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#### **Netters take second at Redfield**

It was the match everyone was waiting for. Groton Area and Northwestern. And the venue was like a state tournament. Northwestern had hard hits that Groton Area players returned as the thud echoed through the gym. It's a match you have to watch in the video archives. Northwestern did win the match, 25-23 and 25-17. The Tigers went 4-0 on the day, beating Warner, Belle Fourche, Potter County and Redfield.

We'll have all the details in tomorrow's edition of the Groton Daily Independent.

**OPEN:** Recycling Trailer in Groton

The recycling trailer is located at 10 East Railroad Ave. It takes cardboard, papers and aluminum cans.

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## **Sunday Extras**



### THE ILLUSTRATED BIBLE

My little children, these things
I write to you, so that you may
not sin. And if anyone sins, we
have an Advocate with the Father,
Jesus Christ the righteous.
And He Himself is the propitiation
for our sins, and not for ours only
but also for the whole world.

1 JOHN 2: 1,2

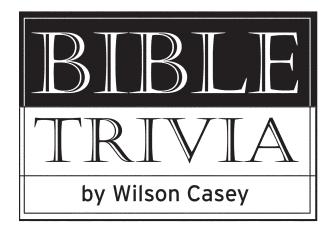


"Christ Preaching" by Rembrandt (1646-1650)

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- 1. Is the book of Lamentations in the Old or New Testament or neither?
- 2. Protestant tradition holds that there are how many different women named "Mary" in the New Testament? 2, 4, 6, 8
- 3. Who said, "Thou are Peter, and upon this rock I will build my church"? *Jesus, Aaron, Reuben, Joseph*
- 4. Which mount was a contest scene between Elijah and the prophets of Baal? *Calvary, Sinai, Bethel, Carmel*
- 5. Who was the first-born son of Jacob? *Aaron, Joseph, Reuben, Simeon*
- 6. Which city is often referred to as Zion? *Bethlehem*, *Jericho*, *Jerusalem*, *Nazareth*

ANSWERS: 1) Old; 2) 6 (Magdalene; Mothers of: Jesus, James the younger, and John Mark; Mary of: Bethany, Rome); 3) Jesus; 4) Carmel; 5) Reuben; 6) Jerusalem

Comments? More Trivia? Visit www. TriviaGuy.com

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#### by Healthy Exchanges

### Apple Noodle Pudding

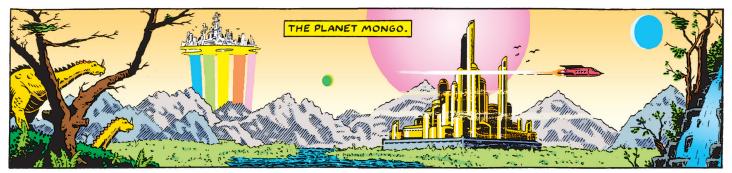
Fall is that wonderful time of the year when Oktoberfest — the traditional German festival centered on food, music and fun — takes place. If you put on a polka record and share this dish with friends, you'll see why these festivals are so much fun!

- 1 (4-serving) package sugarfree vanilla cook-and-serve pudding mix
- 2/3 cup nonfat dry milk powder

1 cup water

- 1/2 cup unsweetened apple juice
  - 1 teaspoon apple-pie spice
- 2 cups hot cooked noodles, rinsed and drained
- 1/4 cup chopped walnuts
- 1½ cups peeled and diced cooking apples
- 1/4 cup raisins
- 1. Heat oven to 350 F. Spray an 8-by-8-inch baking dish with butter-flavored cooking spray.
- 2. In a large saucepan, combine dry pudding mix, dry milk powder, water and apple juice. Cook over medium heat until mixture thickens and starts to boil, stirring constantly using a wire whisk. Stir in apple-pie spice and noodles. Add walnuts, apples and raisins. Mix well to combine, using a sturdy spoon. Spread mixture into prepared baking dish.
- 3. Bake for 45-50 minutes. Place baking dish on a wire rack and let set for 5 minutes. Good warm or cold. Serves 6.
- Each serving equals: 188 calories, 4g fat, 6g protein, 32g carb., 123mg sodium, 2g fiber; Diabetic Exchanges: 1 Starch, 1 Fruit, 1/2 Fat.

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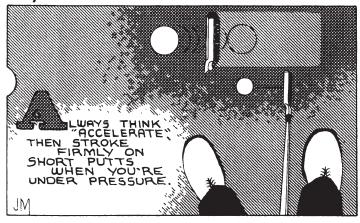


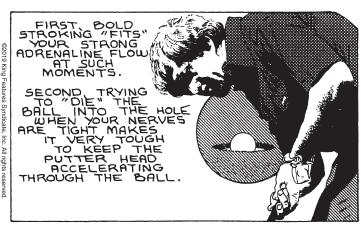






### Play Better Golf with JACK NICKLAUS





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#### Chickenpox vs. Shingles

DEAR DR. ROACH: Do people who have never had chickenpox get shingles? — *K.C.H.* 

ANSWER: Ninety-nine percent of people have had chickenpox and are at risk for shingles, and this includes most people who think they haven't had chickenpox. (Some cases are so mild that they go unrecognized.) But only people who have had chickenpox (or the vaccine, which is a weakened form of the live virus) can get shingles. People who had the vaccine seem to be at lower risk of shingles than those who had the infection.

If the shingles vaccine technology can work for a chickenpox vaccine (and I see no reason it shouldn't), then it's possible we could see the end of chickenpox and of shingles forever, the way we were able to eliminate smallpox.

\*\*\*

DEAR DR. ROACH: Is there medical help or gene therapy to prevent excessive height? My niece is 6 feet, 1 inch tall and soon will marry a man who is 6 feet, 11 inches tall. Life was not always easy for her, as she was mocked at school. And he has had a daily life of "How's the weather up there?" Could they prevent their children from growing to such a height? — D.B.

ANSWER: No, there is no medical treatment to prevent excess height, and there is no medical reason to do so. Instead, I'd advise your niece and her fiance to encourage their children to be comfortable how they are, no matter what their height, and to recognize that

many of the comments they will hear are based on envy.

I'd especially recommend that if they happen to have a tall girl (if they do have a girl, one formula for predicting height would estimate her height at 6 feet, 4 inches), they encourage her to have excellent posture. I see too many tall women hunched over, as if trying to hide their height. There are good medical reasons to have an erect posture, especially for taller people.

\*\*\*

DEAR DR. ROACH: I recently was diagnosed with kidney cancer, and my wife is now getting treatment for breast cancer. Would cooking on a nonstick skillet have caused the cancers? My wife used one for quite some time. — B.R.

ANSWER: When someone is diagnosed with any serious disease, but especially with cancer, it is a human trait to think back on possible causes. We want to have as much control over our fate as possible. However, most cases of cancer occur without a specific risk (smoking cigarettes is the biggest exception). Cancer happens, among other reasons, when there is an error in replicating DNA, when we are hit by natural radiation or when something in our environment damages our DNA. There certainly are behaviors we can do to reduce cancer risk, but there is no way to entirely prevent cancer from occurring.

In the case of nonstick cookware, there is no increased risk. Workers who make nonstick coatings for pans or clothing are potentially at risk due to a chemical used in manufacturing called PFOA, but there is none of this (probably) carcinogenic chemical in the final product. Overheating a nonstick-coated pan can cause irritating, but not cancer-causing, chemical fumes.

\*\*\*

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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- 1. Name the album cover that shows old toys climbing out of a vintage toy box.
- 2. What was the title of George Harrison's triple album? It was recorded right after the Beatles' breakup.
- 3. Which Donovan song mentions the Green Lantern?
- 4. Name the group that released "Freewill."
- 5. Name the song that contains this lyric: "The tears I cried for you could fill an ocean, But you don't care how many tears I cry."

#### Answers

- 1. "Toys in the Attic," by Aerosmith, in 1975. The first single was "Sweet Emotion," followed by "Walk This Way."
- 2. "All Things Must Pass," released in 1970. The cover shows him surrounded by garden gnomes, thought to be representative of the Beatles.
- 3. "Sunshine Superman," in 1966, which became the title of Donovan's third album. The song is considered to be one of the first examples of psychedelic music.
- 4. Rush, on their "Permanent Waves" album in 1980. The song was tested at a number of concerts before being put on the album.
- 5. "Everybody's Somebody's Fool," by Connie Francis in 1960. The song was intended to be the b-side of a single with the Italian ballad "Jealous of You (Tango Della Gelosia)" but radio stations preferred the b-side. It went to No. 1.

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Just Like Cats & Dogs

by Dave T. Phipps



**HOCUS-FOCUS** 

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Tree is added. 2. Saw blade is shorter. 3. Bricks are missing. 4. Dress's neckline is different. 5. House is wider. 6. Man's hair is different.

## GRINE BEAR TO Nagra



"You've been pre-approved for a gold card, Rex."

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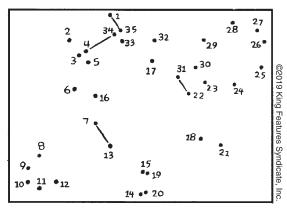
- Geometric patterns painted on walls are hot right now, and they can add interest to a room for a small price tag. One place where you don't want to skimp, though, is on your low-tack masking tape. Buy a good-quality painter's tape that will give a really clean line. Take the time to press it down so that no paint bleeds underneath. Then, after painting, wait until paint is dry to the touch before removing.
- One quick way to reduce a single-use plastic at the coffee shop: Skip the coffee stirrer. It's easy if you put your cream and sweetener in the cup first, then fill. The coffee gets mixed up as you fill your cup.
- "Old newspapers can be used to clean glass and chrome. They leave behind less lint than paper towels and can be used with both a misting of water or glass cleaner."—*I.R. in Kentucky*

- If you like to saute with butter, be sure to add a bit of oil to the pan as well. Butter burns more quickly at higher temperatures, but the oil will stabilize it and give you more time to cook. Plus the combo is tasty for vegetables.
- "My boys drink a lot of milk. My secret weapon is powdered milk. Yep, I mix up a gallon and then cut it half and half with whole milk. It stretches my supply and my buying power, plus I never really run out of milk."—D. in Washington
- "Use your egg slicer to get even slices of mushrooms. Even kids can help with this fun task. (Just make sure they are supervised at all times.)" *M.M. in New Hampshire*

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

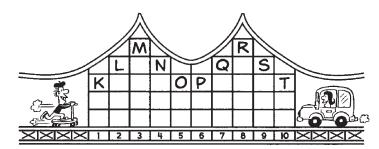
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**CONNECT THE DOTS** to solve this riddle! "He wears a hat stuck on his neck. Because he has no head; And many a time his hat comes off When we are sick in bed." Answer: A bottle of medicine.





A WORD BRIDGE! The bridge above contains 10 supporting words. We give you the first letter of each word, plus plenty of hints.

THINK ROMAN! As you can see, this Roman numeral equation is incorrect. Can you fix it by moving one of the sticks to a new position?

reads: IV = VI - II or 4 = 6 - 2place it over the "minus" sign. The equation now Answer: Take one stick from the "equal" sign and



SEE IF YOU CAN STAR IN THIS "WORD EPIC"! Pictured below are two puzzle grids for you to fill in. Hints are given for each word. The words in Grid B contain the same letters as the corresponding words in Grid A.

- 1. Belongs to animals.
- 2. Interval between events.
- Pointed tools.
- 4. Area in a building.



GKIDB								
S								
	T							
		Α						
			R					

- 1. Found at the shore.
- 2. A short written piece.
- 3. A cabbage salad.
- To secure with ropes.

- 1. A set of related articles.
- 2. A den or hideaway.
- 3. A mansion.
- 4. Type of salamander.
- 5. Unit of electrical resistance.
- 6. Type of wooden fastener.
- 7. Type of knowledge testing.
- 8. Airplane detector.
- 9. A fraudulent business scheme.
- 10. A fancy dinner jacket.

6. Peg. 7. Quiz. 8. Radar. 9. Scam. 10. Tux.

by BUD BLAKE

NO BIKE,

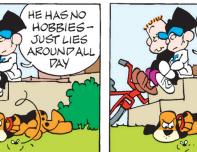
NO NOTHING

### GED

















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## King Crossword

#### **ACROSS**

- 1 Bar order
- 5 Stick out
- 8 String tie
- 12 Incite
- 13 Blonde shade
- 14 Disney's "- and the Detectives"
- 15 O or W
- 17 Even, as a score
- 18 "- Abner"
- 19 Gap
- 21 Charley horse
- 24 Military status
- 25 Tatters
- 26 Quite attractive
- 30 Past
- 31 Paycheck extra
- 32 Altar affirmative
- 33 Artist Rene
- 35 Toppled
- 36 Commotions
- 37 Jaunty chapeau
- 38 Tray
- 41 Help
- 43 Mississippi flower
- 48 "The View" alumna Lisa
- 49 Gorilla
- 50 St. Louis

- 2 10 11 6 9 13 12 14 17 15 16 18 19 20 22 23 24 21 25 26 29 27 28 30 31 32 33 35 34 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 52 53 51
  - team
- 51 Shakespeare's shrew
- 52 Bow the head 11 Automaker
- 53 Pumps up the volume

#### DOWN

- 1 Lazy person
- 42 Neighborhood 2 Historic period 22 Sitarist's
  - 3 Ovum
  - 4 Kingdoms 5 Hoosegow
  - 6 Tars' org.
  - 7 Netherlands city

- 8 Cause to go
- 9 Leave out
- 10 Stead
- 16 Speed
- 20 Hostels
- 21 Study at the last minute
- offering 23 Enthusiastic
- 24 Carries on
- 26 Subway employee
- 27 Layer

- 28 Between jobs
- 29 Filly's brother
- 31 Wait
- 34 Devastate
- Ransom Eli 35 Indy Jones' hat
  - 37 Crib
  - 38 Polio vaccine pioneer
  - 39 Met melody
  - 40 Fasting period
  - 41 On in years
  - 44 Mil. address
  - 45 Felon's flight 46 Little devil
  - 47 Fool

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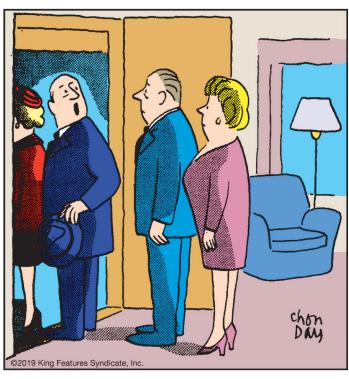
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# — King Crossword — Answers

Solution time: 21 mins.

В	Ε	Ε	R		J	U	Т		В	0	L	0
U	R	G	Е		Α	S	Ι		Ш	Μ		L
М	Α	G	Α	Ζ		Ν	Ш		Т	—	Е	D
			L		L		Η		Α	Т	U	S
С	R	Α	М	Р		R	Α	Ν	K			
R	Α	G	S		Μ	Α	G	Ν	Ш	$\vdash$	_	C
Α	G	0		В	0	Ν	J	S		_	D	0
М	Α	G	R	—	$\vdash$	$\vdash$	Ш		Щ	Ш	L	┙
			Α	D	0	S		В	Е	R	Е	Т
S	Α	L	٧	Е	R		Α		D			
Α	R	Е	Α		М	Α	G	Ν	0	ш	Ι	Α
L		N	G		Α	Р	Е		R	Α	М	S
K	Α	Т	Ε		Ν	0	D		Α	М	Р	S

### LAFF-A-DAY



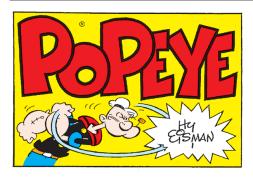
"Let's see...we had you over. You had us over. Shall we say it's all over between us?"

### Out on a Limb

by Gary Kopervas

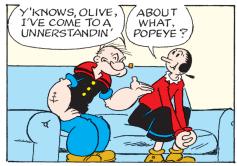


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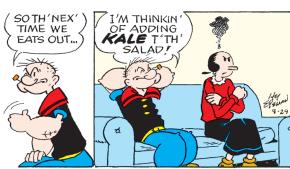






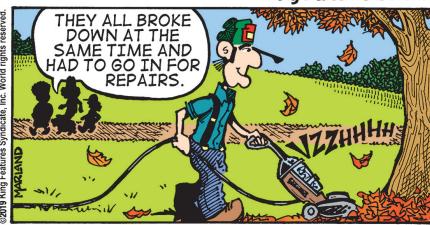






R.F.D. by Mike Marland





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The Spats



by Jeff Pickering



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## SENIOR NEWS LINE

### by Matilda Charles

## Hand Sanitizers and the Flu Virus

With flu season just around the corner, there's a new wrinkle to staying healthy this winter. Our old standby, the antiseptic hand sanitizer, has been found to not work as well as we believed, especially with the influenza A strain. It's all in how we use it, according to a recent study.

First, choose a hand sanitizer that is at least 60% alcohol. Be sure to cover your whole hands, including nails. If you come in contact with wet mucus (from a sneeze or cough), it takes the sanitizer a full four minutes to kill the flu virus. (How many of us use sanitizer for four minutes? Not many.) Dry mucus (for example, on a shopping cart handle) takes less time. Hand washing, however, takes only 30 seconds to kill the flu virus and is thought to be more

effective than using sanitizer.

Here are some ideas for flu season:

- Does your grocery store deliver to your home or the parking lot? This will reduce your exposure.
- Take some antiseptic wipes in a plastic baggie when you go out. Use them on the cart handles in stores. Carry a small refillable bottle of hand sanitizer.
- Wash your hands thoroughly when you get home.
- Once a week (or more often) wrap hand wipes around door knobs at home and let them dry overnight.

The biggest step we can take is to get a flu shot. The Centers for Disease Control and Prevention suggests the high-dose flu vaccine for seniors because it creates a stronger immune response, 24% higher than the standard vaccine. There's also an adjuvanted and a recombinant vaccine (not made with eggs). Ask your doctor which you should get. Remember that it takes a few weeks for the vaccine to take effect.

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- 1. Who holds the major-league record for most times caught stealing in a season?
- 2. In 2018, Cleveland's Corey Kluber set a franchise record for consecutive starts without allowing more than three earned runs (22). Who had held the team mark?
- 3. Which franchise recorded the biggest comeback by a road team to win a playoff game in NFL history?
- 4. Purdue's Carsen Edwards set a men's basketball record in 2019 for most 3-pointers in one NCAA Tournament (28). Who had held the record?
- 5. Who is the all-time leading U.S. scorer at the men's Ice Hockey World Championship?
- 6. Name the last French driver before Simon Pagenaud in 2019 to win the Indianapolis 500.

7. In 2019, Barbora Strycova became the oldest first-time women's Grand Slam semifinalist in the Open Era of tennis (age 33). Who had been the oldest?

#### **Answers**

- 1. Rickey Henderson, with 42 in 1982 (when he also successfully stole 130 bases).
- 2. Sonny Siebert, with 21 games in 1965.
- 3. The Detroit Lions came back from 20 points down to beat the San Francisco 49ers in 1957.
- 4. Michigan's Glen Rice had 27 in 1989.
  - 5. Patrick Kane, with 42 points.
  - 6. Rene Thomas, in 1914.
- 7. Roberta Vinci was 32 when she reached the U.S. Open semifinals in 2015.

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### **Amber Waves**

### by Dave T. Phipps



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### **Leading the Charge**

When you read "Nationally Recognized by the National Security Agency (NSA) and Department of Homeland Security (DHS)," do you think of South Dakota? Well, you should. In Madison, South Dakota, you'll find one of the nation's top-ranked cybersecurity programs within the walls of Dakota State University (DSU).

South Dakota is blessed with several top-tier universities, but DSU is unique. Dakota State currently has three Centers of Academic Excellence designations from the NSA and DHS and is one of eight resource centers for the NSA. We live in an ever-growing digital world, with that comes cybersecurity risks and a need for individuals with the skills to protect our technology. DSU and the NSA have partnered together to streamline military personnel's ability to obtain a degree in the cyber arena. Senator Rounds and I also introduced legislation to make it easier for the Department of Defense to partner with universities on complex cybersecurity issues. Demand for cybersecurity expertise continues to grow and by 2021 there may be as many as 3.5 million cybersecurity job openings – we need to be preparing people for these jobs as soon as possible.

DSU continues to invest and lead the charge in ensuring that our nation's and our government's technology is secure. This week I had the opportunity to attend the grand opening of the Madison Cyber Labs or "MadLabs." MadLabs is a state-of-the-art, 38,500 square foot facility with the capacity to host nearly 300 researchers. It will also have a Sensitive Compartmented Information Facility or SCIF to conduct classified research, and DSU is already working to secure contracts with the NSA to conduct research at the new facility.

Many universities throughout the country are seeing a decline in enrollment, but Dakota State isn't tracking with the norm. DSU reported increased enrollment in 2019 and welcomed their largest freshman class this year. The investment in MadLabs and DSU's continued innovation will continue to encourage this trend.

South Dakota's state leaders and generous donors worked hard to ensure the dream of MadLabs became a reality—and because of this effort, South Dakota will educate some of the world's best and brightest who will go on to be leaders in government, military, and the private security sector. Because of the excellent leadership of DSU President Griffiths and the support of several of our state's past and present leadership, DSU has excelled as an institution. I look forward to continuing to watch Dakota State University and its students lead our nation in cybersecurity.

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#### SOUTH DAKOTA GOVERNOR

### **KRISTI NOEM**

### **Serving South Dakota**

Since becoming governor, I have been continually reminded that strengthening South Dakota for the next generation is a task I cannot accomplish on my own. I'm proud of the progress we've made in the last nine months, but what most people don't have the privilege of seeing are the state employees – the incredible public servants – who work day in and day out to make South Dakota great.

One of those public servants is Herb Jones. Herb has served as my Chief of Staff since January, and at the end of September, he announced that he is retiring to his home in Yankton in order to spend more time in his favorite role – being a grandpa. I'm happy for him, but he'll be missed.

I've known Herb for a long time and am a better person because of it. Other elected leaders would undoubtedly agree. Herb served in the Janklow, Mickelson, and Miller administrations, and he worked as chief of staff in Washington D.C. to then-Congressman John Thune. He helped me set up my office when I was first elected to Congress and has held leadership roles within the Department of Energy and in the railroad industry. He's experienced, kind, faithful, and level-headed.

Herb is a special gift to this state – and a gift to me. Time after time, he's stepped up and answered the call to advance South Dakota. It takes a special set of skills to get a governor's office up and running, and I will be forever grateful to Herb for putting in the hours that has set my team up for success. He's a key reason we've been able to see victories like increased internet access across the state and aggressive action to address the meth crisis.

Herb will be missed, but I'm grateful for the thousands of dedicated public servants who serve our state with excellence. These are the folks who make South Dakota strong, and I'm committed to making my administration one that prioritizes our people.

During the first few days of October, we hosted the State leadership conference in Pierre that more than 300 state leaders attended. It's important we continue equipping our people with the tools and skills they need to advance in their careers and grow in leadership. When we pour into our people, we pave the way for progress.

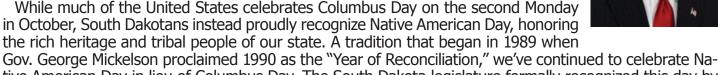
I know this kind of dedication isn't only found in State government. South Dakota is known for our work ethic and care for community. All throughout the state, teachers selflessly shape our kids, giving of themselves for the sake of the next generation; manufacturers do what they do with unwavering excellence; pastors care for people and help us remember the greater good; law enforcement officers wear the badge and say yes – no matter the call.

Albert Einstein once said that "only a life lived for others is a life worthwhile." That's so true. That's how Herb has lived his life. That's the spirit of South Dakota.

To all of you who work for a greater cause and who serve others, thank you. You inspire me. Let's continue pushing forward together.

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### **Celebrating Native American Day**



tive American Day in lieu of Columbus Day. The South Dakota legislature formally recognized this day by

unanimously passing legislation, and we have been honoring the day for nearly thirty years.

Native American culture can be found in every corner of our state. One way to experience this culture is by attending a powwow. Powwows are still very prevalent in South Dakota today, and they provide an opportunity to participate in traditions that are passed on by the Native American people through things like traditional music and dancing. These events take place nearly every month from May to October, and I encourage all South Dakotans to attend these unique celebrations.

Oral storytelling is another important tradition, allowing tribes to pass down their religions, history, and origin stories from one generation to the next. Oral storytelling is an art that is still practiced by tribes across the state, and it remains an important part of tribal people's connection to their past.

One of my favorite stories shared in the Lakota language is of the importance of the "tatanka," or buffalo. Although the term "buffalo" is now scientifically classified as a "bison," the word buffalo is more frequently used in Native American cultures throughout the Midwest. Aside from being the basis of the Lakota diet and an integral part of their way of life – from providing hide for shelter to the bones for tools - the bison is also a large part of their spirituality. Because the tatanka provided the Lakota people with clothing, shelter, and food, among many other things, it was a sacred animal to the people. For example, the tatanka skull was used in many spiritual rituals.

The tatanka skull is featured in the center of the Lakota Sioux Medicine Wheel, representing the circle of life and the four cardinal directions, a beautiful symbol that has endured throughout time, much like the culture of the Sioux people. Though they have faced many challenges, they have continued to maintain their spirit through the guidance of community leaders today and warriors of the past. Warriors like Crazy Horse – a Lakota man who led a band of warriors and defeated General Custer at the Battle of Little Big Horn. Crazy Horse will forever be memorialized in the granite of the Black Hills, on display for folks not just in South Dakota, but throughout the world to see and learn about.

I am grateful for the rich heritage of the South Dakota tribes. Their history is woven deep within the fabric of our state. This Native American Day, take time to reflect on and honor the courageous warriors that continue to make our state the best in the country.



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### **October is Cybersecurity Awareness Month**

National Cybersecurity Awareness Month takes place every October. It is a good opportunity to review our online security habits on both our personal devices and at work. We are more connected than ever, and while it is nice to have quick and easy access to the Internet, it also means we are putting more information into cyberspace that can be used against us by bad actors.



The Department of Homeland Security has announced this year's Cybersecurity Awareness Month theme is "Own IT. Secure IT. Protect IT." More Americans are online than ever before. It's important we take a look at our own cyber practices to make sure we are protecting ourselves from cyberattacks.

If you use any smart devices, take special precautions to secure your information. This can include making separate passwords for each device, checking the apps tied to each device on your smartphone to manually manage how much information you share with each device, secure your home Wi-Fi network with a strong password to prevent outsiders from accessing your devices and make sure to keep up with security and software updates. Keep in mind, whenever you purchase any kind of smart device for your home or vehicle, the company you buy it from will have access to sensitive information about you.

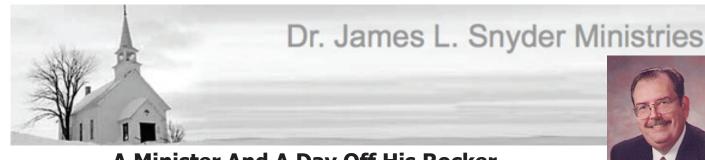
Best practices for online cybersecurity include creating separate strong passwords for every account you open. Turning on multi-factor authentication for all accounts is another good habit. It can stop hackers from accessing your information by creating another obstacle to get through if they've already found out your password. Don't connect to public Wi-Fi to check your online bank account or shop online, as it is easier for hackers to access your bank account or credit card information more easily on a public network. Lastly, be cautious about opening emails or social media messages from people you do not know and don't click on hyperlinks unless you can confirm the message came from a safe source. The overwhelming majority of security compromises are a result of human error — opening an attachment or link sent from an attacker.

Finally, we should remember that poor cyber hygiene cannot only have very negative consequences for individuals. As chairman of the Cybersecurity Subcommittee of the Senate Armed Services Committee, I am deeply concerned about how poor cyber hygiene in our defense industrial base can enable bad actors to access critical military information.

For example, this year, the Department of the Navy released a report showing it had weak cyber defenses (to include in some cases poor cyber hygiene), which could allow hackers to access intellectual property and other sensitive military information. While the report is concerning, I'm glad the Navy recognized the need to increase security. The other branches of the military should follow suit with the same type of self-assessment, as it is unlikely these challenges are limited to just the Navy. When the report came out, I spoke with Secretary of the Navy, Richard Spencer, to commend him for being forthright about their findings. It's never easy to admit shortcomings, but identifying them and finding solutions to them is what will make our country stronger. Among the issues that Secretary Spencer is working hard to address is poor cyber hygiene, which even if limited to a small number of people, can have devastating consequences for the Navy's defense industrial base.

We are relying on technology to make our lives more convenient and support our national security, but with that reliance come risks to our privacy and security. This month, I encourage you to review your cybersecurity habits and make necessary changes to protect yourself and your family from harmful cyberattacks. Additionally, I encourage the Department of Defense to make a top priority of improving the cyber hygiene of the defense industrial base. For more information about National Cybersecurity Awareness Month, visit www.dhs.gov.

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### A Minister And A Day Off His Rocker

I was tootling along one day last week, quite focused on getting my business for the day done. In fact, I was feeling good about the progress I was making with my "to-do list." Nothing is more satisfying to me than the sense of being in control of my schedule. love checking off items on my "to-do list."

As the scheme of things usually develops with me, this euphoric situation was not long-lived. It was left to the Gracious Mistress of the Parsonage to bring a sense of reality into my life.

"Haven't you forgotten something?" She asked me.

This question drove me back to my daily planner. Frantically, I searched my schedule to see what appointment I had missed or what project I had overlooked this time. With all due respect to her, I could not find anywhere in my schedule, or on my calendar, where I had missed anything.

"No," I cautiously said to her. "I seem to have covered everything." With that, I flashed a confident smile in her direction.

She caught that smile and returned a menacing glance in my immediate direction. I caught her drift, which clearly undermined my previous confidence in my schedule.

"Don't you recall," my wife almost sneered, "your New Year's resolution?"

This sent me into a mild panic. New Year's resolutions, as everybody except my wife knows, are not to be taken seriously. People make such resolutions only because it's the thing to do at the time. What a person says on New Year's Eve should have no bearing whatsoever with the coming New Year.

Looking at her with all the seriousness I could muster at the time I said, "I really don't know what you mean."

At the time, I thought she mistook my seriousness for what she likes to call "my flippancy."

"I think you know exactly what I mean," she demanded.

Seeing the blank expression on my face, or more blank than usual, she began to realize I had no idea what she was talking about. Placing both hands on her hips, which is a warning sign to me of something ominous to follow, she stated her case.

"One of your New Year's resolutions was to take a day off each week. When was the last time you took a day off?" She demanded.

Then it all started coming back to me. I did remember such a resolution. But if I recall it accurately, someone, I'll mention no names, backed me into a corner forcing me into such a resolution.

At the time, the resolution was not the result of any serious contemplation on my part. I thought I was just placating her at the time. I never imagined months later she would be calling me on the carpet for it.

"Well," I stammered, "there was that week in February when I took several days off." Then my smile returned to me along with a little bit of confidence.

"You don't mean those days you were sick in bed with a cold, do you? Tell me you're not including those in the category of days off?"

My smile along with my confidence deserted me.

No matter what anybody says, I do sometimes think of taking a day off. And people should get credit

Ι

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for some of their intentions.

If, for example, I can't actually take a day off, it should be enough to think about doing it. The only problem with this pitch is, my wife doesn't buy it. Believe me, if she was buying, I would give a good discount to her.

"Okay," I conceded. "I'll take a day off next week." I thought that would settle it and with any good luck by next week she will have forgotten this conversation.

This just points out one of the major differences between husbands and wives. When it comes to conversations, wives have total recall of every conversation they have ever had.

Of course, I don't know if my wife has total recall on our conversations. There have been times when I thought she was making up what I said 13 years ago. I just had no way to prove it.

"Why not take a day off this week?" she queried."

"Let me think about it," I tried stalling her, "and I'll get back with you on the day."

"How about tomorrow? It's a day," she replied.

Well, she had me there. Tomorrow was a day this week. My problem is I don't like to make snap judgments on things affecting my schedule.

Looking back on the conversation, I can see my mistake. I hesitated. In my many years as a husband, I have noted whenever I hesitated, my wife assumed it was a sign of agreeing with her proposal.

"It's settled then," she said. "Tomorrow you will be taking the day off."

This was an invitation I could not refuse. I love it when a plan comes together and I felt compelled to go along with the plan.

The Bible offers a wonderful invitation. "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light" (Matthew 11:28-30.)

My advice is to take God up on his marvelous offer, today, not tomorrow.

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Inform. Enlighten. Illuminate.

# Football participation declines in S.D. and U.S. as brain injury research expands By: Bart Pfankuch

Tackle football remains one of the most popular sports in America, but participation in high school football in South Dakota and across the United States is falling steadily as the risk of brain injuries from the sport becomes clearer.

Participation in 11-player boys football in South Dakota fell by 5.2% over the past three years, and dropped by 16.6% over the past decade, according to data from the National Federation of State High School Associations, which has done annual participation surveys for more than 25 years.

Participation in nine-player football, played in smaller, mostly rural districts, fell by 3.7% across the nation over the past 10 years, according to the survey.

The decreases came as student enrollment in

grades nine through 12 in South Dakota — the grades that play high school football — was essentially flat during that 10-year time frame at about 43,000 students.

Nationally, total participation in athletics fell across all sports for the first time in nearly 30 years; participation in boys 11-player high school football — the sport with the highest participation among all sports — fell by 5.2% last year to about 1.1 million players.

Recent studies have shown that from 5% to 10% of youth football players will suffer a concussion — defined as a "mild traumatic brain injury" — at some point during a full season. With about 1 million athletes playing high school football in the U.S. annually, that means between 50,000 and 100,000 teens will suffer a concussion each year, not including those at the youth and junior high levels.

Supporters of football — including players, parents, coaches and association officials — see the sport as one that builds character, focuses on teamwork and is outright fun to play and watch. They also note that fear of injury is only one element of a complex decision that high school athletes make in terms of whether to play football or any sport.

Furthermore, in South Dakota specifically, population trends have shown reduced enrollment in many rural schools and decreased opportunities for play.

"I think it's more than just looking at the number and saying, 'Well, over this period of time we're down all these kids participating and that it's because we're concerned about safety," said John Krogstrand, assistant director of the South Dakota High School Activities Association, who oversees boys sports for the group. "I think it's much more than that."

South Dakota had 3,756 participants in 11-player boys football in 68 schools in 2009 and only 3,133 in 66 schools last year, according to the national survey. For comparison, the state had 3,576 participants in boys basketball last year, and 697 in boys soccer.

Krogstrand noted that his association and all school districts across the state have implemented new safety guidelines, improved equipment and instituted concussion protocols to prevent head injuries and



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treat them better when they do occur. He also said some of the drop in participation is likely due to a drop-off of high school enrollment in the early 2000s, which led some schools to end their programs.

He noted as well that much of the enrollment growth in the state has been in Sioux Falls and its suburbs, where opportunities to play are limited to one team at each school no matter how big the school gets.

But with mounting evidence of significant long-term impacts of football-related injuries, particularly those to the head and brain, the survey data reveal that parents and young players themselves are increasingly staying away from the sport.

tion in participation has led some districts, including many in rural



Dale Uttecht of Sioux Falls, shown here at a recent high In South Dakota, the reduc- school football game in Rapid City, has two sons who play football. Uttecht said that while he sometimes worries about the potential for injury, he believes the sport is generally safe areas, to keep the sport alive by and leaves the decision of whether his sons play the game up entering into co-op agreements to them. Photo: Bart Pfankuch, South Dakota News Watch

in which nearby schools combine players to form a single team. Other schools that have seen enrollment and participation decreases have moved from 11-player to nine-player football, which makes it easier to field a team.

Most parents whose children play football are aware of the risks, yet many say they believe the game has gotten safer as the awareness of concussions and other head injuries has risen.

Dale Uttecht of Sioux Falls traveled to Rapid City on a recent Friday night to watch his son, Joe, play football for Sioux Falls Washington against Rapid City Stevens. As he bought four cups of hot chocolate on a rainy September night, Uttecht said he sometimes holds his breath while watching games played by Joe or his older brother Logan, who plays wide receiver for Augustana University.

"All the players are bigger, faster and stronger, so any injuries are going to be worse," he said.

Uttecht said the increased recognition of the risks of head injuries in football has led to changes that he believes have made the game safer, including at Washington High, where a certified trainer is present for all practices and games.

"You always have concerns, but I hear about concussions in soccer and basketball, too," Uttecht said. "It's really their decision if they want to play to not."

### Strong link between concussions and football

Numerous research studies have shown a strong correlation between concussions and contact sports, particularly football. A concussion is a mild traumatic brain injury in which the head and brain shake violently, often causing confusion, headaches, dizziness, nausea or vomiting, and in severe cases, loss of consciousness. Most people who suffer a concussion recover fully with time, and research is inconclusive whether a single concussion will lead to long-term brain impairment. Evidence shows, however, that the

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longer a person plays football and the more hits to the head they take, the chance for long-range impairment or illnesses increases.

American football at the youth, high school, collegiate and professional levels has been the most-analyzed sport in relation to concussions.

The federal Centers for Disease Control and Prevention estimates that between 1.6 and 3.8 million concussions occur annually in the U.S. owing to sports and recreational activities, though many more likely go unreported and untreated.

Recent research has shown that football, hockey and rugby are the sports most likely to lead to concussions, and that 9.6% of all injuries in youth football are concussions, 4% of injuries in high school football are concussions and 8% of collegiate football injuries are concussions.



Research has increasingly shown a link between concussions and other brain injuries to long-term play of tackle football. In part due to concerns over player safety, participation in high school football has fallen in South Dakota, though the game remains immensely popular for many players and fans. Photo: Bart Pfankuch, South Dakota News Watch

In their literature on concussions and sports, doctors at the Sanford Health Orthopedics & Sports Medicine Department in Sioux Falls write that, "One of the worst things any athlete can do for their health is to keep playing after a concussion."

Yet those same physicians report that as many as 40% of youth athletes who suffer a concussion return to play sooner than safety guidelines suggest. They also point to research showing that athletes who suffer one concussion are more likely to have subsequent concussions and can face "potentially catastrophic consequences" if a second concussion occurs.

Children and teens are more susceptible to concussions and take longer to recover than adults, the Sanford doctors said.

Thayne Munce, associate director of the Sanford Sports Science Institute, is an expert on brain injuries related to football and has led research efforts into on-field head injuries, specifically at the middle-school level.

Munce used sensors in the helmets of seventh and eighth grade football players to measure the number and severity of hits to the head during games. Generally, his research showed that players in those grades received fewer head impacts than high school players, mainly due to fewer practices and games being held. But he also found that the severity of head impacts in the lower grades was equal to those suffered at the high school level.

"Their head-impact severity, basically what happens to a head after an impact, is nearly identical to high school level," Munce said. "Even though they're smaller athletes and not running as fast, their impact severity is just as high."

Munce pointed out that significant research does not seem to show that athletes who only play through high school will have long-range brain injuries or neurological implications.

"There isn't enough strong evidence that suggests playing youth football or through the high school level has a significant risk of long-term negative brain health consequence," Munce said.

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In a larger sense, Munce said research into football-related brain injuries is advancing rapidly, but he noted that in many ways scientists "are flying blind" when it comes to fully understanding the risks associated with the sport and its impact on the brain and long-term brain function.

A growing concern for athletes in contact sports, particularly football, is the finding that chronic traumatic encephalopathy, or CTE, has been diagnosed in people who have had repeated jolts or hits to the head, including but not limited to repeated concussions.

CTE has no treatment or cure and can lead to mood disorders, memory loss, behavior problems and dramatic personality changes. In CTE, a destructive protein spreads through the brain, killing brain cells along the way.

Some recent CTE research and individual cases have raised concerns over the potential for brain damage in football players. CTE can only be diagnosed in the brain by autopsy following death.

The results of a 2017 study by researchers at Boston University and reported in the Journal of the American Medical Association showed that CTE was



The Sioux Falls Washington High School football team prepares to kick off after a score in a recent game against Rapid City Stevens. One youth football league in South Dakota has eliminated kick offs and most special teams plays to make the game safer for its youth players. Photo: Bart Pfankuch, South Dakota

News Watch

found in the brains of 177 of 202 former football players, including 99% of those who played professionally and had been in the game the longest.

Study conclusions were limited, however, because of "selection bias" since the donated brains tended to come from patients who exhibited symptoms of cognition or behavioral problems before death.

New research at BU in 2018 further heightened concerns about repeated brain injuries and the connection to a condition called Lewy body disease, which can increase the risk of dementia, Parkinson's disease and Alzheimer's disease. The study showed that participants in contact sports including football, hockey and boxing were more likely to develop Lewy body disease, even independently of symptoms of CTE.

CTE risks drew national attention after Aaron Hernandez, a college and professional football star, committed suicide in 2017 while incarcerated on multiple murder convictions at the age of 27. Doctors later said his brain showed the worst case of CTE they had ever seen in someone so young.

The NFL has made concussion identification and prevention a top priority over the past few years, expanding examinations and increasing the list of symptoms that can prevent a player from returning to a game. Yet Brett Favre, a retired quarterback now in the NFL Hall of Fame, has said he would not encourage his own children to play the game he loves so deeply. (Favre has said that, luckily, he has only daughters.)

The South Dakota High School Activities Association has links to information about both concussions and CTE on its website under a "Health & Safety Issues" heading, including a sample Return to Competition form that outlines protocol for safely returning athletes back to competition after suffering concussion symptoms. The form concludes with the advice, "When in doubt, sit them out."

Krogstrand noted that his association and school districts across the state have been extremely aggressive and hands-on in improving safety for football players and improving protocols to address injuries when they do occur.

Coaches, athletic directors and referees are required to complete an annual online course about concussion prevention, identification and treatment (players with concussions must have physician approval before returning to plays, for example). Other new rules limit the time and amount of contact players can

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have in practices, he said.

"We're doing everything we can with the information when we get it to minimize risk for student athletes and make it as safe as we can with the knowledge that there's risk that is natural and inherent to the game," he said.

Krogstrand noted that in a 2019 ranking of high school safety policies by the Korey Stringer Institute, South Dakota ranked ninth-best among the 50 states.

### Schools regroup as interest wanes

Quinton Cermak, superintendent of the Highmore-Harrold School District in central South Dakota, has seen the reduction in football participation and the risk of injuries from several first-hand vantage points.

As an administrator, Cermak saw the Highmore-Harrold schools undergo a significant drop-off in players in recent years, and he played a key role in saving the football program by joining his athletes with the football team at Miller High School, about 25 miles away. Cermak is also the parent of a football player and serves as head coach of the Miller/Highmore-Harrold football team that includes his son.

In 2014, Cermak was coach of the nine-man Highmore-Harrold football team and watched as the roster fell to 15 or 16 students. Just before the 2015 season, he said several students said they would not play that fall.

"It was a blend of kind of everything; there really wasn't a one-size-fits-all reason, but there are some kids concerned about playing and being injured," he said.

Suddenly, Cermak had only eight students who wanted to play, not even enough to field a nine-man team. Cermak approached several area districts for a potential co-op arrangement, and only the Miller schools agreed to partner. Since then, the co-op football roster has grown to about 32 players, he said.

This season, half a dozen players on Cermak's team have suffered significant injuries — one a torn knee ligament, another a broken collarbone, and three concussions.

Cermak recalled an incident a few years ago when a football player had a severe concussion that required significant recovery time, including missing a week from school.

"He spent a week in his basement, with no TV, phone, or computer; he had such an adverse reaction to light that would intensify his headache, so he had to sit in his basement and just heal," Cermak recalls. "He was suffering the effects a month or two later."

But those injuries, and even a concussion suffered by his son while playing junior high football in the past, have not turned Cermak off of football as a way for young people to build character, develop a team attitude and learn to work hard or "grind" in order to find success on the field and in life.

"I call it a grinder mentality, and football and all sports really help facilitate that lifelong skill," he said. "If you're learning how to grind as a student athlete in high school, that will benefit you in life."

Beyond that, football is a fun game to play, coach and watch, said Cermak, who added that he fully supports new techniques and policies to make the game safer and prevent or properly treat concussions or other injuries that result.

Brian Allmendinger, a football coach who had great success in Gregory for several years and who is now an assistant coach in Milbank, said he viewed consolidation of districts into a single team and the drop from 11-man to nine-man as being driven more by enrollment decreases than concerns over player safety.

Allmendinger said the move from 11-man to nine-man in Gregory several years ago made sense and was safer because trying to field an 11-man team with a small roster could force a coach to play students who might otherwise be considered too young or too small to play at the varsity level.

Allmendinger said the heightened national conversation over brain injuries and greater understanding of the risks of concussions has made high school football much safer than in the past.

Tackling techniques have been improved, training for coaches, referees and players has been increased, and helmets and other equipment have been made much safer in recent years, Allmendinger said.

"The focus on that has been really awesome, and honestly it's an impact sport, but it's probably safer than it's ever been because of the attention directed toward the concussion issue," he said.

Allmendinger said he has seen occasions where he didn't see a hard hit on a player but was approached

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by a referee who suggested the player should be taken out and evaluated.

"If a kid is even suspected of having a concussion, coaches and even officials can pull a kid out," he said. One youth football league in South Dakota is anticipating strong participation in the future, in part because of a greater focus on safety and improved communication with parents.

Lee Kruse, a director of the Black Hills Youth Football League, said participation in the West River league has risen from 850 players in 2015 to 902 this year. The league features players in pads in tackle-football games in several leagues ranging from first through seventh grades, though it has no connection to the

school system.

Kruse said the increased information on concussion risks led league organizers to drop team sizes to six players and ban all special-teams plays, including punts and kickoffs, which are more likely to include running collisions. The league also increased training for coaches and referees, who must be certified, and purchased new equipment for players.

Organizers also reduced the focus on scoring and instead promote game play that focuses on knowing

the rules and exhibiting sportsmanship.

"We go over the top on safety, and play for the right reasons, because it's about development and not touchdowns at this age," Kruse said. "I just feel like we're doing a lot of things right to create a positive experience."

#### **ABOUT BART PFANKUCH**



Bart Pfankuch, Rapid City, S.D., is the content director for South Dakota News Watch, A Wisconsin native, he is a former editor of the Rapid City Journal and also worked at newspapers in Florida. Bart has spent more than 30 years as a reporter, editor and writing coach.

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### Wolves Football Holds on for Gritty 24-22 Win over Upper Iowa Fayette, Iowa – The Northern State University football team spoiled their second straight homecom-

Fayette, Iowa – The Northern State University football team spoiled their second straight homecoming game of the season defeating Upper Iowa University on the road. With the win, the Wolves remain unbeaten outside the confines of Swisher Field with a 3-0 record in 2019. Northern handed Upper Iowa their fifth loss of the season.

THE QUICK DETAILS

Final Score: NSU 24, UIU 22 Records: NSU 3-2, UIU 0-5

Attendance: 1254 HOW IT HAPPENED

- · Upper Iowa scored first, just four minutes into the game, however the Wolves quickly answered back and began to chip away
- · Payton Eue connected on a 36-yard field goal attempt, bring NSU within four as the clock read 6:29 left in the first
- · Isaiah Cherrier grabbed the lead for NSU in the second quarter on back-to-back-to-back runs for a total of 27 yards; the touchdown gave the Wolves a 10-7 lead midway through the quarter
- · Upper Iowa regained the lead on the following drive with a rushing touchdown of their own and a 2-point conversion
- · Northern however was not done in the first half, as Hunter Trautman hit Robert Vomacka for a 19-yard touchdown with just 26 left in the second
- The Wolves led 17-15 heading into the third and tacked on their final touchdown of the game at 7:55 in the third; an 8-yard rush for Cherrier's second score of the afternoon
- The Peacocks threatened in the fourth, coming within two of the Wolves on a rushing touchdown, however the NSU defense forced an interception with under a minute left in regulation
  - · NSU recorded a game high 21 first downs, 284 yards rushing, and 382 yards of total offense
  - The Wolves averaged 5.2 yards per rush and added 98 yards receiving, averaging 8.2 yard per catch
- For the second time this season, Northern converted on each chance in the red-zone and went 8-of-17 on third downs and 1-of-2 on fourth downs
- The Wolves defense recorded four tackles for a loss and one sack, while holding the Peacocks to just 148 yards passing and 121 yards rushing in the contest

#### NORTHERN STATE STATISTICAL STANDOUTS

- Hunter Trautman: 12-of-25, 98 yards passing, 1 touchdown, 47 yards rushing
- Robert Vomacka: 33 yards receiving, 1 touchdown, 19-yard long
- Isaiah Cherrier: 127 yards rushing, 2 touchdowns, 35-yard long, 5.8 yards per carry
- Chance Olson: 8 solo tackles, 1 interception, 1 pass break-up
- Preston Droessler: 8 tackles, 1 forced fumble, 1 interception with a 5-vard return
- Brayden McNeary: 7 tackles, 1.0 tackle for a loss
- Hunter Hansen: 4 tackles, 1 interception
- Landon Hoellein: 3 tackles, 1.0 sack for a loss of 10 yards

#### BEYOND THE BOX SCORE

- Payton Eue recorded his first made field goal of the 2019 season, while Robert Vomacka notched his first receiving touchdown of the year
  - The win is the first for the Wolves over the Peacocks under the direction of head coach Tom Dosch.

#### **UP NEXT**

The Wolves return to Aberdeen next weekend for the annual Gypsy Days celebration. NSU will kick-off versus No. 3 Minnesota State at 2:30 p.m. from Swisher Field on Saturday. The game will be aired on MidcoSN as the NSIC Game of the Week.

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Tonight

Monday

Monday Night Tuesday



Mostly Clear then Patchy Frost



Patchy Frost then Sunny



Mostly Clear



Sunny

Low: 35 °F

High: 65 °F

Low: 46 °F

High: 67 °F



Surface high pressure will bring mild temperatures to the region through early this week. It will also turn breezy this afternoon.

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### **Today in Weather History**

September 6, 2000: Eight miles southwest of Miller, ninety mph winds destroyed three barns and a small garage along with severely damaging a creeper feeder and an enclosed trailer. Another building was moved from its foundation and damaged. An empty school bus was rolled several times before it came to rest atop a fence. Also, a window was broken out of the house.

1667: The "dreadful hurricane of 1667" is considered one of the most severe hurricanes ever to strike Virginia. On the first, this same storm was reported in the Lesser Antilles. The hurricane devastated St. Christopher as no other storm had done before. The "great storm" went on to strike the northern Outer Banks of North Carolina and southeastern Virginia. Area crops (including corn and tobacco) were beaten into the ground.

1776: Called the Pointe-à-Pitre hurricane, this storm is one of the deadliest Atlantic hurricanes on record. While the intensity and complete track are unknown, this storm struck Guadeloupe on this day, killing 6,000.

1881: Forest fires in "The Thumb" of Michigan and Ontario resulted in "Yellow Day" over the New England states. Twenty villages and over a million acres burned in Michigan. The smoke from these fires caused the sky to appear yellow over several New England cities. Twilight appeared at noon on this day.

1933: The remnant low of the Treasure Coast Hurricane dumped 10.33" of rain in Charleston, which is the second-highest 24-hour rainfall total on record for the downtown station. The storm produced wind gusts of 51 mph and also spawned a tornado near the city.

2003: Hurricane Isabel was first named on September 6th, 2003. It would reach Category 5 status and eventually make landfall in North Carolina as a Category 2.

2017: Category 5 Hurricane Irma affected the US Virgin Island and Puerto Rico. Maximum sustained winds were at 180 mph when the storm hit St. Thomas & St. John. Catastrophic damage was reported over the US Virgin Island & significant damage over Puerto Rico, especially over Culebra.

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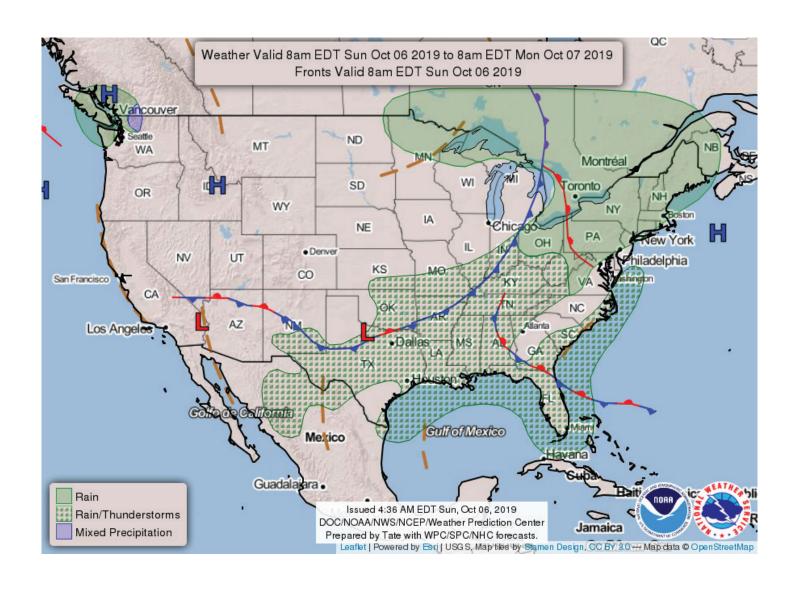
## Yesterday's Groton Weather Today's Info Record High: 91° in 1993

Low Temp: 43 °F at 10:26 PM Wind: 28 mph at 5:07 PM

**Day Rain: 0.00** 

Record High: 91° in 1993 Record Low: 19° in 2012 Average High: 63°F Average Low: 37°F

**Average Precip in Oct.:** 0.40 Precip to date in Oct.: 0.38 **Average Precip to date: 18.88 Precip Year to Date: 25.40 Sunset Tonight:** 7:05 p.m. Sunrise Tomorrow: 7:39 a.m.



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#### **DO YOU REALLY BELIEVE?**

"Wire-walkers" are known for their death-defying performances. These well-prepared and highly skillful entertainers are known for walking on thin wires that are suspended high in the air over dangerous sites. Normally they use a long pole for balance.

There was one "high-wire walker" who decided to use a wheelbarrow filled with 200 pounds of bricks for his balance as he crossed Niagara Falls. After he accomplished his feat, a crowd of reporters gathered around him and began to ask questions. After he answered the last question, he pointed to one of them and asked, "Do you believe that I can take this wheelbarrow that is now filled with bricks back to the other side?"

"Certainly," came the reply.

"Good!" The wire-walker then dumped the bricks on the ground and said to the reporter, "Get in and I'll take you to the other side."

Mark tells the story of a father who brought his demon-possessed boy to the disciples for healing. They failed. Then, he took his son to Jesus, and said, "Do something if you can." And Jesus said, "If I can? Anything is possible if you believe. But, do you believe?"

And the father replied, "Lord, help my unbelief!"

Our faith only grows when we pray, give our fears to God, and trust in Him alone.

Prayer: Father, remove our doubts and fears and fill our minds and hearts with a faith that completely relies on You for all things. Please, remove our unbelief. In Jesus' Name, Amen.

Scripture For Today: Mark 9:24 The father instantly cried out, "I do believe, but help me overcome my unbelief!"

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### **2019 Groton SD Community Events**

- 09/07/2019 Fall City-Wide Rummage Sales (1st Saturday after Labor Day)
- 09/08/2019 Sunflower Classic at Olive Grove Golf Course
- 09/12/2019 St. John's Lutheran Luncheon
- 09/20/2019 Presbyterian Luncheon
- 09/28/2019 Granary Living History Fall Festival
- 10/11/2019 Lake Region Marching Band Festival (2nd Friday in October)
- 10/12/2019 Pumpkin Fest (Saturday before Columbus Day)
- 10/31/2019 Trunk or Treat/Halloween on Main (Halloween)
- 11/09/2019 Legion Post #39 Turkey Shoot (Saturday closest to Veteran's Day)
- 12/07/2019 Olive Grove Golf Course Holiday Party
- 12/07/2019 Santa Claus Day at Professional Management Services
- Bingo: every Wednesday at the Legion Post #39

### **2020 Groton SD Community Events**

- 01/26/2020 Carnival of Silver Skates 2pm & 6:30pm (Last Sunday of January)
- 04/04/2020 Groton Lions Club Easter Egg Hunt, 10 a.m. Sharp (Saturday a week before Easter Weekend)
  - 04/25/2020 Fireman's Stag (Same Saturday as GHS Prom)
  - 05/02/2020 Spring City-Wide Rummage Sales, 8 a.m.-3 p.m. (1st Saturday in May)
  - 05/25/2020 Groton American Legion Post #39 Memorial Day Services (Memorial Day)
  - 06/8-10/2020 St. John's VBS
  - 07/04/2020 Firecracker Golf Tourney (4th of July)
     Groton Hosting State B American Legion Baseball Tournament
  - 07/12/2020 Summer Fest/Car Show
  - 09/12/2020 Fall City-Wide Rummage Sales, 8 a.m.-3 p.m. (1st Sat. after Labor Day)
  - 10/10/2020 Pumpkin Fest
  - 10/31/2020 Groton United Methodist Trunk or Treat (Halloween)
- 11/14/2020 Groton American Legion Post #39 Annual Turkey Party (Saturday closest to Veteran's Day)

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## News from the App Associated Press

### **SD Lottery**

#### By The Associated Press undefined

PIERRE, S.D. (AP) \_ These South Dakota lotteries were drawn Saturday:

Dakota Cash

01-08-19-22-28

(one, eight, nineteen, twenty-two, twenty-eight)

Estimated jackpot: \$176,000

Lotto America

01-03-21-25-32, Star Ball: 8, ASB: 2

(one, three, twenty-one, twenty-five, thirty-two; Star Ball: eight; ASB: two)

Estimated jackpot: \$3.33 million

Mega Millions

Estimated jackpot: \$55 million

Powerball

06-14-36-51-54, Powerball: 4, Power Play: 2

(six, fourteen, thirty-six, fifty-one, fifty-four; Powerball: four; Power Play: two)

Estimated jackpot: \$70 million

Saturday's Scores

By The Associated Press

Volleyball

Bennett County def. Jones County, 25-12, 25-20, 25-15

Brandon Valley def. Aberdeen Central, 25-17, 18-25, 29-31, 25-22, 15-11

Lac qui Parle Valley, Minn. def. Milbank Area, 25-17, 26-24, 25-12

Madison def. Ethan, 19-25, 25-17, 22-25, 25-17, 15-8

Pine Ridge def. Crow Creek, 25-14, 25-14, 25-10

Sioux Falls O'Gorman def. Pierre, 25-14, 25-20, 25-16

Wagner def. Tri-Valley, 27-25, 25-16, 25-19

281 Conference Tournament

First Round

Highmore-Harrold def. Wessington Springs, 23-25, 25-14, 25-22

Sanborn Central/Woonsocket def. James Valley Christian, 25-23, 25-23

Wolsey-Wessington def. Iroquois/Doland, 25-19, 25-18

**Consolation Semifinal** 

Iroquois/Doland def. James Valley Christian, 25-12, 25-14

Semifinal

Hitchcock-Tulare def. Highmore-Harrold, 25-18, 25-15

Wolsey-Wessington def. Sanborn Central/Woonsocket, 25-10, 29-27

Third Place

Sanborn Central/Woonsocket def. Highmore-Harrold, 25-13, 25-21

Championship

Wolsey-Wessington def. Hitchcock-Tulare, 30-28, 25-11

**Great Plains Conference Tournament** 

**Pool Play** 

Pool A

Scotland def. Tripp-Delmont/Armour, 27-25, 25-16

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Pool B

Corsica/Stickney def. Andes Central/Dakota Christian, 18-25, 25-22, 25-18

Corsica/Stickney def. Gayville-Volin, 25-13, 25-14

Pool C

Alcester-Hudson def. Colome, 25-20, 25-11

Alcester-Hudson def. Centerville, 25-12, 25-14

Avon def. Colome, 25-20, 25-22

Avon def. Alcester-Hudson, 22-25, 25-16, 25-21

Avon def. Centerville, 25-7, 25-6

Colome def. Centerville, 25-14, 25-12

Lead-Deadwood Mile High Invitational

Harding County def. Rapid City Stevens JV, 25-17, 26-24

**Pool Play** 

Pool A

Rapid City Christian def. Edgemont, 25-7, 25-23

Rapid City Christian def. Gordon/Rushville, Neb., 27-25, 25-19

Pool B

Lead-Deadwood def. Wall, 25-10, 25-13

Lead-Deadwood def. Lemmon, 25-13, 25-17

Pool C

Kadoka Area def. Hot Springs, 25-14, 25-8

Kadoka Area def. Newell, 25-8, 25-15

Pool D

New Underwood def. Harding County, 25-18, 25-22

Redfield-Pheasant Fall Classic

Pool Play

Pool A

Aberdeen Roncalli def. Waverly-South Shore, 25-12, 25-18

Aberdeen Roncalli def. Webster, 25-18, 20-25, 25-16

Beresford def. Waverly-South Shore, 25-13, 25-17

Beresford def. Webster, 25-13, 25-21

Beresford def. Aberdeen Roncalli, 15-25, 25-22, 25-20

Northwestern def. Webster, 25-19, 25-12

Northwestern def. Beresford, 25-12, 25-10

Northwestern def. Aberdeen Roncalli, 25-6, 25-12

Northwestern def. Waverly-South Shore, 25-19, 25-9

Webster def. Waverly-South Shore, 25-23, 21-25, 25-23

Pool B

Belle Fourche def. Potter County, 25-20, 19-25, 25-23

Groton Area def. Redfield, 25-16, 25-23

Groton Area def. Warner, 25-20, 18-25, 25-18

Groton Area def. Belle Fourche, 25-15, 25-18

Groton Area def. Potter County, 22-25, 25-20, 25-18

Redfield def. Potter County, 25-19, 25-10

Redfield def. Belle Fourche, 22-25, 25-13, 25-20

Warner def. Potter County, 25-13, 25-15

Warner def. Belle Fourche, 25-10, 25-16

Warner def. Redfield, 25-8, 25-23

Third Place

Warner def. Beresford, 25-19, 23-25, 25-20

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Championship

Northwestern def. Groton Area, 25-23, 25-17

Twin Cities Tournament

Silver Division

Lexington, Neb. def. Spearfish, 25-22, 25-14

**Consolation Semifinal** 

Torrington, Wyo. def. Spearfish, 25-16, 25-19

Seventh Place

Spearfish def. Burns, Wyo., 25-16, 25-23

Gold Division

Semifinal

Sidney, Neb. def. Rapid City Central, 25-22, 25-19

First Round

Rapid City Central def. Rapid City Stevens, 25-15, 25-20

**Consolation Semifinal** 

Rapid City Stevens def. Grand Island Northwest, Neb., 25-16, 23-25, 25-16

Fifth Place

Rapid City Stevens def. Ogallala, Neb., 25-18, 25-19

Third Place

Chadron, Neb. def. Rapid City Central, 25-10, 25-10

### South Dakota wins Homecoming, blanks Indiana State, 38-0

VERMILLION, S.D. (AP) — Austin Simmons ran for three touchdowns and threw for a fourth as South Dakota shutout Indiana State, 38-0 in the Missouri Valley Conference opener for both schools Saturday. The shutout was the first in a Dakota Days homecoming game since 2004, when the Coyotes blanked Augustana, 23-0.

Simmons capped a 10-play, 75-yard opening drive with a 4-yard run for his first touchdown. Kai Henry broke free for a 42-yard scoring run in the first quarter and Simmons raced 37 yards for a score to open the second as the Coyotes (2-3, 1-0) built a 24-0 advantage at intermission.

Simmons finished 15 of 25 for 210 yards with an interception and a 29-yard touchdown pass. He carried nine times for 138 yards.

Gunnar See was 23 of 38 for 239 yards and an interception for Indiana State (2-3, 0-1).

South Dakota forced eight Indiana State punts and the Sycamores turned the ball over on downs twice in the second half

The previous two meetings between the programs went to overtime. The Coyotes survived a 33-30 double overtime battle in Vermillion two years ago. Last year Indiana State won, 51-48 in triple OT.

### Gibbs-Janke connection boosts South Dakota St. to 28-10 win

BROOKINGS, S.D. (AP) — J'Bore Gibbs threw a pair of touchdown passes to Jaxon Janke to break open the game in the fourth quarter and South Dakota State beat Southern Illinois 28-10 on Saturday in a Missouri Valley Football League opener.

The Salukis (2-3) led 10-9 at halftime after Kare Lyles passed 19 yards to Nigel Kilby with 12 seconds left in the second quarter. But Pierre Strong burst through the line for the go-ahead score on a 64-yard run midway through the third quarter. Strong, who had four runs of over 25 yards, finished with a season-high 229 yards on 20 carries for the Jackrabbits (4-1), ranked third in the FCS.

Gibbs threw a 58-yard TD pass to Cade Johnson in the first quarter and Chase Vinatieri, nephew of NFL kicker Adam Vinatieri, had a 39-yard field goal and finished the game with the Jackrabbits' record for career points via kicking at 322.

South Dakota State has now won the last four meetings with SIU.

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### Iowa to be site of utility lineman training facility

INDIANOLA, Iowa (AP) — Construction has begun in south-central Iowa on a \$13.5 million, 50,000 square-foot facility to train power pole linemen in several Midwest states.

The Des Moines Register reports that the Missouri Valley Line Constructors Apprenticeship and Training Program is building the facility in an industrial park in Indianola. Construction is expected to be complete in the fall of 2020.

Program director Robbie Foxen says the one-story building will sit on 46 acres, and a pole yard for high voltage power lines and training structures will be spread across the grounds.

It will be the primary training center for Missouri Valley contract linemen, traffic signal technicians and substation technicians from Iowa, Minnesota, Missouri, Nebraska, North Dakota, South Dakota and Wisconsin.

The program already has five training centers in the seven states it serves. Foxen says the new facility is being built in Indianola because it is centrally located.

More than 1,000 workers are expected to pass through the new center annually.

Information from: The Des Moines Register, http://www.desmoinesregister.com

#### 29 black-footed ferrets released at Wind Cave National Park

WIND CAVE NATIONAL PARK, S.D. (AP) — More black-footed ferrets have been released at Wind Cave National park in southwestern South Dakota.

The National Park Service says 29 ferrets were released into their new home at the park on Thursday. The ferrets will add to the park's estimated ferret population of 18 to 20 animals. The ferrets were raised at the U.S. Fish and Wildlife Service's National Black-footed Ferret Conservation Center in northern Colorado. Park Superintendent Vidal Davila says the goal is to increase the ferret population and enhance the animal's genetics that have existed in the park since ferrets were originally reintroduced in 2007.

Crews will perform surveys in the next week to monitor the newly released ferrets.

Black-footed ferrets are considered one of the rarest animals in North America.

### Anger grows at civilian deaths by US, Afghan forces By KATHY GANNON Associated Press

JALALABAD, Afghanistan (AP) — The workers were sleeping on the mountainside where they had spent a long day harvesting pine nuts in eastern Afghanistan. Some were in tents, others lay outside under the stars, when the U.S. airstrike tore into them.

Only hours before the Sept. 19 strike, the businessman who hired them had heard there was a drone over the mountain and called Afghanistan's intelligence agency to remind an official his workers were there — as he'd notified the agency days earlier.

"He laughed and said, 'Don't worry they are not going to bomb you," the businessman, Aziz Rahman, recalled.

Twenty workers were killed in the strike, including seven members of one family. A relative, Mohammed Hasan, angrily described body parts they found scattered on the ground, gesturing at his arm, his leg, his head.

"This is not their (Americans') first mistake," said Hasan. "They say 'sorry'. What are we supposed to do with 'sorry?' ... People now are angry. They are so angry with the foreigners, with this government."

Increasing civilian deaths in stepped-up U.S. airstrikes and operations by Afghan forces highlight the conundrum the U.S. military and its Afghan allies face, 18 years into the war: How to hunt down their Islamic State group and Taliban enemies, while keeping civilians safe and on their side.

Complaints have also grown over abuses and killings by a CIA-trained Afghan special intelligence force

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known as Unit 02. In the same province, Nangarhar, members of the Unit killed four brothers during a raid on their home. The brothers' hands were bound and they were shot in the head.

Former President Hamid Karzai, in a recent interview with The Associated Press, said he didn't want the U.S. troops for "one more minute" if deaths of civilians continued.

Some 16,000 civilians have been killed since 2009 in the war, according to the U.N. Overall, civilian deaths are down so far this year, on track to the lowest number since 2012.

But civilian deaths caused by U.S. and Afghan government forces are rising, surpassing for the first time those caused by the Taliban and other insurgents, according to a U.N. report.

It found that U.S. and Afghan forces killed 717 civilians and injured 680 in the first six months of the year, up 31% from the same period in 2018. The Taliban and IS killed 531 and wounded 1,437, down 43%.

Michael Kugelman, deputy director of the Asia Program at the Washington-based Wilson Center, said that is because U.S. President Donald Trump has sought to ramp up pressure on the battlefield amid negotiations with the Taliban and has loosened rules of engagement for U.S. forces.

"In effect, the Trump administration has given its blessing to U.S. forces to use a more gloves-off approach on the battlefield that raises the risk of civilian casualties," he said.

In early September when Trump declared as "dead" a deal with the Taliban that had seemed imminent, he boasted the U.S. had "been hitting our enemy harder than at any time in the last ten years."

Earlier this week Defense Secretary Mark Esper said: "We did step up our attacks on the Taliban since the talks broke down. . . we did pick up the pace considerably."

According to the U.S. Air Forces Central Command, the U.S. conducted more bombings and drone strikes in Afghanistan in August than in any previous month this year — 783, compared to 613 in July and 441 in June.

Dropping more bombs doesn't appear to be working. The Taliban are stronger than they have been since their ouster in 2001, and IS is expanding its footprint, moving into the mountains of the northeast, according to a U.S. Department of Defense intelligence agent. He spoke on condition of anonymity because of the sensitivity of his work.

In an interview with The Associated Press, Afghan Defense Minister Asadullah Khaled disputed the U.N. report, saying "we do not have a lot of civilian casualties." He accused the Taliban and their sympathizers of inflating numbers.

"I cannot say there are no civilian casualties from the Afghan side but there is a big difference. Taliban is killing people in the mosque, in the school, in the street, and we are trying our best," to avoid civilian casualties, said Khaled.

Khaled seemed to put some blame for the deaths in the Sept. 19 strike on the farmers. He said they were working on a mountain where IS is known to have bases, without informing the authorities.

But Rahman did inform authorities all the way to the provincial governor's office, according to documents dated Sept. 2 and seen by the AP.

When he heard of the drone over the site, Rahman called the local office of Afghanistan's intelligence agency, known as the National Defense Secretariat, to remind them.

Still the strike came.

Initially, the U.S. military announced it had killed 16 Islamic State group fighters in a strike in that area that date. As angry villagers brought bodies of the dead to the provincial capital of Jalalabad, the U.S. military backed off that and said the incident was being investigated.

More than three weeks after the incident, the U.S military said the investigation was ongoing.

Gen. Scott Miller, chief of the U.S.-led coalition in Afghanistan, said the best way to decrease civilian casualties is for both sides to reduce violence.

"That said, my commitment to the Afghan people is we will be as precise as possible and support your security forces and when something goes wrong ... we will quickly own it and look to provide the appropriate compensation for those mistakes," Miller said.

Speaking at the Nangarhar provincial capital of Jalalabad, Rahman showed his notebook where he me-

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ticulously wrote down the names of his dead workers in a notebook — 20 men.

Jabeen was the only wage earner for his household — a wife, four children and his elderly father. He made 400 Afghanis (\$5) a day harvesting pine nuts. Many Afghans use on only one name.

Wahidullah had just married. He hadn't had a chance to start a family. He and his young wife lived with

Abdullah was the father of two children, the eldest a 5-year-old daughter. His elderly mother lived with him. Ibrahim left behind a wife and three children, now being watched over by his father.

"The Americans are attacking our ordinary people," said Rahman. "They are attacking our weddings. They are attacking our funerals ... How is it they can't see who they are killing?"

On Sept. 23, U.S air support of an Afghan operation against Taliban and al-Qaida in southern Helmand province's Musa Qala district killed at least 40 people attending a wedding. Most of the dead were women and children, according to Abdul Majed Akhund, deputy provincial councilman.

An airstrike by U.S.-led forces a week ago in a Taliban-controlled district in central Ghazni province killed at least five civilians, local villagers said. Angry villagers carried the bodies to the provincial capital shouting, "Death to Ashraf Ghani," referring to the Afghan president, and "Death to America."

It's not just the U.S. air raids that are infuriating Afghans.

President Ghani fired his intelligence chief Masoom Stanikzai last month after complaints from Afghans and the United Nations about widespread abuses by the CIA-trained Unit 02. As early as last year, the U.N. asked the government to implement more oversight over the unit.

The firing came after members of the unit raided a home in Jalalabad, only meters (yards) from the Justice Ministry, and killed four brothers. Family members showed the AP photos of the bodies, bound and shot in the head. One of the brothers was an assistant to a close ally of Ghani. Their uncle, Ibrahim Malikzada, said the Unit's soldiers also took cash and jewelry.

The Unit reported that the dead were insurgents, a claim denied by the family. Eight others were arrested in the raid and later released.

Kugelman of the Wilson Center warned, "These increasing civilian deaths threaten to turn the tide of Afghan public opinion against the United States at a moment when there is already a risk of U.S. forces wearing out their welcome."

## Protests, clashes as bid to block Hong Kong mask ban fails By EILEEN NG and JOHN LEICESTER Associated Press

HONG KONG (AP) — Shouting "Wearing a mask is not a crime," tens of thousands of protesters marched in central Hong Kong on Sunday, as a court rejected a second attempt to block a ban on masks aimed at quashing violence at pro-democracy rallies.

The ban, which took effect Saturday, triggered chaos for a third straight day in the semi-autonomous Chinese territory. Police fired tear gas in several areas as demonstrators lobbed bricks and gasoline bombs in confrontations that have become a regular occurrence during the 4-month-old protest movement.

Lawmaker Dennis Kwok said the High Court refused to grant an injunction on the mask ban but agreed to hear later this month an application by 24 legislators against Hong Kong leader Carrie Lam's use of emergency powers to impose the rule by circumventing the legislature.

The embattled leader has said the ban on masks, which allows radical protesters to conceal their identity, was needed to stop widespread violence that has "semi-paralyzed" Hong Kong. It is also the biggest challenge for Chinese President Xi Jinping since the former British colony returned to Chinese rule in 1997.

Many malls, shops and the entire MTR network of subways and trains were shut Saturday following an overnight rampage. About half of the city's 94 subway stations reopened Sunday, but some quickly shut again after protesters vandalized stations, set street fires and thrashed shops and banks linked to China.

Many malls also remained shuttered as streets downtown turned into a sea of umbrellas, with protesters chanting "Hong Kong people, resist." The rally disbanded after police deployed tear gas to break up violence and detained over a dozen young protesters. Tear gas was also used in the city's Mong Kok district. Critics fear the use of the Emergency Regulations Ordinance that gives Lam broad powers to implement

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any measures she deems necessary in an emergency could pave the way for more draconian moves. The law was enacted by British colonial rulers in 1922 to quell a seamen's strike and was last used in 1967 to crush riots.

Lam has not ruled out further measures if violence continues.

"This emergency law is so ancient and draconian. Carrie Lam is using it as some sort of weapon of mass destruction to nuke Hong Kong," said legislator Claudia Mo.

Even though the court rejected the legal challenge, Kwok and Mo welcomed the decision to expedite the hearing. The court didn't set a hearing date but indicated it would be at the end of October.

"This is a constitutional case. The court has acknowledged there is controversy involving the use of the emergency law," Mo said.

Lam has said she will seek the backing of the legislature when it resumes Oct. 16. Mo called it a sham because only Lam has the power to repeal the mask ban under the emergency law.

Many protesters who wore masks Sunday said the ban curtailed their freedom of expression. The ban applies to both illegal and police-approved gatherings, and carries a penalty of up to a year in jail and a fine.

"Carrie Lam is not the god of Hong Kong. She can't do anything she likes," said retiree Patricia Anyeung, who wore a mask while marching with her sister, Rebecca.

A police official who spoke on condition of anonymity because he was not authorized to speak to the media said some arrests were made Sunday for violating the ban, but he couldn't give any numbers.

Enforcement proves tricky in a city where masks have often been used since a deadly respiratory disease outbreak in 2003. The government said Saturday that it won't prohibit the public from wearing masks for health reasons amid the current flu season.

"They can't arrest us all. There are thousands of us," said Anyeung. "There is no going back — we are at the point of no return." Anyeung, who holds a British passport, said she may leave Hong Kong if the city's freedoms are extinguished.

Some protesters spray-painted the word "resist" along a sidewalk.

"I'm thinking of my kid's future. For the sake of our freedom, there's nothing we're afraid of," Feng Yiucheng said through his black mask as he handed out bottles of water to marchers from his van, accompanied by his wife and 2-year-old son.

The protests were sparked in early June by a bill that would have sent criminal suspects to stand trial in mainland China, but have since snowballed into an anti-China movement. Many peaceful demonstrators say violence is the only way for young protesters to force the government to bend to clamors for greater democratic rights and other demands.

The shooting of a 14-year-old boy Friday night — the second protest victim of police gunfire — stoked fears of more bloody confrontations. An 18-year-old protester was shot at close range by a riot officer on Tuesday. He was charged with rioting and assaulting police, while the younger teen was arrested.

## Pompeo: State Dept. will follow law as Dems seek documents By JILL COLVIN and MATTHEW LEE Associated Press

WASHINGTON (AP) — Secretary of State Mike Pompeo said the State Department intends to follow the law in the House impeachment investigation and vigorously defended President Donald Trump, dismissing questions about the president's attempts to push Ukraine and China to investigate a Democratic political rival.

The Trump administration and House Democrats often disagree about what the law requires, leaving open the question of how Pompeo may interpret Democrats' demands for key information about Trump's handling of Ukraine.

Pompeo, speaking Saturday in Greece, said the State Department sent a letter to Congress Friday night as its initial response to the document request and added, "We'll obviously do all the things that we're required to do by law." He has allowed Democrats to interview a series of witnesses next week. Among them is Gordon Sondland, the U.S. ambassador to the European Union, another key figure in the probe.

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The administration has struggled to come up with a unified response to the quickly progressing investigation. Democrats have warned that defying their demands will in itself be considered "evidence of obstruction" and a potentially impeachable offense.

Pompeo has become a key figure in the Democrats' investigation. He was on the line during the July phone call in which Trump pressed Ukrainian President Volodymyr Zelenskiy to investigate former Vice President Joe Biden and his son, Hunter — sparking a whistleblower complaint and now the impeachment inquiry.

Pompeo had initially tried to delay a handful of current and former officials from cooperating with the inquiry and accused Democrats trying to "bully" his staffers.

On Saturday, Pompeo did not back off his defense of Trump's call with Ukraine.

"There has been some suggestion somehow that it would be inappropriate for the United States government to engage in that activity and I see it just precisely the opposite," he said.

Trump has offered a series of contradictory statements when it comes to the Democrats' subpoena of White House records.

Asked Wednesday whether the White House intended to comply, Trump told reporters, "I always cooperate," even as he dismissed the inquiry as "a hoax." A day later, however, Trump had a different answer for the same question, saying he would instead leave the matter to his lawyers.

"That's up to them to decide," he said, "But the whole investigation is crumbling."

By Friday, however, Trump confirmed reports the White House was preparing a letter to House Speaker Nancy Pelosi, D-Calif., arguing that Congress cannot undertake an impeachment investigation without first having a vote to authorize it. Pelosi has insisted the House is well within its rules to conduct oversight of the executive branch under the Constitution regardless.

It was unclear Saturday when or if that letter would be sent.

Pompeo, meanwhile, made clear that the State Department had yet to turn over any document, but intended to follow a proper review. And he said he would do so faster than the Obama administration.

"I remember precisely once when I was on that side and we were looking for documents, I remember precisely how long it took for those documents to come across," he said in an apparent reference to his experience as a congressman during the investigation into the 2012 attack on the U.S. mission in Benghazi, Libya.

"We're going to beat that. We're going to be more responsive than the Obama administration was in the years that preceded this particular Congress," he said.

A congressional aide familiar with Pompeo's response confirmed that the State Department had indeed been in contact, even if Pompeo had failed to meet a Friday deadline to produce documents required by the subpoena.

Trump, meanwhile, continued to seethe Saturday, denouncing the investigation as yet another "Witch Hunt!" and "a fraud against the American people!"

In a series of tweets Saturday, including several sent as his presidential motorcade ferried him back and forth to his Virginia golf course, Trump defended his conduct and lashed out at critics, including a past foil, Sen. Mitt Romney, R-Utah.

"I'm hearing that the Great People of Utah are considering their vote for their Pompous Senator, Mitt Romney, to be a big mistake. I agree! He is a fool who is playing right into the hands of the Do Nothing Democrats!" Trump wrote. He ended his tweet with an extraordinary call to impeach a senator from his own party.

Yet Romney was joined Saturday in his criticism by a second Republican senator, Susan Collins of Maine, who said "it's not OK" for a president to encourage a foreign state to investigate a political rival.

Speaking after a firefighter memorial service in Maine, Collins said Trump made a "big mistake" when he piled on his outreach to Ukraine by publicly calling on China to investigate the Bidens.

Sen. Ben Sasse of Nebraska is the only other Republican senator to publicly criticize the president's comments that further fueled an impeachment inquiry.

Lawmakers are focused on Trump's efforts to push Ukraine to investigate the Bidens. A whistleblower complaint said that Trump sought to use military assistance for Ukraine as leverage to push the newly

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elected Zelenskiy to launch an inquiry into the 2020 Democratic hopeful.

Late Thursday, House investigators released a cache of text messages that showed top U.S. diplomats encouraging Zelenskiy to conduct an investigation linked to Biden's family in return for granting a high-profile visit with Trump in Washington.

The release followed a 10-hour interview with one of the diplomats, Kurt Volker, who stepped down as special envoy to Ukraine after the impeachment inquiry had begun.

Lee reported from Athens, Greece. Associated Press writer Mary Clare Jalonick contributed to this report.

### Ex-officer not guilty of manslaughter in Georgia shooting

WOODBINE, Ga. (AP) — A former Georgia police officer who fatally shot a fleeing, unarmed black man was acquitted Saturday of voluntary manslaughter and involuntary manslaughter.

The jury, however, found Zechariah Presley guilty of violating his oath of office in the 2018 shooting of Tony Green, 33, in coastal Camden County near the Georgia-Florida state line.

Presley was ordered to be jailed pending sentencing Oct. 18. He faces a prison term of one to five years. Presley sat silently at the defense table. Green's relatives wiped away tears after the verdict was read. Pastor Mack De'Von Knight, whose church Green attended, denounced the acquittals outside the courthouse, saying the evidence was "open and shut."

"He admitted that he killed Tony Green in cold blood," Knight said. "To me, it's hunting season for the young black man and we're being gunned down in the streets and there's no repercussions, there's no consequences for these officers."

Though Presley's body camera recorded his fatal encounter with Green, darkness and something covering the camera lens obscured the shooting and the moments leading up to it. That left the jury to weigh Presley's court testimony recalling what had occurred with a sometimes conflicting account by prosecutors and investigators.

Presley said he followed Green's car on the night of June 20, 2018, because he believed Green was driving with a suspended license. Dash camera video showed Green drive the car off the road, then open the door and run. He briefly returned to the vehicle to grab an unseen object, then fled again.

Presley chased Green on foot down a darkened street. A short struggle followed that's not visible on the video. The recording picked up the electrified clicking sound from Presley's Taser, followed by eight gunshots.

Another officer arrives afterward to find Presley lying on the ground. Presley says Green had been on top of him, trying to grab his Taser. Presley then says: "And then I was going for my gun, and he started taking off. And I fired."

An autopsy found Green was struck by eight bullets — one to his chest, the rest to his back and hips. Green also had small amounts of alcohol, marijuana, cocaine and a tranquilizer in his system.

On the witness stand Wednesday, Presley added details he had not mentioned previously. He said he opened fire after Green turned back to face him and extended an arm, saying he feared Green had a gun. Investigators determined the object in his hand was a cellphone.

Presley's attorneys argued the shooting was justified because Presley believed his life was in danger.

"Tony Green was not shot because of misdemeanor offenses," defense attorney Adrienne Browning said in her closing argument Thursday. "He was shot because of bad decision after bad decision, until the threat was overwhelming and Zech feared for his life."

Prosecutors said jurors shouldn't believe the revised account of the shooting Presley gave in court.

"He made a fatal mistake and it was a mistake that cost a man his life," prosecutor Rocky Bridges said of Presley in his closing argument. "You don't have to like Tony Green. ... He ran from the police, not a good decision. But he was not armed. He did not turn on officer Presley. He did not deserve to die."

The shooting of a black man by a white officer sparked protests by Green's relatives and other black

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residents of Kingsland. They argued a manslaughter charge wasn't severe enough for Presley, who was fired after the shooting. The grand jury that indicted Presley rejected charging him with murder.

This story has been corrected to show that Tony Green was 33, not 31, when he was killed.

### North Korea decries breakdown of talks US says were 'good' By JARI TANNER and MATTHEW LEE Associated Press

HELSINKI (AP) — North Korea's chief negotiator said that nuclear talks with the U.S. had broken down, but Washington maintained the two sides had "good discussions" in Sweden that it intends to build on in two weeks.

The North Korean negotiator, Kim Myong Gil, said the talks in Stockholm on Saturday had "not fulfilled our expectations and broke down. I am very displeased about it."

Speaking outside the North Korean Embassy, he said that negotiations broke down "entirely because the U.S. has not discarded its old stance and attitude" and came to a negotiating table with an "empty hand." Saturday's talks were the first between the U.S. and North Korea since the February breakdown of the second summit between President Donald Trump and Kim Jong Un in Vietnam. The two leaders held a brief, impromptu meeting at the Korean border in late June and agreed to restart diplomacy.

North Korea has since resumed missile and other weapons tests, including the first test of an underwaterlaunched missile in three years that fell inside Japan's exclusive economic zone Wednesday.

State Department spokeswoman Morgan Ortagus said Kim's comments did "not reflect the content or the spirit" of the "good discussions" that took place over 8 ½ hours, adding that the U.S. accepted an invitation from Sweden to return to Stockholm in two weeks to continue discussions. Kim, the North Korean negotiator, said North Korea proposed a suspension of talks until December.

The Vietnam summit fell apart because Trump rejected Kim Jong Un's calls for extensive sanctions relief in return for dismantling his main nuclear complex, a partial disarmament step. North Korea has since demanded the United States come up with mutually acceptable proposals to salvage the nuclear diplomacy by the end of this year.

During the Stockholm meeting, Kim Myong Gil said North Korea made it clear that the two countries can discuss next denuclearization steps by North Korea if the United States "sincerely responds" to the previous North Korean measures including the suspension of nuclear and long-range missile tests and closing its underground nuclear testing site. He called the North Korean stance "practical and reasonable."

Kim repeated North Korea's previous statement that the complete denuclearization of the Korean Peninsula will only be possible when "all hurdles endangering our safety and obstructing our development are removed clearly and undoubtedly." He said whether North Korea will lift its self-imposed moratorium on nuclear and long-range missile tests is completely up to the United States.

North Korea has said it was compelled to develop nuclear weapons to cope with a U.S. military threat. Before entering nuclear disarmament negotiations early last year, North Korea had argued it won't abandon its nuclear program unless the United States withdraw its 28,500 troops from South Korea, end its military drills with South Korea and take other steps that guarantee North Korea's security.

In a statement, Ortagus said the U.S. delegation "previewed a number of new initiatives that would allow us to make progress in each of the four pillars" of a joint statement issued after Trump and Kim's first summit in Singapore.

"The United States and the DPRK will not overcome a legacy of 70 years of war and hostility on the Korean Peninsula through the course of a single Saturday," Ortagus said. The DPRK stands for the Democratic People's Republic of Korea, the North's official name.

Talks were held at the Villa Elfvik Strand conference facility in Lidingo, an island in the Stockholm archipelago located northeast of the capital, Swedish news agency TT said. It added that Kim Myong Gil arrived on Thursday while U.S. Special Representative for North Korea Stephen Biegun came on Friday.

Because the U.S. does not have official diplomatic relations with North Korea, Sweden has often acted

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as a bridge between Washington and Pyongyang.

Lee reported from Athens, Greece. Associated Press writer Hyung-jin Kim in Seoul, South Korea, contributed to this report.

### Verbal autopsies used in push to better track global deaths By CHRISTINA LARSON and MIKE STOBBE Associated Press

KIGALI, Rwanda (AP) — One afternoon last month, a young woman with a tablet computer sat next to Alphonsine Umurerwa on the living room couch, asking questions, listening carefully.

She learned that the woman's 23-year-old daughter, Sandrine Umwungeri, had been very sick for about a year, gradually becoming so weak she stopped leaving their tin-roofed home in a hilly section of Rwanda's capital city. The family thought she had malaria.

Medicines from a local pharmacy didn't help. In March, she died.

The interviewer asked: When did Sandrine begin to feel weak? Did she have a fever? Did her skin take on a yellow hue? Each typed answer determined the next question to pose, like following a phone tree.

This was a "verbal autopsy" — an interview in which a trained health worker asks a close relative or caretaker about a recently deceased person. Increasingly, health officials are using these tools and their computer algorithms to learn more about the global course of human disease.

About 50 countries have attempted verbal autopsy projects, and the list is growing. On Tuesday, Bloomberg Philanthropies — a major funder of international health data initiatives — announced it will devote another \$120 million over the next four years to continue projects in 20 previously funded countries, and add five more.

That includes money for verbal autopsies, as well as cancer registries and other programs intended to help developing countries gather accurate data about the health of their citizens.

"With more and better data on causes of death, more countries can save more lives," said Michael Bloomberg, the philanthropy's founder, in a statement.

The work is badly needed, experts say.

An estimated 60 million people in the world will die this year, and half will have no death certificates or other records describing what killed them. Most will be in low- and middle-income countries, particularly in Africa and parts of Asia.

That means the common understanding of overall disease and mortality trends in the developing world often relies upon broad estimates and guesswork. So do the decisions many countries make about which health problems to prioritize.

"The scale of the problem is really quite staggering," said Lucia D'Ambruoso, a University of Aberdeen researcher who has studied verbal autopsies. "There's a moral imperative, as well as analytical one, to be able to shine a light on those otherwise invisible deaths."

To be sure, knowing what's killing people can be tricky even in developed countries.

For example, though the United States requires doctors to sign death certificates, recent studies suggest some doctors put down certain conditions as a default, which is one reason why some experts believe heart disease has been over-reported as a cause of death in the U.S.

But it's far more problematic to collect accurate data in countries where only a fraction of deaths occur in hospitals, or with doctors present.

In Rwanda, only an estimated 20% of deaths occur in hospitals, and there is just one licensed doctor for every 8,000 people, according to data from the Rwanda Medical and Dental Council.

The current verbal autopsy campaign was pioneered more than 50 years ago, in small physician-led research projects in Africa and Asia.

One milestone study was conducted in India. In the late 1990s, trained interviewers — not doctors — went into the homes of people who had recently died. They asked close relatives about the symptoms and events that preceded a loved one's death. Small teams of physicians later used the interviews to

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determine the cause of death.

The Million Death Study, as it was called, suggested that India had far more malaria and smoking-related deaths than the World Health Organization had estimated, but far fewer HIV deaths than WHO expected.

Clearly, verbal autopsies have drawbacks. They rely on grief-stricken people to clearly recall clinical details. And the validity of results may vary depending on who's answering the questions, what questions are asked, and how responses are interpreted.

Some health advocates — including the philanthropists Bill and Melinda Gates — have pushed for other methods like minimally invasive tissue sampling, a technique in which fine needles are inserted into a dead person's body, gathering samples from different organs for rapid analysis.

But such sampling has limitations, too. It requires specially trained technicians, and samples have to be taken and shipped for analysis within 24 hours after a person's death.

Verbal autopsies "are much better to do that than do nothing, which is the only alternative" in some countries, said Peter Byass, a researcher at Sweden's Umea University and an expert on the interviews.

The New York-based organization Vital Strategies began working with the Rwandan government in 2015 to develop a verbal autopsy program, using Bloomberg and other funding. The project trained government health workers — who already provide health and hospice care in homes — to conduct the interviews.

About 2,700 verbal autopsies have been done in nine small pockets of the country. That's not enough to provide a good look at national death trends, but the government is planning to scale up the work in coming years to achieve a nationally representative sample.

At first, neighbors sometimes perceived the questions as intrusive. But over time, most people have come to accept them.

"When we explain to them why we do this, in the end they will understand and answer our questions," said Janvier Ngabonziza, who conducts the interviews in a rural area called Rwamagana.

The verbal autopsy of Sandrine Umwungeri was conducted by Leonie Mfitumukiza, who had met her mother through her job as a community health worker. After allowing several months for the family to rest and grieve, she had come to ask about Umwungeri's illness.

Respectfully, and pausing often to offer comfort and consolation, Mfitumukiza followed the standardized set of questions about her symptoms. The information she gathered will be run through a computer algorithm to assign a cause of death.

The solemnity was broken when a family friend walked into the home carrying a giggling 2-year-old girl. It was Blessing, Umwungeri's daughter, now being raised by her grandmother.

Afterward, Mfitumukiza said she believes Umwungeri died of diabetes, not malaria. But she noted her job that day was to gather information, not to draw any conclusion.

Mike Stobbe reported from New York.

The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Department of Science Education. The AP is solely responsible for all content.

### Suspect held in fatal bludgeoning of sleeping homeless men By VERENA DOBNIK and REBECCA GIBIAN Associated Press

NEW YORK (AP) — A homeless man wielding a long metal bar rampaged through New York City's Chinatown early Saturday attacking other homeless people who were sleeping, killing four and leaving a fifth with serious injuries, police said.

Police recovered the weapon, which was still in the suspect's hands when he was arrested, officials said. "The motive appears to be, right now, just random attacks," Chief of Manhattan South Detectives Michael Baldassano said, adding there was no evidence yet that the victims were "targeted by race, age, anything of that nature."

Randy Rodriguez Santos was taken into police custody early Saturday. Police say he has been arrested

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at least a half-dozen other times in the past two years, three times on assault charges.

Santos was escorted out of a police station late Saturday by two police officers and put in a car. Detectives at the scene told journalists he was being taken to a hospital for the gathering of DNA evidence.

An arraignment was expected Sunday morning. It wasn't clear whether Santos had a lawyer yet who could speak for him.

The victims, all men, were attacked as they slept in doorways and sidewalks in three different locations in Chinatown, which is packed during daylight hours but empties out at night.

Police responded to a 911 call just before 2 a.m. as one assault was in progress. They found one man dead in the street and a second with critical head injuries.

A search of the neighborhood turned up three additional bodies.

The New York Post published photos of two of the victims under white sheets, one slumped in a bloodspattered doorway, the other on the sidewalk. The identities of the victims have not been released.

Two of the men were killed on The Bowery, which cuts through the heart of Chinatown and has for decades been known as New York's skid row. Two more died on East Broadway, the neighborhood's main street.

The lone known survivor was hospitalized in critical condition. Police planned to interview him as soon as possible, Baldassano said.

Another homeless man who had slept in the area, Stephen Miller, said he knew one of the victims as kind and quiet.

"No one knew him by name, but we saw him every day," Miller said. "At this point, I'm just sad. This guy never did anything. Just had a life to live. It sucks that he's out here in the rain and everything, but it doesn't mean he doesn't have a life to live."

The suspect's identity was revealed to The Associated Press by two law enforcement officials who spoke on condition of anonymity because criminal charges hadn't yet been finalized.

The suspect's mother, Fioraliza Rodriguez, 55, told the Daily News she had kicked him out about three years ago. He struggled with drugs, assaulted her and his grandfather, and stole from the family, she said.

"I never thought he would kill someone," she said. "I was afraid of him, though, because he punched me. That's when I told him to get out of my house."

Family members told the newspaper that Santos started using drugs when he arrived from their native Dominican Republic about four years ago. The article did not cite a specific drug.

"When I told him to leave, he came back and threatened me," the suspect's mother said. "He said when I go back to Santo Domingo, he'll get people to cut my face."

New York City's homeless population has grown to record levels over the past decade, and the homeless remain among the most vulnerable residents. In the past five years, an average of seven have been slain each year.

Mayor Bill de Blasio launched new homeless outreach efforts early in his tenure in an attempt to move more people off the street and into shelters, but the program has faced challenges. City efforts to build more homeless shelters have dragged due to neighborhood opposition.

De Blasio tweeted Saturday that he's "stunned and horrified by this senseless act of violence against the most vulnerable members of our community."

The attacks happened in one of the few downtown Manhattan areas that has retained its character as a center for new immigrants, through gentrification has started to creep in lately.

During the day, it bustles with small shops, restaurants and markets doing business in Chinese, as a mix of residents and tourists pack the sidewalks. At night it can be desolate in some sections.

Associated Press writer Michael R. Sisak and photographer Julius Constantine Motal contributed to this report.

This story has been updated to correct the number of additional bodies found after a search of the neighborhood to three, instead of two.

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### Warren dismisses top staffer for inappropriate behavior

WASHINGTON (AP) — Elizabeth Warren's presidential campaign has dismissed its national organizing director following "multiple complaints" of inappropriate behavior.

Spokeswoman Kristen Orthman says the campaign received complaints about Rich McDaniel over the past two weeks and retained outside counsel to conduct an investigation. McDaniel was fired after the campaign determined that his reported conduct was "inconsistent" with its values.

Word of the dismissal was first reported by Politico.

In a statement to Politico, McDaniel said he "would never intentionally engage in any behavior inconsistent with the campaign or my own values" and he wished his former colleagues well.

McDaniel worked on Hillary Clinton's 2016 presidential bid and Doug Jones' successful Senate run in Alabama in 2017.

### **Today in History**By The Associated Press undefined

Today in History

Today is Sunday, Oct. 6, the 279th day of 2019. There are 86 days left in the year.

Today's Highlight in History:

On Oct. 6, 1939, in a speech to the Reichstag, German Chancellor Adolf Hitler spoke of his plans to reorder the ethnic layout of Europe — a plan which would entail settling the "Jewish problem."

On this date:

In 1536, English theologian and scholar William Tyndale, who was the first to translate the Bible into Early Modern English, was executed for heresy.

In 1892, British poet laureate Alfred, Lord Tennyson died in Surrey, England, at age 83.

In 1927, the era of talking pictures arrived with the opening of "The Jazz Singer" starring Al Jolson, a feature containing both silent and sound-synchronized sequences.

In 1949, President Harry S. Truman signed the Mutual Defense Assistance Act, providing \$1.3 billion in military aid to NATO countries.

In 1958, the nuclear submarine USS Seawolf surfaced after spending 60 days submerged.

In 1973, war erupted in the Middle East as Egypt and Syria launched a surprise attack on Israel during the Yom Kippur holiday. (Israel, initially caught off guard, managed to push back the Arab forces before a cease-fire finally took hold in the nearly three-week conflict.)

In 1976, President Gerald R. Ford, in his second presidential debate with Democrat Jimmy Carter, asserted that there was "no Soviet domination of eastern Europe." (Ford later conceded such was not the case.)

In 1979, Pope John Paul II, on a week-long U.S. tour, became the first pontiff to visit the White House, where he was received by President Jimmy Carter.

In 1981, Egyptian President Anwar Sadat was shot to death by extremists while reviewing a military parade.

In 1989, actress Bette Davis died in Neuilly-sur-Seine (nu-yee-sur-sehn), France, at age 81.

In 2003, American Paul Lauterbur and Briton Peter Mansfield won the Nobel Prize for medicine for discoveries that led to magnetic resonance imaging.

In 2004, the top U.S. arms inspector in Iraq, Charles Duelfer (DEHL'-fur), reported finding no evidence Saddam Hussein's regime had produced weapons of mass destruction after 1991.

Ten years ago: President Barack Obama said al-Qaida had "lost operational capacity" in Afghanistan after a series of military setbacks and vowed to continue the battle to cripple the terror organization. George Papandreou was sworn in as Greece's new Socialist prime minister. Americans Charles K. Kao, Willard S. Boyle and George E. Smith won the Nobel Prize in physics.

Five years ago: The Supreme Court unexpectedly cleared the way for a dramatic expansion of gay marriage in the United States as it rejected appeals from five states seeking to preserve their bans, effectively making such marriages legal in 30 states. Husband-and-wife scientists Edvard Moser and May-Britt