piling up six walks for the game. Karsten Flihs and Flihs led the team with two free passes each. Imrie stole two bases. Groton Post 39 Jr. Legion turned one double play in the game. Groton Post 39 Jr. Legion didn't commit a single error in the field. Flihs had the most chances in the field with five.

Owen Ceroll, Max Dahlen, Bradley Hansen, Hellwig, and Carter Stickland each collected one hit for Sisseton Post 50. Hellwig went 1-for-2 at the plate as they led the team with one run batted in. Sisseton Post 50 turned one double play in the game.

## Groton Jr. Legion qualifies for state

In a round-robin style playoffs, the top two teams from the region will advance to the state tournament. Groton's two earlier wins was enough to send the local team to state, despite dropping a 13-3 game Tuesday night to Warner-Ipswich-Northwestern.

Warner-Ipswich-Northwestern Jr Legion got on the board in the bottom of the first inning after Drew Bakeburg singled, Tristan Gosch walked, and Alec Mikkelson walked, each scoring one run.

A walk by Bakeburg extended the Warner-Ipswich-Northwestern Jr Legion lead to 4-1 in the bottom of the second inning.

Warner-Ipswich-Northwestern Jr Legion scored five runs on three hits in the bottom of the third inning. Korbin Kucker induced Mik-

kelson to hit into a fielder's choice, but one run scored, Logan Fischbach drew a walk, scoring one run, Chase Mansfield was struck by a pitch, driving in a run, and Jarrett Erdmann induced Bakeburg to hit into a fielder's choice, but one run scored.

Bakeburg earned the win for Warner-Ipswich-Northwestern Jr Legion. They gave up four hits and three runs (one earned) over five innings, striking out four and walking one. Kucker took the loss for Groton Post 39 Jr. Legion. The right-handed pitcher went two and one-third innings, giving up nine runs (eight earned) on six hits, striking out three and walking seven.

Brevin Flihs set the tone at the top of the lineup, leading Groton Post 39 Jr. Legion with two hits in three at bats. Kucker led Groton Post 39 Jr. Legion with one run batted in. The number three hitter went 1-for-2 on the day.

Mikkelson seized on their opportunities, leading Warner-Ipswich-Northwestern Jr Legion with three runs batted in from the number eight spot in the lineup. Xavier Kadlec and Gosch each collected two hits for Warner-Ipswich-Northwestern Jr Legion. Warner-Ipswich-Northwestern Jr Legion had a strong eye at the plate, accumulating 14 walks for the game. Gavin Lane and Mikkelson led the team with three walks each. Kadlec stole two bases.

## Groton Locke Electric Falls To Miller Outlaws

Groton Locke Electric fell to Outlaws 5-3 on Tuesday in district competition being played in Groton.

A triple by Layne Cotton put Outlaws on the board in the top of the second.

Gunnar Brueggeman earned the win for Outlaws. The starting pitcher gave up three hits and one run over six and one-third innings, striking out three and walking four. Ryan Groenlinghoff took the loss for Groton Locke Electric. The starting pitcher went six innings, allowing four runs on six hits, striking out four and walking seven.

Brian Hansen drove the middle of the lineup, leading Groton Locke Electric with two runs batted in. They went 2-for-4 on the day. Groton Locke Electric turned one double play in the game.

Cotton led Outlaws with two hits in five at bats. Rafael Clemente paced Outlaws with three walks. Overall, the team had patience at the plate, collecting seven walks for the game.

## Brown County 4-H Fashion Revue Results

The 2023 Brown County 4-H Fashion Revue was held Tuesday July 11. The event was held at

the Brown County 4-H Office. There was one participant this year.

Karelyn Farrand of Aberdeen was the judge. Models are judged on the following criteria: the fit of the garment, the accessories, the individual's modeling ability, the construction of the garment; and the garments cost and care. Each model was given a ribbon placing. All participants are invited to represent Brown County at the South Dakota State Fair as well as during 4-H Night at the Brown County Fair on Thursday, August 17, under the Ken's tent starting at 6:00 pm.

RESULTS:

Senior:

Purple Ribbon: Ashlynn Warrington



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605-225-3078 ~ 1-800-658-3463

# Groton Locke Electric Falls To Northville

Groton Locke Electric fell to Northville 9-5 on Monday.

Groton Locke Electric jumped out to the lead in the top of the second inning after Wyatt Locke doubled, scoring two runs, and Ryan Groenlinghoff singled, scoring one run.

Northville jumped back into the lead in the bottom of the fourth inning after Remly singled, Maxfield singled, and Groton Locke Electric committed an error, each scoring one run.

Groton Locke Electric tied the game in the top of the fifth thanks to a sacrifice fly by Brian Hansen, and a single by Dalton Locke.

Northville took the lead, 9-5, in the bottom of the eighth thanks to singles by Maxfield, M Waltman, and Fischbach.

Maxfield earned the win for Northville. The reliever allowed one hit and zero runs over three innings, striking out two and walking none. Alex Morris took the loss for Groton Locke Electric. The right-handed pitcher went eight innings, surrendering nine runs (seven earned) on 17 hits, striking out nine and walking two. Weber led things off on the mound for Northville. They allowed eight hits and five runs over six innings, striking out three and walking one.

Groton Locke Electric tallied nine hits in the game. Locke, Dylan Frey, and Locke each collected two hits for Groton Locke Electric. Locke seized on their opportunities, leading Groton Locke Electric with two runs batted in from the number eight spot in the lineup. They went

2-for-4 on the day.

Northville piled up 17 hits in the game. Fischbach went 4-for-5 at the plate to lead Northville in hits. Maxfield, Heyne, and Waltman each drove in two runs for Northville. Josh and Fischbach each collected multiple hits for Northville. Simes stole two bases. Northville turned one double play in the game.

## In Walk-Off, Groton Legion Post 39 Lose To Redfield Post 92

A walk-off left Groton Legion Post 39 on the wrong end of an 11-10 defeat to Redfield Post 92, Clay Kiser on Tuesday. The game was tied at 10 in the bottom of the seventh when Brevin Flihs induced Kellan Hurd to hit into a fielder's choice, but one run scored.

Despite the loss, Groton Legion Post 39 did collect 11 hits in the high-scoring affair. Unfortunately, Redfield Post 92, Clay Kiser had nine hits on the way to victory.

Groton Legion Post 39 were the first to get on the board in the first when an error scored one run.

A double by Bradin Althoff, and a single by Dillon Abeln helped Groton Legion Post 39 extend their early lead in the third.

Redfield Post 92, Clay Kiser jumped into the lead in the bottom of the fifth when an error scored one run, an error scored two runs, and Seth Siebrecht hit a sacrifice fly, scoring one run.

Groton Legion Post 39 took the lead, 10-7, in the top of the seventh thanks to singles by

Althoff, and Colby Dunker.

Redfield Post 92, Clay Kiser took the lead in the bottom of the seventh inning after Groton Legion Post 39 committed an error, Groton Legion Post 39 committed an error, Groton Legion Post 39 committed an error, and Hurd hit into a fielder's choice, each scoring one run.

Peyton Osborn earned the win for Redfield Post 92, Clay Kiser. The reliever gave up five hits and four runs over one and one-third innings, striking out two and walking two. Ryan Groeblichhoff stepped on the mound first for Groton Legion Post 39. The starting pitcher allowed eight hits and eight runs (one earned) over six innings, striking out four and walking one. Nolan Gall started on the mound for Redfield Post 92, Clay Kiser. The righty gave up four hits and five runs (three earned) over five innings, striking out six and walking six.

Groton Legion Post 39 tallied 11 hits in the game. Althoff led Groton Legion Post 39 with three hits in five at bats. Flihs and Abeln each collected multiple hits for Groton Legion Post 39. Tate Larson paced Groton Legion Post 39 with four walks. Overall, the team had patience at the plate, collecting nine walks for the game.

Redfield Post 92, Clay Kiser piled up nine hits in the game. Gall and Owen Osborn each collected two hits for Redfield Post 92, Clay Kiser. Erik Salmen led Redfield Post 92, Clay Kiser with four runs batted in. The right-handed hitter went 1-for-4 on the day. Gall stole two bases. Redfield Post 92, Clay Kiser ran wild on the base paths, piling up six stolen bases for the game.

## Part Two: Getting the Most Out of Your Healthcare

• After your visit: Your physician may order blood work, x-rays or a scan of your body. If the concern is acute or potentially a threat to your immediate health, you may be asked to wait for your results in the clinic. Normally, patients may leave and await their results from home. If the physician has requested a follow-up appointment, please schedule prior to your departure. We highly encourage this step as the schedules fill up very quickly.

• Results: Nowadays, many health institutions offer an application for your phone or computer to track your information at the touch of a button. While this is incredibly convenient, it can also create anxiety. If an abnormal result occurs, please wait patiently to hear from the clinic. We are performing many tasks and seeing patients during the day. It may take time to hear from us. Depending on your preference, you will receive either a phone call or message from the doctor or nurse on your results along with what to do with the information. More serious results will likely come from the doctor themselves. The majority of the results and information will be relayed to you from the nursing staff.

• Messages/questions: With these new apps, many patients have the option to message their physician with questions/concerns. The questions go to a pool being covered by a litany of clinic staff. They will use their knowledge to help with the concern/question. When necessary, the staff will forward it to the physician. Depending on the institution, we may have 24-72 hours to respond. If your question involves symptoms like chest pain or shortness of breath - DO NOT MESSAGE. Please call the clinic to speak with a nurse, call 911 or proceed to the Emergency Room.

• Medication refills: There's nothing more frustrating than going to the pharmacy and find there are no refills available on medications. Most healthcare systems likely have a timeframe set for when medications are required to be sent, the average is about 24-48 hours. That being said, please watch your medication supply carefully. When you have about 5-7 days left, call your pharmacy and request a refill, send a request via your application or call the clinic. Please plan accordingly around vacations/travel and holidays. If available, sign up for your pharmacy's notification system for your convenience. This will ensure timely refills so you do not go without your medications or make unnecessary trips to the pharmacy.

In closing, the healthcare system is a very busy entity providing care to thousands of patients simultaneously through various avenues. I'm hoping this essay can give patients some insight and assistance on how to navigate the systems and get the most seamless care.



Based on Science, Built on Trust



Samantha Darnall-Werlinger, MD

**Ken's SUPER FAIR FOODS**  
FOOD FAIR & EXPRESS

**Gigantic Indoor Truckload Produce Sale**  
ALL STORES ALL WEEK LONG  
Prices good July 23-July 29th

<b>New Crop California Red, Green or Black Grapes</b> Per Lb. <b>\$1.99</b>	<b>Seedless Whole Watermelon</b> Sale Price \$4.99 - \$1.00 Digital Coupon Net Price Each <b>\$3.99</b>
<b>Sweet Jumbo Cantaloupe</b> Each <b>\$2.39</b>	<b>Red-Ripe Strawberries</b> 16 Oz. Carton <b>\$2.99</b>
<b>Washington Cherries</b> Per Lb. <b>\$1.99</b>	<b>California Summertime Peaches</b> Per Lb. <b>\$2.99</b>
<b>Always Save Granulated Sugar</b> 4 Lb. Bag <b>\$3.29</b>	<b>Prego Pasta Sauce</b> 23-24 Oz. Jars Sale Price 2/\$3.50 -50¢ Digital Coupon Net Price <b>2/\$3.50</b>

Flavor of the Week  
Health Toffee \$3.49-\$4.49

Stonewall Dessert Sauces \$2.00 OFF

**APP DEAL OF THE WEEK**

**Bolthouse Baby Carrots FREE**  
1 Lb. Pkg. W/ \$10 PURCHASE & KEN'S APP  
Requires \$10 additional purchase and use of Ken's App

**Meat**  
USDA Choice Demkota Boneless New York Strip Steak 12 Oz.  
**\$11.99** Each

**Meat**  
Ken's Fresh 85% Lean Ground Beef 10# Tubes  
**\$4.39** Per Lb. **SAVE 40¢ Per Lb.**

**Dairy**  
Prairie Farms Grade AA Butter  
**\$3.88** 1 Lb. Qtrs.

**Frozen**  
Brew Pub Lotzza Motzza Pizza  
**\$6.99** 22.7-28.25 Oz. Pkg.

**Liquor**  
High Noon Variety Pack 8 Pk.  
**\$17.99** 375 ML.

**Household**  
Lysol Wipes  
**\$4.99** 75-80 Ct. Tub

**Bakery**  
Ken's Bakery Fresh White Bread  
**\$2.99** 1 Lb. Loaf

**Deli**  
Heat & Serve Panera Bread Mac & Cheese  
**\$6.99** 16 Oz. Ctn.

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Dr. Samantha Darnall-Werlinger is a family medicine physician with a special interest in obstetrics. Dr. Darnall-Werlinger practices at the Sanford Health Watertown Clinic in Watertown, SD. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show based on science, built on trust for 21 seasons, broadcast on SDPB and streaming live on Facebook most Thursdays at 7 p.m. central.