



Kurtz, Fliehs named GHS Royalty

Kaden Kurtz, son of Ryan and Diane Kurtz, and Megan Fliehs, daughter of Jarod and Kristie Fliehs, were chosen as the 2021 GHS Homecoming king and queen. Pictured in the back are candidates Jackson Cogley, son of Steve Cogley and Michelle Cogley; Pierce Kettering, son of Kevin and Kara Pharis and Scott Kettering; Jordan Bjerke, son of Jerry and Kathy Bjerke; Seth Johnson, son of Greg and Mary Johnson; Madisen Bjerke, daughter of Jerry and Kathy Bjerke; Madeline Fliehs, daughter of Jeff and Bridget Fliehs; Emilie Thurston, daughter of Todd Thurston and Debbie Thurston; and Trista Keith, daughter of Bary and Tricia Keith. Carrying up the scrolls were Jacob Morehouse and Hailey Erickson. (Photo by Paul Kosel)



White wash washed out

This is what Main Street looked like Monday morning, but with the rain that fell Sunday night, it has all disappeared. The senior class painted Main Street Sunday evening. The photo is a panoramic shot and that's why there is a curve in the street. More photos on Page 4. (Photo by Paul Kosel)

Weekly Vikings Roundup

By Jack & Duane Kolsrud

Fans were back in the stands in full force as the Vikings traveled to Cincinnati to visit the Bengals. It was Mike Zimmer's first time in Cincinnati since being the Bengals' defensive coordinator, but this was not the outcome that Zimmer was looking for as the Vikings fall to the Bengals, 27-24.

First Half:

The first half felt like two teams that hadn't played a game in eight months. The Vikings offense committed 11 penalties, starting the game with four penalties on the very first drive. Both teams traded three punts each, and the first quarter ended at 0-0.

The game started to heat up as the Vikings scored the first touchdown on a nice 90-yard drive, culminating with a 5-yard toss to Adam Theilen. Not to be outdone, second-year quarterback Joe Burrow, coming off an injury late last season, drove the Bengals 49 yards for a short 2-yard touchdown to his wide receiver Tee Higgins. Burrow later followed that up with a 50-yard bomb to rookie Ja'Marr Chase to end the half. Bengals lead 14-7.

Second Half:

The Bengals began the second half firing on all cylinders. Burrow led his team on an 11 play, 75-yard drive to put the Bengals up 21-7. After another Vikings punt, the Bengals attempted to put the Vikings away by going for it on 4th down from their own 30-yard line. However, the Vikings defense stepped up and stopped Joe Mixon short of the 1st down marker, thus giving the Vikings the ball with great field position. Needing to score a touchdown to stay in the game, the Vikings decided to go for it on 4th down. With the Bengals defense playing the run, Cousins was able to

hit Theilen on a short slant and touchdown from 24-yards out. The Bengals countered with a 53-yard field goal, making it the score 24-14 going into the 4th quarter.

The Vikings' offense was now starting to click. After starting at their own 30, Cousins hits Justin Jefferson over the middle. Jefferson appeared to score, but the referee called him just short at the 1-yard line. Coach Zimmer quickly threw the red challenge flag, however the call on the field stood and the Vikings ended up burning a timeout. Nonetheless, Dalvin Cook was able to punch it in on first down from the 1, cutting the Bengals' lead to 24-21. After trading punts, the Vikings got the ball back with 1:48 left and no timeouts. They went nine plays and tied the game on a 53-yard field goal from Greg Joseph as time expired.

Overtime:

After the Vikings lost the coin toss, the Bengals got the ball to start overtime. However, they couldn't put much together on their first possession. In turn, the Vikings, on their first possession, punted the ball back to the Bengals deep in Bengal territory. After forcing a three and out, the Vikings then used four plays to get within field goal range. On their fifth play of the drive, Dalvin Cook fumbled on a controversial call, giving the Bengals the ball back. Despite it appearing that Cook's butt was down before he lost control of the ball, the call on the field stood. The Bengals, playing for the win and not the tie, decided to go for it on fourth down from the 50-yard line. With the help of play-action, Burrow was able to throw a beautiful pass over the top to his wide-open tight end, which ultimately put them in field goal range. As the overtime clock expired, the Bengals hit a 33-yard field goal to give the Vikings their first loss of the season.

Statistical leaders:

Kirk Cousins 36 for 49, 351 yards, 2 TDs
Adam Theilen 9 for 92 yards receiving, 2 TDs
Dalvin Cook 20 for 62 yards rushing, 6 for 43 yards receiving, 1 TD

The highlight of the day: It appears the Vikings pass rush has returned as they sacked Joe Burrow five times, with newcomer Michael Pierce tallying two sacks. The Vikings only recorded 23 sacks total last season.

The irony of the Day: Despite having 17 total penalties for the game, the Vikings had zero penalties on their three touchdown drives.

Next game: The Vikings travel to Arizona next week to play the Cardinals, who just went into Tennessee and beat the Titans 38-13. The Vikings will have to contend with speedy and elusive QB Kyler Murray, who threw for four touchdowns and ran for another. Starting on the road with back-to-back games is tough, and these first two for the Vikings may determine where they stand for the entire season.

Chuck Padfield chosen as Homecoming Parade Marshal

by Dorene Nelson



Chuck Padfield has been chosen as the 2021 homecoming parade marshal. There are few people who are as widely known in the Groton Area School District as Chuck. He has worn many "hats" to earn this distinction: head cook, bus driver, janitor, and groundskeeper just to name the main ones.

"I was surprised but very pleased when I was asked if I'd be the parade marshal," Padfield admitted. "I retired as the head cook in 2017, but still do some work for the school."

"I started my cooking career at home with my mother by helping her in the kitchen and learning the best ways to cook, plan, and prepare meals," he explained. "My first real cooking job was in 1971 when I was employed by the Country Kitchen (now the Millstone)."

"Following that job, I worked in two businesses in North Dakota before returning to Aberdeen where I worked at the Holiday Inn, the Lumber Company, and St. Luke's Hospital," Padfield listed.

"I worked here in Groton as the head cook for twenty-eight years when I decided to retire," he stated. "That decision was partly due to my wife Mickey's unexpected death in 2016 and to my son Randy's continuing health issues."

"Even though I retired from the kitchen, I did not want to just sit around so I asked if I could continue working as a groundskeeper," Padfield smiled. "I enjoy mowing the football and soccer fields, tending to the weed spraying and upkeep of the two facilities."

"In addition to the groundskeeping for the school, I also assist my son Randy and his family with the concession stand for the baseball games in Groton," he added. "We've done that together for several years."

"I have two sons Randy and Joey who both live in Aberdeen," he said. "Both are married, and I am blessed with one granddaughter."

Three medalists at Redfield Golf Meet

Brevin Flihs placed third place at the Redfield golf meet held Tuesday. He shot a 41 in the front nine and a 39 in the back nine for a total score of 80. Jackson Cogley placed 18th with a 49 and a 50 for a total score of 99. Carter Simon placed 20th with a 52 and a 51 for a total score of 103. Tate Larson was 21st with a 55 and a 49 for a total of 104. Andrew Marzahn was 22nd with a 59 and a 46 for a total score of 105. Cole Simon was 24th with a 50 and a 56 for a total score of 106.

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That's Life

by Tony Bender

You make the time

Time. I don't think Einstein ever addressed this in his Theory of Relativity, but it moves faster the older you get. Then again, so does perspective, and maybe that offsets things.

The Labor Day weekend trip to Den-

ver had been a family tradition for years, but then Dylan flew the coop, then India, and then you find yourself somehow Super Glued to the keyboard. In reality, we can all pull away from our jobs temporarily. Unless your job is milking cows. That's why we'd be better off raising herds of cats. You just open a bag of food and leave the toilet lid up. The downside is they're a bitch to milk. Hard to keep in the corral, too.

Early in life, you regret the things you did. Later, the things you didn't. Still later, you want to relive the things you did with the ones you did them with. So off I went on the Tony Bender Friendship Tour. It started in Frederick, SD, to see a member of Our Gang, Jaybird, at a street dance that was held indoors because of something they called "rain."

I got the hell out of there when Jaybird threatened to drag me out on the dance floor, but before that, we talked, and I wasn't going to bring it up, but she did. "You know what I miss?" she said. I knew. "Gary." He was our cornerstone in Frederick. When we returned, he was always there. I always turned at the entrance that passed by his farm on the edge of town, and if he had a campfire going, I pulled in. It's been two years, now, and I suppose the first thing I'll forever do is drive past his place.

That's what got this all started. For sure, we decided after the funeral, we were going to reconstitute Our Gang. A reunion. But again this summer, we didn't. Hard to believe we made it through high school with that kind of follow-through.

This year, after COVID I, after recovering from the Big C, I got Cabin Fever, a remarkable development for an accomplished recluse. One of them-there breakthrough cases, I guess. My first stop, and my main mission, was to see Bernie in Green River. We'd had brief reconnections over the years. The Funeral. Then I reached out when he got cancer since I'd been down that road.

Wyoming was desert-dry but a spectacular drive.

He claimed to be weak after major surgery, but it's just as well because otherwise the hug mighta killed me. We caught up on family, kids, divorces, and Holy Cow, grandkids! The dude really had gone soft. There was more evidence of that at dinner when the interaction between him and a former student turned into a comedy routine. She clearly adored him.

On the patio, we cracked open a dusty bottle of Jamison I'd picked up in a in a rat-trap off sale in Gillette. Theoretically, it's aged seven years, but judging from the dust, I'm guessing 15 at least. We sipped, sassed, cussed, discussed, laughed, and insulted each other, and gosh, I had so much to say, but it was more fun listening, so I talked less and listened more. He'd taught math and coached 33 years, and I needed to hear about that—the wins, losses, and the state championship.

"You'd have been a good teacher," he said, voicing something I've always thought, but he's the first one who's ever said it. Not math, though.

It was a glorious night. We made it past midnight but in the morning as he was frying up a late breakfast he became concerned at my absence and went down to check on me, half expecting to find me dead. No, but embalmed.

By late afternoon, I was off, winding my way through jutting mountains and jagged cliffs on my way to Denver, a city that welcomes me like and old friend. It's full of them, including my brother Joel and his first grandson, Jaxon. Grandson? Grandson!? Everyone is getting old around me. As long as I had snacks, Jaxon was content on my lap.

It was my last stop after five cities in a week. I crept out before 5 a.m. for the journey home. I still had some writing to do. And yeah, I had to milk the cat.

© Tony Bender, 2021



Linda Gengerke, Debra McKiver, Marge Overacker and Beverly Sombke work on one of the light posts downtown. (Photo by Paul Kosel)

(Photo by Paul Kosel)



Garden Club members give downtown fall colors

The members of the Groton Garden Club spruced up downtown on Tuesday. Those helping with the project are pictured above, in back, left to right: Marge Overacker, Beverly Sombke, Linda Anderson, Pam Rix, Eunice McColister, Jolene Townsend and Pat Larson; in front, left to right, are Linda Gengerke, Debra McKiver, Karen Babcock, Laurie Mitchell and Arlys Kluess. (Photo by Bruce Babcock)

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Seniors Painting Main Street
(Photos by Paul Kosel)





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Brown County Sept. 7, 2021

Meeting Minutes

SEPTEMBER 7, 2021 - GENERAL MEETING

Meeting called to order by Commission Chair Fjeldheim at 8:45 A.M. in the Commission Chambers, Courthouse Annex, Brown County, SD. Present were Commissioners Feickert, Wiese and Kippley. Commissioner Sutton was absent. Commissioner Fjeldheim led the Pledge of Allegiance.

APPROVAL OF AGENDA: Moved by Kippley, seconded by Feickert to approve the agenda. All members present voting aye. Motion carried.

PROVISIONAL BUDGET 2021 - PUBLIC HEARING: Public hearing held as advertised for 2021 provisional budget. Opportunity for public comment was given. No action taken.

MINUTES: Moved by Wiese, seconded by Feickert to approve the general meeting minutes of August 31, 2021. All members present voting aye. Motion carried.

CLAIMS/PAYROLL: Moved by Wiese, seconded by Kippley to approve the following claims and payroll:

PAYROLL #17: Commission \$4,327.95; Auditor \$8,960.57; Treasurer \$13,731.76; SA \$23,725.33; SWAVA \$1,575.00; Maintenance \$8,467.93; Assessor \$13,504.39; Register of Deeds \$9,124.94; VSO \$4,068.65; GIS \$2,411.38; IT \$7,349.27; HR \$3,648.58; Sheriff \$42,909.68; Jail \$48,607.72; Court Security \$4,173.13; JDC \$22,289.87; Welfare \$2,982.62; Museum \$8,310.67; Parks/Fairgrounds \$5,112.76; Fair Board \$3,541.11; 4-H \$1,349.93; Weed \$4,209.85; Planning & Zoning \$3,864.71; Highway \$37,876.15; Dispatch \$32,362.30; Emergency \$4,160.96; Teen Court \$703.97; JDAI \$1,846.25; 24/7 Sobriety \$1,267.25; Landfill \$15,447.32; MATCHING BENEFITS: FICA \$20,686.30; Medicare \$4,837.94.

CLAIMS: Professional Fees: A TO Z WORLD LANGUAGES \$1,221.85; AVERA ST. LUKE'S \$1,061.12; BLACK HILLS LAND & RV RENTALS, LLC \$3,980.00; CARLSEN FUNERAL HOME & CREMATORY \$1,800.00; CHARLEVOIX COUNTY \$30.00; CITY OF ABERDEEN \$5,000.00; DEVNET \$3,445.31; DREW BECKER \$200.00; JAMES KRAMP \$5,359.75; MICROFILM IMAGING SYSTEMS, INC. \$1,700.00; NE MENTAL HEALTH CENTER \$1,118.00; SANFORD CLINIC \$131.92; SCHNEIDER GEOSPATIAL, LLC \$2,475.00; SDAAO - SD ASSOC OF ASSESSING OFFICERS \$400.00; TAS, INC \$3,872.00; TAYLER WOLFF \$650.00; THEATRICAL MEDIA SERVICES INC \$2,725.00; YANKTON COUNTY SHERIFF OFFICE \$150.00 Publishing: ABERDEEN AMERICAN NEWS \$3,048.25; ABERDEEN COMMUNITY CONCERT ASSOCIATION \$100.00; DAKOTA BROADCASTING, LLC \$6,000.00; INGSTAD FAMILY MEDIA \$1,195.00; LEE AGRIMEDIA \$1,300.00; MIDSTATES PRINTING \$2,600.00 Repairs & Maintenance: ABERDEEN CLEAN-ALL, LLC \$185.00; B & B CONTRACTING INC \$1,836.74; CRAWFORD TRUCKS & EQUIPMENT \$157.41; GRAHAM TIRE INC \$81.80; HAAR PLUMBING & HEATING INC \$841.13; HF JACOBS & SON CONSTRUCTION INC \$4,176.36; HOVEN AUTO REPAIR INC \$483.94; HUFF CONSTRUCTION INC. \$4,400.00; JASON'S ELECTRIC INC \$352.85; JEFFREY K. VILHAUER \$1,096.94; KEVIN W. STEIN \$374.93; MARK NELSON \$142.50; PIERSON-FORD-LINCOLN -MERCURY \$728.95

Supplies: ABERDEEN MEDICAL CENTER PHARMACY \$1,539.10; ABERDEEN VENTURES, LLC \$75.00; APH STORES, INC \$204.95; BAKKEN BUILD MAINTENANCE \$500.00; BRENT A FISCHER \$79.75; CHARM-TEX \$1,611.39; CINDY MITCHELL \$24.80; CRAWFORD TRUCKS & EQUIPMENT \$2,620.16; CRES-CENT ELECTRIC SUPPLY CO \$17.65; DACOTAH PRAIRIE MUSEUM \$86.01; DOMINO'S PIZZA INC \$59.72; EAST SIDE JERSEY DAIRY, INC \$1,754.60; FIRE SAFETY FIRST, LLC \$92.50; GRAHAM TIRE INC \$769.75; GREAT WESTERN STATES SUPPLY CO. \$877.33; GREAT WESTERN TIRE INC \$4,542.30; JENSEN ROCK & SAND INC \$76,155.74; KAREN SWANK \$24.00; KESSLERS \$16.47; KIESLER'S POLICE SUPPLY, INC. \$1,182.00; LIEN TRANSPORTATION COMPANY \$58,065.21; MAC'S INC \$42.06; MATTHEW BENDER & CO INC \$132.43; MB LLC \$839.97; MENARDS \$1,017.80; MIDSTATES PRINT-

ING \$2,517.99; NANCY RADKE \$62.71; PARKER KROLL \$714.00; PIERSON-FORD-LINCOLN -MERCURY \$669.92; PITNEY BOWES INC. \$15,000.00; ROMEO ENTERTAINMENT GROUP INC \$4,605.00; RUNNINGS \$534.76; SHERWIN WILLIAMS \$71.36; SUZANNE MOEN \$226.65; WEB WATER BOTTLING COMPANY \$60.00; WESTERN HOTEL SUPPLY/TIDMORE FLAGS \$136.95 Travel & Conference: MARK MILBRANDT \$456.00 Utilities: MIDCONTINENT COMMUNICATIONS \$403.12; NORTHWESTERN ENERGY & COMMUNICATIONS \$20,804.82; TOWN OF FREDERICK \$76.00 Rentals: THREE SEASONS TENT RENTAL INC \$2,950.00. All members present voting aye. Motion carried.

LEASES: Moved by Feickert, seconded by Wiese to approve the following lease agreements: Denise Dutenhoffer for lease of Akkerman Open Horse Arena September 11, 2021; Good Shepard Lutheran Church for lease of Richmond Lake Youth Camp Lodge and Dorms October 10-11, 2021; American Foundation for Suicide Prevention for lease of Clubhouse September 18th, 2021; Relay for Life for lease of Expo Building September 10-11, 2021. All members present voting aye. Motion carried.

RESCUE RIG (FAT TRUCK) - SET HEARING DATE AND AUTHORIZED ADVERTISING:

Moved by Weise, seconded by Feickert to set hearing and authorize advertising bids for rescue rig. Sealed bid will be received in the Chambers of the Brown County Board of Commissioners at the Court House Annex, 25 Market Street Aberdeen SD 57401 until 08:51AM on September 28, 2021. At that time and place all bids will be publicly opened and read and considered by the Brown County Board of Commissioners for furnishing and delivery of ONE (1) INDUSTRIAL AMPHIBIOUS UTV RESCUE RIG F.O.B. Aberdeen, SD 57401 NLT December 1, 2021.

Specifications and notice to bidders are on file in the Brown County Auditor's Office and at the Brown County Emergency Management offices and may be obtained at no charge. All optional equipment prices must be listed separate. Roll Call Vote: Commissioner Feickert - aye, Sutton - absent, Wiese - aye, Kippley - nay, Fjeldheim - aye. Motion carried.

GRANT AGREEMENT-LEMPG: Moved by Kippley, seconded by Wiese to authorize chair sign grant agreement with the South Dakota Office of Emergency Management for 2022 Local Emergency Management Performance Grant (LEMPG). All member present voting aye. Motion carried.

REQUEST TO WAIVE TIPPING FEES: Aberdeen Area Humane Society requested to waive landfill tipping fees for their annual paws sale fundraiser. Exchange of service agreement will be presented at the September 21st commission meeting. No action taken.

EXECUTIVE SESSION: Moved by Feickert, seconded by Wiese to go into executive session to discuss legal per SDCL 1-25-2(3). All members present voting aye. Motion carried. The chair declared executive session closed with no action taken.

ADJOURNMENT: Moved by Feickert, seconded by Wiese to adjourn the Brown County Commission at 9:30 a.m. All members present voting aye. Motion carried.

Cathy McNickle, Brown County Auditor Published once at the total approximate cost of \$72.58. 20397

Brown County Notice to Equipment Dealers

Notice to Equipment Dealers Sealed bid will be received in the Chambers of the Brown County Board of Commissioners at the Court House Annex, 25 Market Street Aberdeen SD 57401 until 08:51AM on September 28, 2021. At that time and place all bids will be publicly opened and read and considered by the Brown County Board of Commissioners for furnishing and delivery of ONE (1) INDUSTRIAL AMPHIBIOUS UTV RESCUE RIG F.O.B. Aberdeen, SD 57401 NLT December 1, 2021.

Envelopes containing bids shall be addressed to the Brown County Auditor, 25 Market Street, Brown County Courthouse, Aberdeen, South Dakota, 57401. The bids are to be clearly marked on the outside of the envelope: "Bid for Rescue Rig" to be opened on

September 28, 2021.

The Brown County Board of Commissioners reserves the right to reject any or all bids and to accept the bid that they deem to be in the best interest of Brown County. Brown County is exempt from all Federal Excise Tax and State Sales Tax. Specifications and notice to bidders are on file in the Brown County Auditor's Office and at the Brown County Emergency Management offices and may be obtained at no charge. All optional equipment prices must be listed separate.

Attest: Cathy McNickle, Brown County Auditor. (0915.0922)

Published twice at the total approximate cost of \$30.56. 20398

Columbia City Sept. 12, 2021 Special Meeting

City of Columbia Council Special Meeting
Sunday - September 12, 2021 11:00 a.m.

Call Meeting to Order/Roll Call- Trevor, Ellen, Corey, Emily, Cara and Cole via phone.

Mayor Corey Mitchell called the meeting to order. Cole Kampa joined the meeting via phone. After review of the proposed 2022 budget, Ellen Harr made a motion to pass the 2nd reading of the 2022 ordinance budget. Trevor Meints seconded the motion. All were in favor - motion carried.

Motion to adjourn the meeting was made by Ellen Harr, seconded by Emily Eichler. All in favor - motion passed. Meeting adjourned.

Next Regular Council Meeting - Wednesday, October 6, 2021 7:00 p.m.

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Columbia City Sept. 1, 2021 Meeting Minutes

City of Columbia Council Meeting - September 1, 2021

CALL MEETING TO ORDER - 7:00 p.m.

ROLL CALL - Cara Dennert, Ellen Harr, Emily Eichler, Cole Kampa, Corey Mitchell, Trevor Meints

Community - Corey Mitchell called the meeting to order. Minutes were passed out from the August 4th meeting. Ellen Harr made a motion to accept the minutes as presented. Trevor Meints seconded the motion. All in favor - motion carried.

Warrant Vouchers: Web Water - 90.85; Northwestern Energy - 452.44; JVT - 125.64; Jeremy Dosch - 419.99; Kelsie Ehresmann - 349.99; Cara Dennert - 823.50; Runnings - 51.02 Kolker Law Office - 450.00

Trevor Meints made a motion to accept vouchers as presented. Ellen Harr seconded the motion. All in favor - motion carried.

COMMUNITY COMMENTS /CORRESPONDENCE - SDML WC Renewal Info letter; email from 2021 SD Risk & Safety Conference; Dept. Ag & Natural Resources

UNFINISHED BUSINESS - There were no changes to the current suspended Columbia Covid19 ordinance. Baseball Field Update - nothing new

Nuisances - Council will be checking to see if improvements have been made on the junked vehicles in town.

Streets - Travis will possibly start grading the streets next week - possibly widening a few roads. There was some communication with lawyer as to how to proceed with the property on the north end of town that is up for sale - so that changes will still be made to be in compliance.

Parks - no report
Lagoon/sewer - Pipe Detectives have been here - they should be done next week.

Rubble Site - Corey was in contact with Jacobs from Northwestern Energy - the project has been approved to get power down to the rubble site (no cost to the city). Regulations will need to be set and posted when the security system is up and running. City residents will be notified.

NEW BUSINESS - Emily purchased and will donate some flower pots to be put around town next summer. There are some trees that need to be trimmed back - Andrew Murray will be notified.

FINANCIAL REPORT - The council reviewed last year's adopted budget. After discussion, the council put together a 2022 budget ordinance. Emily Eichler made a motion to pass the first reading of the ordinance. Ellen Harr seconded the motion. All were in favor - motion carried.

Second reading will be September 12th, 11:00 a.m.. Cara presented bank balances. Trevor Meints made a motion to accept the financial reports as given. Cole Kampa seconded the motion. All were in favor - motion carried.

August 31, 2021 balances: SF - \$180,091.07; GF - \$154,711.83; FIT - \$13,978.76 Cash on hand - \$0

Ellen Harr made a motion to adjourn. Emily Eichler seconded the motion. All were in favor - meeting adjourned.

Next Meeting - September 12, 2021 11:00 a.m. 2nd reading of 2021 budget ordinance

Next Regular City Council Meeting - October 6, 2021 7:00 p.m.

Submitted by Cara Dennert, Finance Officer

Published once at the total approximate cost of \$32.62. 20399

East Hanson Notice to cut weeds

East Hanson Township Owners and tenants of East Hanson Township are hereby notified and required according to law, to cut all weeds in road ditches adjacent to their property or tenanted by them within said township on or before October 1, 2021 or same will be hired done by the township board and \$300 per half mile charged to the abutting property.

By order of the township board.

Betty Schinkel
Township Clerk
(0915.0922)

Published once at the total approximate cost of \$13.52. 20395

Brown County Change in Zoning

NOTICE
Application has been made by Tom Barber/Seth Anderson to the Brown County Board of Commissioners for a change of zoning. Hearing to be held in the Commissioner's Chambers, Courthouse Annex, Brown County, South Dakota on September 21 at 8:46 A.M. for the purpose of rezoning the following property from Chapter 4.06 Agriculture Preservation District (AG-P) to Chapter 4.07 Mini-Ag District (M-AG):

Lots 1 & 2, "Barber's Subdivision of Lot 2 in Barber's Second Subdivision" and Lot 1, "Barber's Second Subdivision" in the SW 1/4 of Section 31-T124N-R64W of the 5th P.M., Brown County, South Dakota (38216 130th St., 38220 130th St. & 38232 130th St.)

The public is invited to attend the hearing and to present comments and testimony regarding the amendment to Second Revision Brown County Ordinances pertaining to rezoning the described property. At the conclusion of the hearing, the Brown County Commission may adopt first reading of Ordinance No. 202.

ATTEST:
Cathy McNickle, Brown County Auditor
(0908.0915)

Published twice at the total approximate cost of \$25.86. 20382

Groton City Sept. 7, 2021 Meeting Minutes

September 7, 2021

The Groton City Council met on the above date at 7:00pm at 120 N Main Street for their first monthly meeting with the following members present: Wells, Blackmun via telephone, Bahr, Babcock, Cutler and Hanlon presiding. Also present were: Attorney Drew Johnson, Jeslyn Kosel and Finance Officer Hope Block.

Public comments were welcomed pursuant to SDCL 1-25-1, but none were received.

The minutes from the previous meeting were approved on a motion by Blackmun and seconded by Babcock. All members voted aye.

Moved by Cutler and seconded by Wells to authorize the following bills for payment. All members voted aye.

Payroll, \$35,394.81, Employee salaries; Executive, \$549.07; Administrative, \$3,819.57; Public Safety, \$8,034.91; Public Works, \$12,238.76; Culture & Recreation, \$10,752.50; Dacotah Bank, \$15,773.57, SS and WH; Dacotah Bank, \$1,041.64, HSA contributions; Dakotaland FCU, \$1,380.00, Employee savings; Aflac, \$309.60, Employee insurance; Colonial Life, \$90.16, Employee insurance; Allied, \$8,892.33, Employee insurance; Employers Mutual, \$85.20, Employee insurance; Guardian

Insurance, \$108.91, Employee insurance; City of Groton, \$62.00, Payroll deduction for baseball concessions charges; SD Retirement, \$8,682.38, Employee retirement; SD Supplemental Retirement, \$430.00, Employee retirement; SD State Treasurer, \$10,997.74, Sales and excise tax; Grand Slam Computers, \$8,275.00, 4 computers, 5 laptops - APRA Grant; Tricia Larson-Schneider, \$299.57, Utility deposit refund; Brody Dehoet, \$15.00, Umpire fees; Badger Meter, \$25.81, Cellular fee; Groton Area Elementary PAC, \$20.00, Spray paint paw prints for City Hall; Associated Supply Co, \$29.77, Chemicals; Metering & Technology Solns, \$874.55, Water meters, wire, screws, endpoints; Krueger Brothers, \$298.20, Gravel for lagoon; Stan Houston, \$39.00, Ear plugs; Dakota Supply Group, \$1,312.45, 6 hole lugs, w/grd sleeve; Amaril, \$1,781.51, Uniforms - Electric Dept; Wesco, \$1,280.00, Underground secondary pedestals; Applied Concepts, \$380.00, Radar unit repair; Arbor Day Foundation, \$15.00, 2022 Dues; NW Energy, \$11.80, Natural Gas; Dakota Fluid Power, \$40.03, Skid loader seal kit; Angerhofer Concrete Products, \$122.50, Pool brick engraving; DANR, \$600.00, Drinking water annual fee; Groton Independent, \$158.44, Publishing; Runnings, \$95.69, Knife blades, driver bit set; DGR Engineering, \$1,611.00, Midco fiber review; Credit Collection Bureau, \$226.03, Fee for collections service; Pauer Sound, \$14.08, Field scoreboard cables; Tessa Erdmann, \$130.00, Certification reimbursement; Emma Schinkel, \$197.00, Certification reimbursement; Carly Guthmiller, \$197.00, Certification reimbursement; Aspen Johnson, \$250.00, Certification reimbursement; Lydia Meier, \$197.00, Certification reimbursement; Heather Traphagen, \$250.00, Certification reimbursement; Service Signs, \$2,342.00, City Hall sign; Eide Bailly, \$9,825.66, Final billing for audit 2018 & 2019; A&B Business, \$325.27, Copier rent; Drew Johnson, \$1,000.00, Legal fees 8/21; Western Area Power, \$20,062.20, Power 8/21; Geffdog, \$738.00, Vehicle magnets; Nelson Sales and Service, \$36.83, Rewind starter; CDW, \$5,450.88, Ipads, covers - APRA Grant; Cole Papers, \$86.89, Paper towels; S&S Lumber, \$7,418.63, Roofing at ballfield; Blocker Construction, \$3,128.53, Roofing at ballfield; ;

Department reports were reviewed.

Moved by Babcock and seconded by Cutler to approve white washing streets for homecoming. All members voted aye.

Moved by Bahr and seconded by Cutler to approve the first reading of Ordinance #750 Water Rates. All members voted aye.

Moved by Bahr and seconded by Cutler to approved the first reading of Ordinance #751 Amending Zoning Ordinances to Regulate Medicinal Cannabis. All members voted aye.

The Groton Wage Memorial Library Internet Safety Policy was approved on a motion by Babcock and seconded by Wells. All members voted aye.

Resolution 20213 was approved on a motion by Cutler and seconded by Blackmun. All members voted aye.

RESOLUTION NO. 20213 WHEREAS, a lease agreement has been filed with the city

finance officer of the City of Groton and was presented to the city council on the 18th day of August, 2021 asking that the city airport property be leased to Grant Rix, DBA Rix Farms, Inc., with this legal description: That portion of the Southwest Quarter (SW1/4) of Section 19, Township 124, Range 60, Brown County, South Dakota being 95 acres more or less known as the Groton City Airport land, excluding all of the building site and landing strip with buffer zone (as described by the SD State Office of Aeronautics - no farming will be allowed directly north or south of runway for approach or along the sides of the runway) located thereon. WHEREAS, the city council held a hearing on the above resolution on the 7th day of September, 2021, at City Hall in Groton, South Dakota, at the time and place for said hearing on the petition, after having the Notice of Hearing published once in the legal newspaper for the City of Groton on 18th the day of August, 2021. NOW, THEREFORE BE IT RESOLVED by unanimous vote of the city council of the City of Groton, Brown County, South Dakota, that the above foregoing resolution describing the above foregoing city property be hereby leased to Grant Rix, DBA Rix Farms, Inc.

Moved by Blackmun and seconded by Bahr to surplus the safe deposit boxes at City Hall and accept sealed bids for those items. All members voted aye.

Moved by Bahr and seconded by Cutler to adjourn into executive session for personnel and legal items 1- 25-2 (1) & (3) at 7:34pm. All members voted aye. Council reconvened into regular session at 8:02pm.

Moved by Wells and seconded by Cutler to adjourn the meeting at 8:03 pm. All members voted aye.

Scott Hanlon, Mayor
Hope Block, Finance Officer
Published once at the total approximate cost of \$60.24. (20400)

Groton City Safe Deposit Boxes Surplussed

INVITATION TO BID
NOTICE IS HEREBY GIVEN

THAT The Groton City Council of the City of Groton, South Dakota, will open sealed bids for safe deposit boxes on October 5, 2021 at 7:00pm (local time) at the City Hall, 120 N Main Street, Groton, SD. Received sealed bids will be opened and read aloud.

Bids are invited for safe deposit boxes that can be viewed at City Hall, 120 N Main Street, Groton, SD Monday through Friday from 8am-5pm or by calling 605-397-8422 to make an appointment. Questions or requests for further information should be directed to the City Finance Office, PO Box 587, Groton, SD 57445.

The City reserves the right to refuse any or all bids, to waive any informalities in the bidding and to award the contract in the best interests of the City of Groton, SD.

September 15, 2021
Hope Block,
Finance Officer
(0915.0922)

Published twice at the total approximate cost of \$21.74. (20401)

Columbia City 2022 Appropriation Ordinance

ORDINANCE NO. 2021-01
2022 CITY OF COLUMBIA APPROPRIATION ORDINANCE

Be it ordained by the Municipality of Columbia that the following sums are appropriated to meet the obligations of the municipality.

411.1 Mayor and Council:	12,000.00
411.5 Contingency	5,000.00
414.2 Finance Officer	13,900.00
414.1 Attorney:	4,000.00
419.2 General Government Buildings:	25,000.00
431 Highways and Streets:	25,000.00
441.3 West Nile	3,000.00
452 Parks	3,000.00
470 Debt Service:	13,608.00
TOTAL EXPENDITURES	104,508.00

MEANS OF FINANCE:

310.0 Taxes	110,400.00
320.0 License and Permits	300.00
330.0 Intergovernmental Revenue:	3,000.00
360.0 Miscellaneous Revenue:	800.00
TOTAL MEANS OF FINANCE:	114,500.00
PROPRIETARY FUNDS:	
Beginning Unrestricted Cash:	178,100.00
Estimated Revenue:	20,000.00
TOTAL AVAILABLE	198,100.00
Less Appropriations (Expenses)	-13,000.00
ESTIMATED SURPLUS	185,100.00
Transfers - In (Out)	0.00
ESTIMATED SURPLUS RETAINED	185,100.00

The auditor/finance officer is directed to certify the following dollar amount of tax levies made in this ordinance to the County Auditor. \$60,000.00

(Signed and Dated by Mayor or President of the City Council)
(Signed and Dated by the Finance Officer)

Published once at the total approximate cost of \$32.84. 20396

Groton Area stuns Deuel



Christian Ehresmann intercepted the ball to set up Groton Area's first touchdown. (Photo lifted from GDILIVE.COM)

The fourth quarter was laced with big defensive plays that created a climatic finish and a 20-14 Groton area win over Deuel.

The game was played in Clear Lake and was broadcast live on GDILIVE.COM, sponsored by Allied Climate Professionals with Kevin Nehls, Bary Keith at Harr Motors, Milbrandt Enterprises Inc., BK Custom Ts & More, the John Sieh Agency, Doug Abeln Seed Company and touchdown sponsor Bahr Spray Foam.

Deuel's second possession was intercepted by Christian Ehresmann setting up the Tigers on the Deuel 17 yard line. Two plays later Kaden Kurtz connected with Favian Sanchez in the corner of the end zone for a 16 yard touchdown with 3:02 left in the first quarter. Jackson Cogley kicked the PAT and Groton Area took a 7-0 lead.

Deuel would counter with 8:21 left in the first half when Owen Quail would score from three yards out. Quail would run in the extra points and the Cardinals would take an 8-7 lead.

2012 loss. Deuel would kick off to start the second half and the Tigers would start from their own 30 yard line. Groton Area would consume nearly five minutes off the clock. Groton Area went for a first down on fourth and seven when Kaden Kurtz would connect with Andrew Marzahn to get a first down. On the next play, Kaden Kurtz would score with 7:17 left in the third quarter. The two-point conversion failed and Groton Area took a 13-8 lead.

Deuel would start from its own 34 yard line, but would get three first downs in three plays to get down to the Tiger 22 yard. Two plays later Ty Lorre would catch a 17 yard touchdown throw from Trey Maaland. The two-point conversion was incomplete, but Deuel took a 14-13 lead with 4:07 left in the third quarter.

Groton would march down the field with a golden scoring opportunity at the three-yard line; however, the pass was intercepted in the end zone and the Tiger threat was stopped early in the fourth quarter.

Deuel tried to march to the other end, but on fourth and one at their own 45 yard line, their attempt to gain a first down was short by an inch after a measurement.

Groton Area would take over at the Deuel 45 yard line with 6:30 left in the game. Five plays and two first downs later, Kaden Kurtz would connect with Jackson Cogley for a 24 yard pass play and the Tigers would recapture the lead. Cogley would kick the PAT and Groton would take a 20-14 lead with 4:53 left in the game.

Now Deuel was going to use its passing arsenal to try and tie the game. The Cardinals would start at their own 29 yard line, but on fourth and 10 still at their own 29 yard line, Deuel would go for it and the attempt failed. Groton Area would take over at the Deuel 35 yard line with 4:29 left in the game.

But after being second and 20, the Tigers would end up punting pushing Deuel back to its own 15 yard line with 2:35 to go in the game.

On third and 10 from their own 27 yard line, the Cardinals would have a big 53 yard pass play to get down to the Groton Area 20 yard line with 1:20 left in the game. On third 10 from the 20, Andrew Marzahn would intercept the ball; however a penalty negated the play and the Cardinals were still in contention. The penalty gave the Cardinals an automatic first

down. It was now first and goal from the 10 for Deuel with a minute left in the game.

On fourth and goal from the 10 yard line with 47 seconds left in the game, Favian Sanchez would intercept the ball and the Tigers would reclaim the ball with 36 seconds left in the game. Groton Area would take a knee and that would end the game.

The stats would reflect how evenly matched the teams were with both teams having 15 first downs, Deuel had more yards rushing, 107-95, and more yards passing, 152-144.

This was the 24th time that these two teams have met, according to stat guy Tom Woods. Groton Area has the upper hand, winning 14 while Deuel has won 10 times.

Groton Area is now 3-1 on the season and will host Moberidge-Pollock in a homecoming game. Deuel suffered its first loss, now at 2-1, and will host Dakota Hills.

First Downs: Groton: 24-95 (Andrew Marzahn 6-40, Kaden Kurtz 13-39, Pierce Kettering 2-13, Favian Sanchez 3-3). Deuel: 27-107 (Trey Maaland 10-39, Carver Northern 9-39, Owen Quail 8-29-1TD).

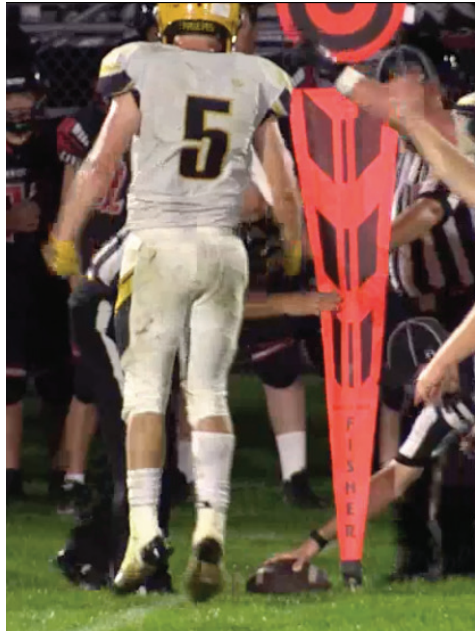
Passing: Groton: Kaden Kurtz completed 14 of 22 passes for 144 yards, two touchdowns and one interception. Receivers: Andrew Marzahn 5-40, Jackson Cogley 3-39, Jordan Bjerke 2-30, Favian Sanchez 2-22, Ethan Gengerke 2-15. Deuel: Trey Maaland completed 10 of 26 passes for 152 yards, one touchdown, two interceptions. Receivers: Zane Bingham 5-107, Cooper Schiernbeck 4-28, Ty Love 1-17-1TD.

Fumbles: None

Penalties: Groton: 4-25. Deuel: 3-20.

Defensive Leaders: Groton: Pierce Kettering 9 tackles, Kaden Kurtz 9 tackles, Jackson Cogley 8 tackles, Jordan Bjerke 7 tackles and 1 sack, Favian Sanchez 6 tackles and one interception returned for 25 yards, Christian Ehresmann 1 interception returned for 2 yards. Deuel: Ronnie Begalka and Gavin Benck each had 6 tackles, Trey Maaland and Braydon Simon each had 5 tackles.

- Paul Kosel



The Tiger defense held Deuel short of a key first down by one inch. (Photo lifted from GDILIVE.COM)

Leicht lites up as Netters beat Sisseton in three sets

Groton Area was on fire Thursday night as the Lady Volleyball team posted a 3-0 win over Sisseton. The match was played in Groton and was broadcast live on GDILIVE.COM, sponsored by Allied Climate Professionals with Kevin Nehls, Milbrandt Enterprises, Inc., and Bary Keith at Harr Motors.

After three lead changes and two ties, Groton area went on a four-point run in the first set to gain the upper hand. The Tigers led, 16-8, but Sisseton would come back and tie the set at 22 and 24, sending the game into extra points. The Tigers scored the last two points and won, 26-24. Sydney Leicht had four kills and three ace serves in that set, Madeline Flihs had four kills and an ace serve, Emma Schinkel had three kills, Anna Fjeldheim had two ace serves and Elizabeth Flihs had one ace serve.

The second set was tied twice early in the game before Groton Area took control the match as Sydney Leicht powered in eight kills and an ace serve to lead Groton Area to a 25-17 win. Madeline Flihs had four kills while Aspen Johnson had two kills and a block, Elizabeth Flihs had a kill and an ace serve and Anna Fjeldheim had two ace serves and a kill.

Groton Area jumped out to a 4-0 lead in the third set, but Sisseton battled back and took the lead, 13-11. The set was tied seven times, the last at 15, and there were four lead changes. The Tigers scored eight unanswered points to take a 22-15 lead and went on to win, 25-16. Anna Fjeldheim had five ace serves and a kill in that set while Madeline Flihs had two kills, two blocks and an ace serve, Sydney Leicht had four kills, Elizabeth Flihs had a kill and an ace serve and Aspen Johnson had a block.

Elizabeth Flihs had 30 assists and Fjeldheim had one. Groton Area had 57 digs with Alyssa Thaler having 16 and Sydney Leicht and Elizabeth Flihs each having eight.

Sisseton won the junior varsity match, 25-14, 20-25 and 15-8. Groton Area won the C match, 25-18 and 25-8. The eighth graders won, 25-8, 25-16 and 25-15. The seventh graders won, 25-16, 25-18 and 25-13.

Boys Soccer team beats James Valley Christian

The Groton Area boys soccer team defeated James Valley Christian on Thursday, 6-2. The game was broadcast live on GDILIVE.COM, sponsored by the Zak Family.

Jacob Zak scored three goals while Jayden Zak and Brayden Hansen each had one. The other goal was accidentally hit in by one of the Viking players.

Kolby Vander Werff and Brennen Hood each scored a goal for James Valley Christian.

West Central squeaks past Groton Girls Soccer Team

State top seeded West Central came to Groton Area on Friday, only to face a formidable Tiger squad. West Central would score a single goal with six minutes left in the game to edge past the Lady Tigers, 1-0.

Three Groton Area golfers medal at Groton Invite

The boys golf team placed third at the Groton Invitational meet held Thursday. Roncalli won the meet with 331 points followed by Sioux Valley with 332, Groton 360, Aberdeen Central 384, Milbank 392, Redfield 403 and Sisseton 431.

Brevin Flihs led Groton Area, placing fourth with a score of 79. Logan Pearson placed 16th with a score of 92. Jackson Cogley also medaled at 19th with a score of 93. Other scores were Carter Simon 96, Cole Simon 101, Jayden Schwan 110 and Andrew Marzahn 115.

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402 N Main St
Aberdeen, SD 57401
605.229.0123
dakoutdoors@midconetwork.com

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Good Luck



Good Luck Tigers During Homecoming Week!

**Boys Golf
at Dakota
Magic Golf
Course
Thursday**



**Cross Country
at Lee Park
Aberdeen
Thursday**



**Mobridge-
Pollock
Thursday
7th-8th
C-JV
Varsity
Home**



**Boys at
Freeman
Academy
Girls at
Garretson
Saturday**



**Mobridge-
Pollock
Friday
7 p.m.
Home**



Good Luck from these businesses and GDILIVE.COM sponsors for the volleyball match and football game.

Allied Climate Professionals with Kevin Nehls

Bahr Spray Foam

Blocker Construction

Bary Keith at Harr Motors

Greg Johnson Construction

Groton Daily Independent

Harry Implement

Jark Realty

John Sieh Agency

Lori's Pharmacy

Mike-N-Jo's Body-N-Glass

Milbrandt Enterprises Inc

S & S Lumber

Weismantel Insurance Agency

GT



Pounds packed on during pandemic cause health concerns

Danielle Ferguson
South Dakota News Watch

Many Americans, including adults and children in South Dakota, have gained weight since the onset of the COVID-19 pandemic, and that has healthcare experts worried about the potential for long-term negative physical and mental health implications.

The extended stress experienced since early 2020 is seriously affecting mental and physical health, including changes to weight, sleep patterns and alcohol use, according to an American Psychological Association study released in March.

The national study found that the physical health of Americans has declined during the pandemic because people are having trouble finding healthy ways to cope with the stress of the pandemic, and are turning to habits such as overeating and increased alcohol or drugs, which can lead to less sleep and further contribute to excessive weight gain or loss.

The majority of adults who say they experienced high stress during the pandemic reported weight gain. The psychological association study found that 61% of adults surveyed across the country said they gained weight during the pandemic, and almost half of those people said they gained more than intended, anywhere from 15 to 50 pounds. Another group, about 18%, said they lost more weight than they intended.

Nutrition experts say weight gain can have a lasting impact on residents' physical and mental health.

"The isolation really led to a decline in mental status," said Watertown registered dietician Kelsey Raml. "Losing control of your health habits results in emotional eating, lack of exercise, and before you know it, 10 or 20 pounds are on. With weight gain, things like blood pressure, cholesterol and blood sugar increase as well."

South Dakota Department of Health spokesman Daniel Bucheli said the department will be tracking how weight gain has occurred recently in the state, and does not yet have data to track

changes during the pandemic. But healthcare professionals in South Dakota say they have seen anecdotal evidence that some of their patients have either gained or lost excessive weight.

The proportion of South Dakotans who are considered overweight or obese on the Body Mass Index scale was about 60% for the three years leading up to the pandemic, according to data from the Centers for Disease Control and Prevention. More recent data was not yet available.

Significant weight gain poses long-term health risks, according to experts. People who gain more than 11 pounds are at higher risk of developing Type 2 diabetes and coronary artery disease, and people who gain more than 24 pounds are at higher risk of having a stroke, according to the National Institutes of Health. According to the CDC, people who are considered overweight are more likely to develop serious symptoms from COVID-19 than those who are considered a healthy weight for their body type.

Children also experienced significant weight gain during the pandemic, when many school and sports activities were paused.

According to a study published in the Journal of the American Medical Association, about one in 10 children ages 5 to 11 gained an average weight gain of 5 pounds during the pandemic. About 16% of South Dakota children aged 5 to 19 years are considered obese, according to 2019 data from the South Dakota Department of Health. Nationally, obesity is present in about 17% of those same-aged children. Data from 2020 will be available in 2022, Bucheli said.

Native American children in South Dakota, who may have less access to affordable healthy foods and quality healthcare, are more likely to be considered obese on the BMI scale. Almost 29% of Native children are obese on the BMI scale, compared to about 14% of white children.

However, according to a national study in the American Journal of Public Health, obesity rates among Native American children have pla-

teaued in the last five years, curbing a steadily increasing rate that had been seen in decades prior. Native American residents are already at a higher risk of diabetes and heart disease because of disproportionate poverty and lack of access to quality healthcare, according to the Indian Health Service, conditions that could be worsened by weight gain.

Wellness experts fear the physical symptoms of and stigma around weight gain will overshadow what they say is a more important discussion: mental health and delayed care.

"Weight gain and loss don't equal healthy or unhealthy," said Rose Adamski, a masters student intern in the dietetics program at South Dakota State University. "It's hard to tie your health to your weight. Weight gain as a result of dealing with a pandemic isn't really a big issue. Mental health problems and access to foods ... were more prevalent."

When Mariah Weber, a registered dietitian at SDSU, meets a patient that has experienced significant weight gain or loss, her first concern is their mental health. Most of her patients who gained weight over the last year have delayed going to their doctor because they fear the only health concern the physician will address is weight gain, she said.

"Weight gain stigma contributes more to depression and anxiety than the weight gain itself," Weber said. "Them not going to the doctor is the main concern."

Weber and Adamski cautioned against using only the BMI scale, which does not consider muscle mass, as an indicator of overall health. Weber has treated athletes who would be considered "obese" by the scale, but who are healthy, active people who eat well. She has also had patients who may be considered a healthy weight on the BMI scale, but who are that weight only through an eating disorder where they dangerously restrict food.

The majority of Weber's patients have some form of "disordered eating" or a formal eating disorder. An eating disorder is a diagnosable illness such as anorexia nervosa or bulimia, whereas disordered eating can be anything from restricting certain foods, an obsession with "clean" eating or excessive exercise.

People with disordered eating or eating disorders experienced heightened symptoms during the pandemic. Isolation, less access to regular in-person treatment and additional stress, can enhance a disorder, Weber said. Often, those with a diagnosed disorder don't want to eat around other people. Part of treatment is to eat with friends and family, a tactic that was harder to accomplish during the pandemic.

"When you take their routine and they throw it off, it disrupts their entire life and food becomes more of their control mechanism, so when you have them at home and add a ton of stress, that's going to exacerbate what's already going on," Weber said.

The pandemic didn't negatively affect everyone's weight, however. Weber and Raml said they've seen clients who used the lack of a commute in a vehicle and increased time at home to get outdoors more with their families. Some people lost weight in a manageable way by learning to cook healthy meals at home and participating in outdoor physical activities.

Raml encourages patients to find positive outlets to deal with any ongoing grief or trauma to help manage health maintenance and wellness. Not dealing with emotions can lead to significant, long-term consequences, including chronic illness, according to the American Psychological Association.

"Find what triggers that emotion to overeat or inactivity and try to find a positive outlet, whether it's taking pictures of nature, listening to music, going on a walk," Raml said. "Whatever helps you try to reduce your stress that's helpful for making it through this tough time."

Raml and Weber encouraged anyone struggling with disordered eating or weight management to reach out for help with an expert.

Weber said she often refers clients to counseling, and vice versa. They also advised taking a break from social media, which can be flooded with diet culture and exercise advertisements.



Mariah Weber



Kelsey Raml

"Losing control of your health habits results in emotional eating, lack of exercise, and before you know it, 10 or 20 pounds are on. With weight gain, things like blood pressure, cholesterol and blood sugar increase as well."

-- Kelsey Raml, Watertown dietician



ABOUT DANIELLE FERGUSON
Danielle Ferguson, Sioux Falls, S.D., is an investigative reporter for South Dakota News Watch. She grew up in Salem, S.D. and previously worked as a watchdog reporter at the Sioux Falls Argus Leader.

The Life of Arlis Doeden

Arlis Faye (Nepp) Doeden, wife of Douglas Duane Doeden (55 years) and mother to four angelic children, passed away on September 11th, 2021 at the age of 74 surrounded by her family.



Arlis was born on July 19, 1947 in Pipestone, MN to Mahlon and Una (Lopau) Nepp. On November 6, 1965 she

married Douglas at Good Shepherd Lutheran Church and made their home on a farm by Lake Wilson, MN. They moved to Groton, SD in 1972 and became neighbors with their longtime friends Dave and Mary Blackmun.

Arlis loved being with family and friends, teaching and playing the piano, directing the church choir, and organizing and spearheading the Arlis Doeden Community Transit. Arlis felt blessed to have acquired many important friends through her years at 3M and other job endeavors. She developed strong relationships throughout her years working with the volunteers at transit and church creating lasting friendships. Arlis's passion for music drove her volunteerism which was embedded in her life in many facets through playing for the show choir, many community events, supporting other music teachers, etc. Arlis's favorite thing to do was spend time with Doug. They enjoyed bird watching, playing Euchre and Yahtzee, tending to their flower garden, attending sporting events and music productions, home decorating and remodeling projects, and having coffee with their friends.

Arlis was preceded in death by her husband, Doug, her parents Mahlon and Una, mother and father-in-law Jennie and Oliver Doeden and brother-in-law Kevin Doeden. She is survived by her children and their spouses; Jodene (Ward) Votapka, Troy (Chris) Doeden, Jillaine (Bob) Sheehan, Tobin (Liz) Doeden, 14 grandchildren, 6 great-grandchildren and extended family Pam and Brad Hanson. Arlis is also survived by brothers Harlan (Kathy) Nepp, Dale Nepp, Craig (Sheila) Nepp, sister Shirley (Charlie) Warren, brothers-in-law Harris (Linda) Doeden, Keith Doeden, sisters-in-law Pat (Bob) Idzorik, Peg (Harvey) Erstad and Sandy Doeden.

Funeral services for Arlis will be 10:00 a.m. Friday, September 17th at Paetznick-Garness Funeral Chapel, Groton. Pastor Kari Foss will officiate. Burial will follow in Union Cemetery, Groton. Visitation will be held at Emmanuel Lutheran Church on Thursday from 4-6 p.m. with a prayer service at 6:00 p.m.

Pallbearers: Chase McKittrick, Connor McKittrick, Camden Hurd, Jackson Doeden, Oliver Doeden, Cade Sheehan, Jonathan Doeden, Calder Sheehan,

Psalm 116 Readers: Sophie Doeden, Josie Doeden, Grace Doeden, Carma Sheehan Townsend, Jennie Doeden, Audrey Doeden.

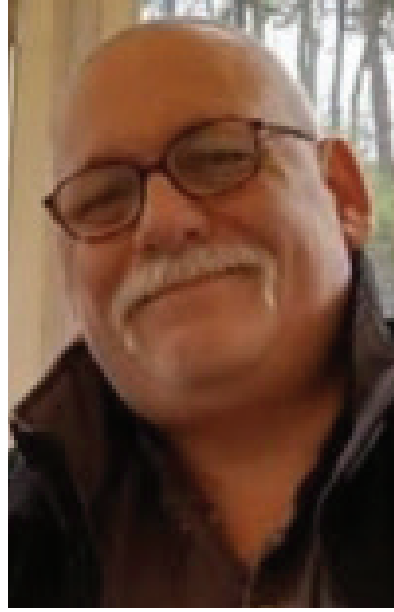
Honorary Pallbearers: Jim Ackman, Dave Bergjord, Dave Blackmun, Rick Brunmeier, Randy Crawford, Jay Johnson, Marc Johnson, Randy Stanley.

Esteemed Transit & Home Coffee Crews: Jerry Bjerke, Dennis Larsen, Dave McGannon, Gordon Nelson, Tyke Nyberg, John Wheeting, June Ackman, Mary Blackmun, Melinda Eikamp, Pam Hanson, Jan Hoffman, Pat Nehls, Marge Overacker, Karen Wolter.

Transit Board: Sherry Kohler, Dick Kolker, Steve Smith, Topper Tastad, Lori Westby.

The Life of Jody Witlock

A Celebration of Life for Jody Lee Witlock, 65, of Breckenridge, MI and formerly of Groton will be Saturday, October 2nd at Paetznick-Garness Funeral Chapel. Visitation will begin at 10:00 a.m. with memory sharing at 11:00 a.m.



Jody passed away peacefully Saturday, September 4, 2021 at his home.

Jody was born September 28, 1955 in Clear Lake, South Dakota, the son of Corneluis and Evelyn (Kleinemas) Witlock. He started driving truck at 14 and continued as a long-haul driver until he retired. He had spent his last 15 years driving for Wal-Mart. Jody married Jill Elsea in March of 2001.

He is survived by his wife, step-children Tina (David Lewis) Rodriguez, Chad (Kim Landreth) Robinson, BJ (Sarah) Robinson, grandchildren Michael Rodriguez, Damion (Jordan) Robinson, Aslynn Robinson, Kevin Lewis, sister LuAnn (Jeff) Steen, nephew Jordan (Lexx) Steen, niece Jennifer (Tim) Hauer and great nephew Henry Hauer.

Jody was preceded in death by his parents and granddaughter Marta Rodriguez.

Memorials may be directed to Jill Witlock, PO Box 96, Breckenridge, MI 48615-0096.

Conde National League

Sept. 13 Team Standings: Mets 3, Braves 2, Giants 2, Pirates 2, Tigers 2, Cubs 1

Men's High Games: Russ Bethke 225, Chad Furney 208, Ryan Bethke 187

Men's High Series: Russ Bethke 575, Topper Tastad 477, Brody Somke 462

Women's High Games: Anita Lowary 184, Nancy Radke 174, Vickie Kramp 172

Women's High Series: Vickie Kramp 453, Nancy Radke 420, Joyce Walter 411

A gift subscription to the Groton Independent makes a great gift!



Reid Johnson Gets Hole-In-One

Congratulations to Groton's very own Reid Johnson on recording his first career Hole-in-One on Saturday, July 31st. Reid used a 5-iron on our 182-yard, Hole #8. The ace was witnessed by his children, Carlee and Liam. Congratulations Reid!



NATIONAL ASSISTED LIVING WEEK

SEPTEMBER 12-18, 2021



South Dakota Assisted Living Association

Thank a Caregiver Today!

News! Read All About It!

I want the national news!
I want the comics!
No problem! There's something for everyone!I like to read the news in my newspaper and on my tablet.All About Newspapers!I love reading the newspaper.

The Index tells us what is Inside:

1. Business	A. advertisements to sell and buy
2. Classified	B. stories about what people are buying, new stores, stock market
3. Comics	C. home, yard, clothing fashions
4. Editorials	D. cartoons, puzzles, contests
5. Living	E. people send letters or write articles to express their ideas
6. Sports	F. forecasts of sunshine or rain, temperatures
7. Television	G. team news, game scores
8. Town News	H. road work, places to visit
9. Travel	I. listing of movies and shows
10. Weather	J. local news

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Classifieds and Card of Thanks

The following rates are for Classifieds published in both the Groton Daily Independent and the Groton Independent, and posted on-line at www.grotonsd.net. Cut rate in half if you just want it in the GDI or just the weekly.

1 Week: \$9 for first 30 words, 20¢/word thereafter

2 Wks: \$17 for first 30 words, 38¢/word thereafter

3 Wks: \$24 for first 30 words, 54¢/word thereafter

4th consecutive week is free

605/397-NEWS (6397)

PO Box 34, Groton SD 57445

AUCTIONS

INTERSTATE AUCTION CENTER: September 25, 2021 10:00am. Consignment Sale. 3 miles East of Sioux Falls. Building and Construction Sale. Call 605-331-4550. Visit our website: auctionzip.com

EMPLOYMENT

Parish Secretary opening for Bethesda- Butler Lutheran Churches. Approximately 25-30 hours per month with the option of some work from home hours. Mail resume to Bethesda Lutheran Church, PO Box 426, Bristol, SD 57219 before October 1st. (0914.0928)

Help Wanted: Ken's in Groton Cashiers, stockers and deli Apply at store



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TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 877-891-0187. (M-F 8am-6pm ET)

RDO IS SEEKING a Service Technician in Webster, and a Construction Equipment Service Manager and Commercial Truck Service Technician in Aberdeen. RDO offers a complete benefits package and competitive wages. Apply online at rdoequipment.com/careers today!

PERKINS COUNTY HIGHWAY DEPT. has 2 openings for an Equipment Operator. Good Benefits. Applications are available at Courthouse in Bison, SD. Perkinscounty.org or call 605-244-5629. EOE

TRUCK DRIVER WANTED for fall harvest, please call or text 605-680-0071 for more information.

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FOR SALE: CATTAIL HAY for sale. Cattail and reed canary grass mixture, twine wrapped, \$60 a ton. Call or text 605-680-0071 for more information.

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NOTICES

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Prevention is the Best Treatment

What I remember most is the silence.

She was 19 years old, just starting her first semester of college.

She had been transferred to our level 1 trauma center, intubated and in a medically induced coma. I was a third-year medical student, being introduced to the realities of medicine. Our team was clustered around her in the procedure room adjacent to the ICU while my senior resident inserted the central line we would use to quickly administer large volumes of medicine and fluids.

ICUs can be busy, noisy places. This ICU was a large open room, with rows of beds surrounded by all the equipment needed to care for critically ill and injured patients. The sounds of machines whirring and beeping, of doctors and nurses and all the support staff, accompanied us in that little windowless procedure room.

The neurosurgery team solemnly filed through the door, eyes grim. They'd reviewed her CT scan. The pressure of the blood accumulating inside her skull had forced the base of her brain downward, into the space usually occupied only by the top of the spinal cord. We stared at each other in silence. We'd already lost the battle.

During the next few days, I watched her 20-year-old sister support their parents as we walked through the process of declaring brain death and deciding on organ donation. Other than the silence, the sister's grief, and her courage, are my most potent memories.

Over the years, I've seen many lives irrevocably altered by brain injuries. Children thrown from their bicycles. Soldiers caught in blasts. Women battered by their partners. Seniors who slip and fall. Some patients fight to regain skills that were once effortless. Some succumb to their injuries or the consequences. The lucky ones sometimes don't even realize how close they came to having their lives upended.

Our ability to help has improved significantly in the nearly 30 years since I stood at that young woman's bedside. People survive injuries that would have previously been fatal. People recover enough to re-join the community, instead of finishing their days in nursing homes. Nevertheless, too many still die, over 50,000 Americans every year. Nevertheless, survivors spend months relearning basic skills with the help of skilled therapists. Nevertheless, millions live with varying degrees of disability, despite aggressive rehabilitation.

As with so many things, the best treatment is prevention. Buckle your children into their car seats. Use your seatbelt. Wear your helmet. Keep the guns locked up. Learn how to reduce the risk of falls, especially for the young, and the old. It's much better to protect that fragile brain, than to try to put it back to rights.

Debra Johnson, M.D. is part of The Prairie Doc® team of physicians and currently practices family medicine in Brookings, South Dakota. Follow The Prairie Doc® at www.prairedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show celebrating its twentieth season of truthful, tested, and timely medical information, broadcast on SDPB and streaming live on Facebook most Thursdays at 7 p.m. central.



Debra Johnston, MD



Yard of the Week

The Arlys Kluess yard at 401 N. 5th St. was chosen as last week's Yard of the Week. The Yard of the Week is picked by members of the Groton Garden Club.

(Photo by Paul Kosel)

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News! Read All About It!

Our Town News

September 30 Sunny, 73° F

Dish Runs Away With Spoon!



Breaking News!

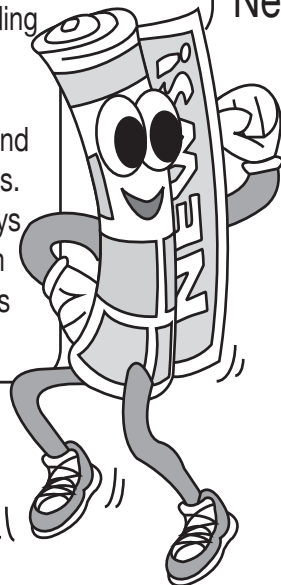
On Thursday, Sept. 29 at 9 p.m. officers responded to a complaint about loud noises in a small suburban kitchen.

On Friday, Mr. James Smith, owner of the home, explained what had happened.

"There was a rustling noise in the kitchen. I got up to check on it and, to my surprise, one of the dishes was running away with a spoon," he said.

Eyewitnesses included forks and knives. Most occupants, except the kitchen sink, claimed to have been thrilled by the daring escape.

Who gets important community news, information and stories out to the public? Reporters and journalists. There is a whole team of people behind every item published – from the reporter and video crew in the front to the columnists, editors, printers and publishers in the back. Today, lots of people enjoy the paper version of the newspaper, while many also are reading the news on their tablets, computers and smart phones. People always want to learn about what is going on.



I like to read the news in my newspaper and on my tablet. 1



All About Newspapers!

Read the clues below to fill in the puzzle.

1. short titles of articles
2. day, month, year
3. businesses pay to put these in the newspaper
4. tells section and page where item is located
5. pictures of people, events
6. advice, opinions
7. person who writes stories for the newspaper
8. often largest words on the front page, newspaper's _____
9. for weather, road construction, travel
10. written information

I like to chew on the ideas in newspapers!




Hard news is best – it helps me to keep my gums healthy!

Newspaper articles try to answer the questions "Who, what, when, where, why and how." **Read the story above and see if you can find out the answer to each of these questions.**

What's Inside Your Newspaper? (Index)

If you look on the front page of your newspaper you may see an index. An **index** lists where to find each section **inside** the newspaper. **Can you fill in the vowels that are missing in the index? Next, match each listing to what is in it.**

Where can I find the movie listings?



Inside

1. B _ s _ n _ s s
2. C l _ s s _ f _ _ d
3. C _ m _ c s
4. _ d _ t _ r _ _ l s
5. L _ v _ _ n g

6. S p _ r t s
7. T _ l _ v _ s _ _ n
8. T _ w n N _ w s
9. T r _ v _ l
10. W _ _ t h _ r

- A. advertisements to sell and buy
- B. stories about what people are buying, new stores, stock market
- C. home, yard, clothing fashions
- D. cartoons, puzzles, contests
- E. people send letters or write articles to express their ideas

- F. forecasts of sunshine or rain, temperatures
- G. team news, game scores
- H. road work, places to visit
- I. listing of movies and shows
- J. local news

u i o e e e e a a e i i e i e i i a o i i e i o a o i o

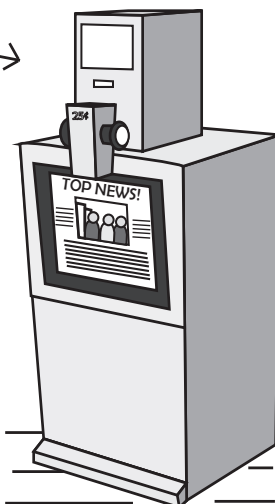
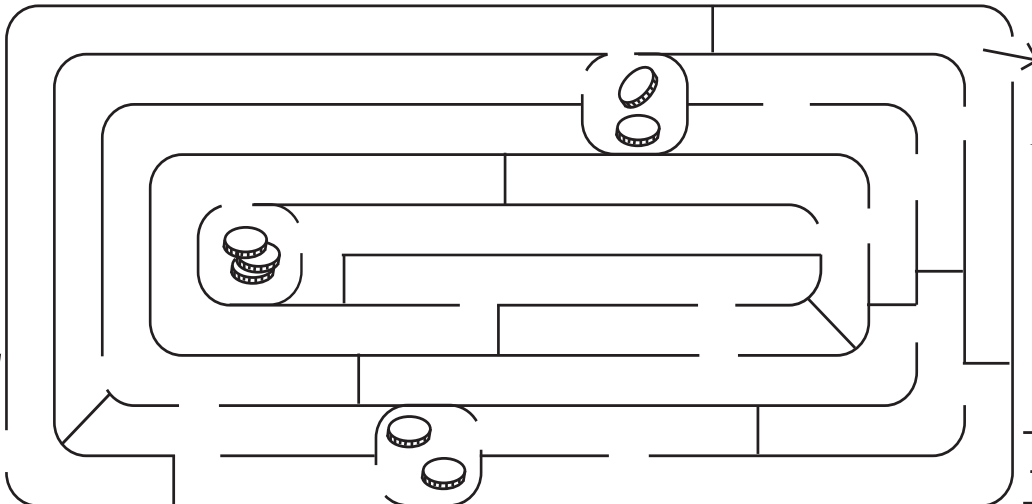
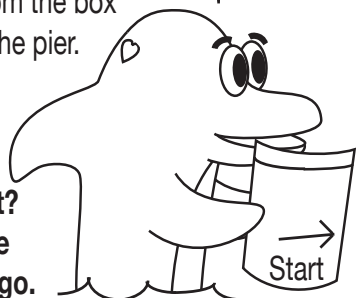
Breaking News – World's Largest

Farmer Ben has just won the ribbon for growing the world's largest:

Today's News!

I really enjoy reading the newspaper. That's tricky for a dolphin!

Echo wants to buy today's newspaper from the box at the end of the pier. **Can you help him scoot through the maze to get it? Pick up all the coins as you go.**



EARTHTALK™



Dear EarthTalk: What are the environmental implications of the current drought across the American West and how does it compare with past dry spells? -- S. Diamond, Methuen, MA

The National Oceanic and Atmospheric Association's U.S. Drought Monitor (USDM) database, found on Drought.gov, reports that as of August 31, 2021, 39 percent of the U.S. is in drought, with 30 states experiencing Moderate Drought or worse. The USDM uses a five-category system to classify drought severity, from Abnormally Dry to Exceptional Drought. The percent area of the western U.S. in extreme to exceptional drought peaked at 59.5 percent on July 20, 2021, while the percent in moderate to exceptional drought peaked at 90.3 percent on July 27, 2021. This value exceeded the previous peak in the 21-year USDM record that occurred in August and September of 2003.

These significant drought conditions have dropped several bodies of water in the Western United States to record-breaking lows. On July 23, 2021, the Great Salt Lake in Utah, one of the largest bodies of water in the U.S., reached its lowest water level since the U.S. Geological Survey began taking measurements in 1875. The previous low was set in 1963. Additionally, as of August 22, 2021, Nevada and Arizona's Lake Mead reservoir had dropped to just 35 percent of its capacity, and the Lake Powell reservoir that spans across Utah and Arizona is now at just 31 percent of its capacity. This current lake elevation data comes from the U.S. Bureau of Reclamation, which manages the Lake Mead and Lake Powell reservoirs, and other portions of the Colorado River watershed. The U.S. Bureau of Reclamation recently decided that, given the historic drought, the Lake Mead reservoir will operate in what is called a Level One Shortage Condition for the first time ever in 2022. This will mean reduced water throughout 2022 to Arizona, Nevada and Mexico.

As water levels drop and become hotter during drought, cyanobacteria in algae blooms thrive. These toxic algae blooms, which can appear blue-green in color, or sometimes a reddish-brown color, can harm the nervous system and liver, and can be fatal if ingested. The 2015 study Drought-Induced Water-Level Reduction Favors Cyanobacteria Blooms in Tropical Shallow Lakes projected a warmer and drier climate in the future will reduce water quantity and quality, increasing the risks of cyanobacteria blooms. The Idaho Conservation League reported in August 2021 that heat waves, drought, and excessive pollution are contributing to what could be the worst year ever for toxic algae in Idaho.

This summer's drought conditions are also contributing to poorer air quality and a spike in aggravating adverse allergy and respiratory symptoms. According to the Centers for Disease Control and Prevention, the dusty, dry conditions that accompany drought increase the number of particulates suspended in the air, irritating bronchial passages and lungs. Increased air pollution may potentially play a part in surging mortality rates from COVID-19, according to recent studies out of Harvard. A separate study out of Stanford University in 2014 warned of the rise of amplified air pollutant accumulations due to drought and increased difficulty in meeting air quality goals.

EarthTalk® is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

The current drought across the American West may just be the worst in recorded history. Thanks, global warming!

Credit: Joe Leineweber, Pexels.



Frederick Town Achen/Sumption Rezoning Notice

REZONE PETITION
TOWN OF FREDERICK COMMISSION

PO BOX 546
FREDERICK, SD 57441
Town of Frederick Zoning Commission Members:

I/We the undersigned, do hereby petition the Town of Frederick Zoning Commission of Frederick, South Dakota, to rezone property as follows:

Legal Description:
Lot 3 "Schlosser-Sumption Addition" in the W 1/2 NW 1/4 of Section 11-T127N-R64W of the 5th P.M., Town of Frederick, Brown County, South Dakota.

General Area Location or Street Address: 951 7th St., Frederick, South Dakota

From the (HC) Highway Commercial

To the (M-A) Agricultural

Purpose: rezone to its proposed use.

Size of Parcel: 3 acres
Existing Land Use: Seed Business & Agriculture
Petitioner: /s/ Richard Achen / Warren Sumption
Date: August 9, 2021 (0915.0922)
Published twice at the total approximate cost of \$22.92. 20204

Runners at Webster Invite

Carlee Johnson placed 13th at the Webster Area Invitational Cross Country Meet held Tuesday. She ran the junior varsity 3000m course

in 16:53.55. Rebecca Poor finished 33rd with a time of 21:20.94.

In the boy's junior varsity division, Ryan Goldade placed 23rd with a time of 15:35.70. Jayden Schwan was 24th with a time of 15:40.72. Benjamin Hoeft was 29th with a time of 16:09.37. Gavin Kroll placed 33rd with a time of 16:45.57. Nathan Unzen was 38th with a time of 17:58.61.



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