

# Groton Daily Independent

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## Groton Area Schedule of Events

**Tuesday, March 19**

City Council meeting at the Groton Community Center, 7 p.m.

- 1- Help Wanted
- 1- Bates Township Notices
- 1- Service Notice: Donald Protas
- 2- Truss Pros is Hiring
- 2- The Potholes are Back – Caution: Rocky Roads Ahead
- 3- Dr. Holm's Column
- 3- Keith joins Harr Motors
- 4- Seasonal Snow Totals
- 4- March 13-14 Blizzard in Review
- 5- Today in Weather History
- 6- Weather Pages
- 8- Daily Devotional
- 9- 2019 Groton Events
- 10- News from the Associated Press

## Help Wanted

Looking for a fun, part-time job? Groton Dairy Queen is now hiring. Stop in for an application. (0216.0316)

### Bates Township Equalization Notice

Bates Township Equalization Meeting Notice:

The Bates Township Board of Equalization will meet at the Clerk's home on Tuesday, March 19th, 2019 at 7 pm.

All persons disputing their assessments are requested to notify the clerk prior to the meeting.

Betty Geist  
Bates Township Clerk  
14523 409th Ave  
Conde, SD 57434  
(0313.0320)

Published twice at the total approximate cost of \$19.21. 17306

### Bates Township ROW Maintenance

Bates Township Board of Supervisors reminds all landowners and tenants that the road right-of-way extends 33 feet from the center of the township road. This ditch is to be maintained and mowed. Any crops planted in the road right-of-way will be mowed and expenses charged to the landowner.

Landowner is responsible for spraying all noxious weeds.

Bates Township Board of Supervisors

Betty Geist  
Township Clerk  
(0313.0320)

Published twice at the total approximate cost of \$20.11. 17307

## Service Notice: Donald Protas

Services for Donald Protas, 74, of Groton will be 7:00 p.m., Thursday, March 21st at Paetznick-Garness Funeral Chapel, Groton. Paul Kosel will officiate. Burial will follow at a later date in Union Cemetery, Groton. Military honors will be provided by the Groton American Legion Post #39.

Visitation will be held one hour prior to services.

Donald passed away March 16, 2019 at Groton Care and Rehabilitation Center, Groton.

## **CLOSED!** Recycling Trailer in Groton

The recycling trailer is located at 10 East Railroad Ave. It takes cardboard, papers and aluminum cans.

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## The Potholes are Back – Caution: Rocky Roads Ahead

Mar. 18, 2019 – Spring-like weather has returned to South Dakota but along with it has come a major threat to your car and your mental well-being – potholes.

“It’s impossible to avoid all potholes, and suddenly swerving around them can lead to a crash,” said AAA South Dakota spokesperson, Marilyn Buskohl. “But there are definitely some things you can do to more safely navigate South Dakota’s rocky roads.”

**Inspect Tires** – The tire is the most important cushion between a car and a pothole. Make sure they have enough tread and are properly inflated. When checking tire pressures, inflate them to the manufacturer’s recommended levels, which can be found in the owner’s manual or on a sticker on the driver’s door jamb or in the glove compartment. Don’t go by the numbers found molded into the sidewall of the tire. Those are maximum tire pressure levels.

**Check your Suspension** – Make certain struts and shock absorbers are in good condition. Changes in vehicle handling, excessive vibration or uneven tire wear can indicate bad shocks or struts. Have the suspension inspected by a certified auto technician if you are unsure. For a list of AAA’s Approved Auto Repair shops in South Dakota, visit [AAA.com/AAR](http://AAA.com/AAR)

**Keep a Forward Look-out** – Make a point of checking the road ahead for potholes. You may have time to avoid a pothole, so it’s important to stay focused on the road and not on any distractions inside or outside the vehicle. Before swerving to avoid a pothole, check surrounding traffic to make sure your actions won’t cause a collision or endanger nearby pedestrians or cyclists.

**Slow Down** – If a pothole cannot be avoided, reduce speed safely being sure to check the rearview mirror before any abrupt braking. Hitting a pothole at higher speeds greatly increases the chance of damage to tires, wheels and suspension components.

**Beware of Puddles** – A puddle of water can disguise a deep pothole. Use care when driving through puddles and treat them as though they may be hiding potholes.

**Check your Alignment** – Hitting a pothole can knock a car’s wheels out of alignment and affect the steering. If a vehicle pulls to the left or right, have the wheel alignment checked.

**Be Sensitive to Noises and Vibrations** – A hard pothole impact can dislocate wheel weights, damage a tire or wheel, and bend or even break suspension components. Any new or unusual noises or vibrations that develop after hitting a pothole should be inspected immediately by a certified auto technician.

AAA provides automotive, travel, and insurance services to 59 million members nationwide and nearly 100,000 members in South Dakota. AAA advocates for the safety and mobility of its members and has been committed to outstanding road service for more than 100 years. AAA is a non-stock, non-profit corporation working on behalf of motorists, who can now map a route, find local gas prices, discover discounts, book a hotel, and track their roadside assistance service with the AAA Mobile app ([AAA.com/mobile](http://AAA.com/mobile)) for iPhone, iPad and Android. For more information, visit [www.AAA.com](http://www.AAA.com).

# NOW HIRING!

## Truss Pros

10954 424th Avenue | Britton, SD 57430

Looking for assemblers - both shifts &  
Class A CDL Drivers

New Starting Competitive Wages  
Overtime Available

### BENEFITS INCLUDE:

- Comprehensive Health,
- Dental & Vision insurance
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- STD
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- Referral Bonuses

To apply visit [www.uslbm.com/careers](http://www.uslbm.com/careers) or call Diane at 605-448-2929.

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By Richard P. Holm, MD ~ Prairie Doc® Perspectives

## To Straighten the Bent Bones of Children

Starting sometime in the middle ages, throughout many lands, there were "bonesetters" who knew about splinting, how to treat broken bones with splints made from sticks, leather and clay. They even had a guild, a medieval union of sorts, a cohesive group of workers organized to ensure

quality, consistency and education. Medical schools for physicians existed at that time, but neither bonesetters nor surgeons attended those schools.

In the 1700s, Nicholas Andre', a researcher and professor of medicine at the University of Paris, formally described splinting, a technique used by bonesetters, as a method to treat boney deformities, such as clubbed feet in newborn children. He likened it to the straightening of young tree saplings. Andre' wrote a textbook on the subject entitled L'Orthopedie. The ancient Greek word orthos means free from deformity, to straighten; and the ancient Greek word paideia refers to the art of raising a child. Together they provide for the name of a present-day surgical specialty. Literally, orthopedics means to straighten the bent bones of children.

Surgical methods in the 1700s and 1800s were very immature. Anesthesia was first developed during the early 1800s and ether was widely used during the Civil War. After the war, surgeons brought their surgical experience home to small towns throughout the U.S. It wasn't until after the war that we learned of bacteria and discovered we could avoid infection following surgery. In addition, X-rays were discovered by Wilhelm Roentgen in 1895, which allowed for the marvelous and revealing image of our internal boney structure.

These advancements helped set the stage for expanding the focus of orthopedics from casting and making-straight the boney deformities of children. In the 1890s, Evan Thomas, a well-known bonesetter from Liverpool, England, encouraged his son Hugh to go to medical school. While learning medicine, Hugh learned from his father bone setting and casting methods, which at the time were not being taught in schools. The younger Thomas was influential in bringing this curriculum to medical schools. He later set up practice with his nephew Robert Jones, and the two worked to develop orthopedic surgical methods in treating bone injuries in construction workers, and then war injuries in military men during World War I.

Thus, we trace the evolution from bonesetters, and straightening the bones of children; to anesthetized yet unsterile amputations during the Civil War; to bone setting taught in medical school; to surgical repair of boney injuries in World War I; to the marvelous ever-developing field of orthopedic surgery today.

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**4255 6th Ave  
SE, Aberdeen**

**Hi, my name is Bary Keith, a Groton resident. I have just recently joined the Harr Motors sales team. I'm excited to start helping people get into the right vehicle for them. Right now, any vehicle purchased from me, until the end of April, will receive an Autostart at no charge. Give me a call (605-216-6952) or (605-725-8624) or stop out and see me at Harr Motors today!!!**

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## SEASONAL SNOW TOTALS AS OF 3-17-19

Location	2018-2019 total through Mar 17	Seasonal Average	Record (Season)	2018-2019 Current Rank
Mobridge	<b>76.2"</b>	30.4"	<del>75.9 (1996-97)</del>	<b>1<sup>st</sup></b>
Sisseton	69.8"	34.5"	83.8 (2010-11)	4 <sup>th</sup>
Watertown	56.9"	30.3"	79.4 (2010-11)	5 <sup>th</sup>
Pierre	50.2"	28.8"	82 (1951-52)	9 <sup>th</sup>
Aberdeen	67.5"	38.2"	109.8 (1936-37)	10 <sup>th</sup> (tied)
Wheaton	50.6"	32.7"	82.3 (1996-97)	16 <sup>th</sup>
Timber Lake	53.1"	35.4"	92.9 (1949-50)	16 <sup>th</sup>
Kennebec	46.2"	31.5"	73.2 (2000-01)	23 <sup>rd</sup>



NATIONAL WEATHER SERVICE  
OCEANIC AND ATMOSPHERIC ADMINISTRATION

Updated: 3/17/2019 4:37 PM Central

Published on: 03/17/2019 at 5:38PM

An update on how much snow has fallen during the 2018-2019 season as of March 17th.

### March 13-14 Blizzard in Review

A low pressure system of rare intensity tracked across the Great Plains on Wednesday, March 13th and Thursday, March 14th 2019. Significant weather hazards began across South Dakota during the morning of the 13th as a broad arc of heavy precipitation moved from south to north. A rain/snow line was in place through much of the day, generally along the western side of the James Valley. Heavy rain of generally 1 to 2" as well as freezing rain in some cases affected those to the east of this line, and heavy snow of generally 6 to 12" fell to the west of it. Strong and widespread north wind gusts of 45 to 70 mph developed during the evening of the 13th and lasted through much of the day on the 14th. Temperatures cooled during this time, and widespread blizzard conditions were observed across our forecast area. Severe snow drifts of up to 12 feet or higher were left in the storm's wake by the 15th across portions of central South Dakota. Impacts included minor flooding, countless vehicles in ditches, widespread road closures for extended periods (including portions of I-90), as well as power outages. This event capped off an incredibly snowy February and start to March, further setting the stage for potential springtime flooding.

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## Today in Weather History

March 18, 1982: Northern Lawrence and Southwest Butte Counties experienced strong winds during the afternoon of March 18, 1982. Winds gusting to 70mph in Spearfish and Belle Fourche areas overturned a trailer house near Belle Fourche. No injuries were reported.

March 18, 2013: An area of low-pressure moving across the region brought widespread accumulating snowfall along with powerful northwest winds to northeast South Dakota. Snowfall amounts from 1 to 4 inches along with sustained winds of 25 to 35 mph with gusts up to near 60 mph caused widespread blizzard conditions. Travel was disrupted or halted. Some businesses and schools were also closed. Some snowfall amounts included; 1 inch at Sisseton; 2 inches south of Bristol and at Bowdle; 3 inches near Big Stone City; and 4 inches at Summit. The highest wind gust was 58 mph at Aberdeen and near Summit. The snowfall began between 5 and 7 pm on the 17th and ended between 5 and 9 pm on the 18th.

March 18, 2014: A low-pressure surface area moving off to the east brought some heavy snow into far eastern South Dakota and western Minnesota. A narrow band of heavy snow set up across this area bringing from 6 to 11 inches of snow.

1925: The great "Tri-State Tornado" occurred, the deadliest tornado in U.S. history. The storm claimed 695 lives (including 234 at Murphysboro, IL and 148 at West Frankfort, IL), and caused seventeen million dollars property damage. It cut a swath of destruction 219 miles long and as much as a mile wide from east-central Missouri to southern Indiana between 1 PM and 4 PM. The tornado leveled a school in West Frankfort, Illinois and picked up sixteen students setting them down unharmed 150 yards away. Seven other tornadoes claimed an additional 97 lives that day.

1952: 151.73 inches of rain fell at Cilaos, La Reunion Island in the Indian Ocean over a five day period (13th-18th) to set the world rainfall record. This record was broken on February 24th-28th, 2007 when Commerce La Reunion Island picked up 196.06 inches.

1971 - High winds accompanied a low pressure system from the Rocky Mountains to the Great Lakes. Winds gusted to 100 mph at Hastings NE, and reached 115 mph at Hays KS. High winds caused two million dollars damage in Kansas. Fire burned 50,000 forest acres in eastern Oklahoma. (17th-19th) (The Weather Channel)

1987 - A storm in the central U.S. produced up to 10 inches of snow in western Nebraska, and up to six inches of rain in eastern sections of the state. The heavy rains pushed the Elkhorn River out of its banks, submerging the streets of Inman under three feet of water. (The National Weather Summary) (Storm Data)

1988 - Light rain and snow prevailed east of the Mississippi River. Fair weather prevailed west of the Mississippi. (The National Weather Summary)

1989 - A storm in the western U.S. produced heavy rain in California, with heavy snow in the Sierra Nevada Range. Venado CA was drenched with 5.40 inches of rain in 24 hours. A dozen cities in the eastern U.S. reported new record high temperatures for the date, including Baltimore MD with a reading of 82 degrees. (The National Weather Summary) (Storm Data)

1990 - Heavy rain caused extensive flooding of rivers and streams in Georgia, with total damage running well into the millions. Flooding also claimed six lives. Nearly seven inches of rain caused 2.5 million dollars damage around Columbus, and up to nine inches of rain was reported over the northern Kinchafoonee Basin in Georgia. (Storm Data)

1990: An intense hailstorm struck the Sydney region in Australia producing strong winds and torrential rains in a swath from Camden to Narrabeen, causing extensive damage. Hailstones were measured up to 3 inches in diameter. The total insured cost was estimated at \$319 million, the third largest loss event in Australian insurance history.

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Today



Partly Sunny

High: 33 °F

Tonight



Mostly Cloudy

Low: 21 °F

Tuesday



Mostly Cloudy

High: 36 °F

Tuesday  
Night



Mostly Cloudy


Low: 23 °F

Wednesday





Mostly Sunny



High: 39 °F



## Snow Melt To Continue



Highs today in the mid to upper 30s

 National Weather Service Aberdeen, SD 

Published on: 03/18/2019 at 6:07AM

High temperatures in the 30s will lead to a continued slow snow melt across the region. A gradual warming trend can be expected through the week.

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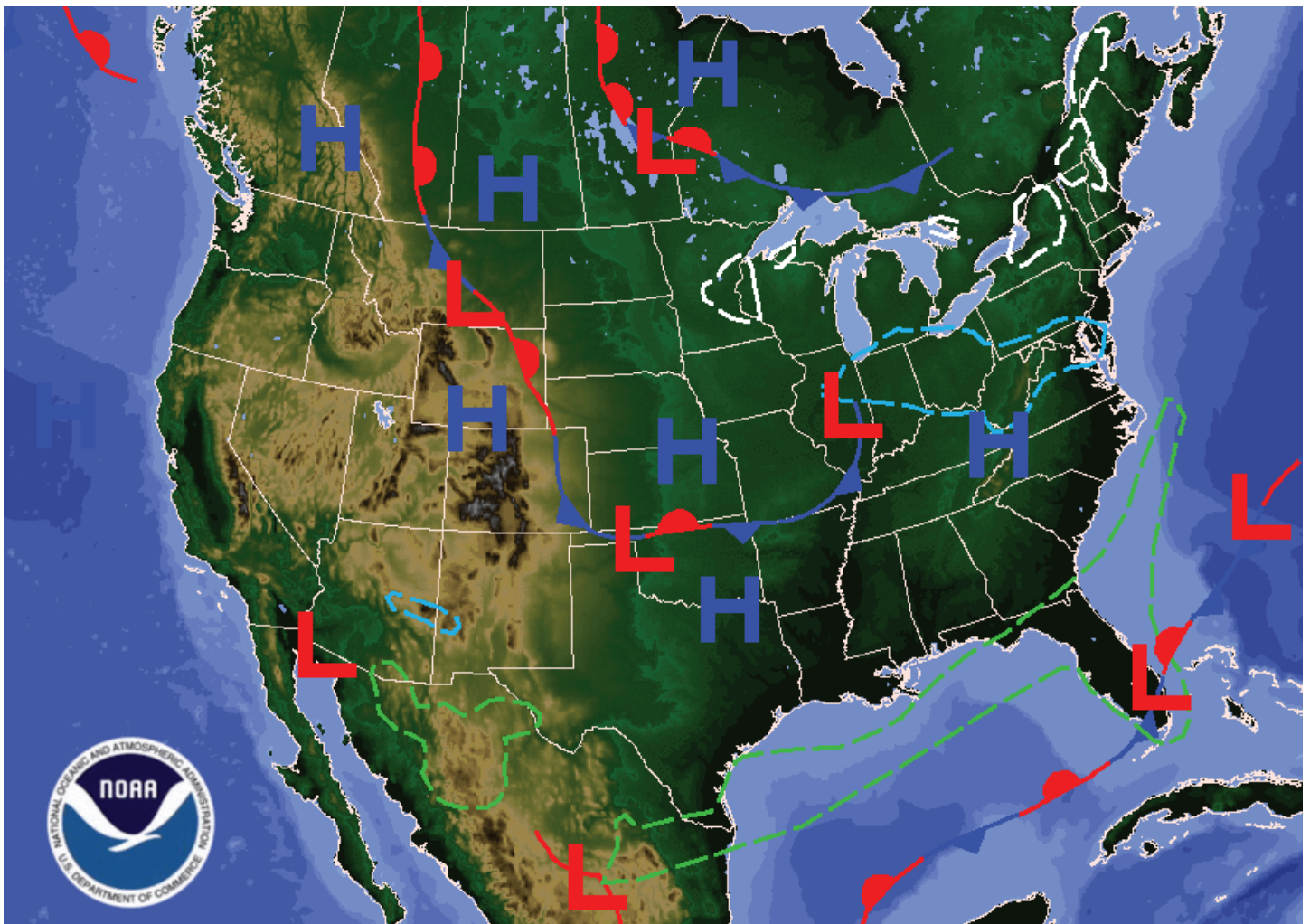
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## Yesterday's Weather

**High Outside Temp: 33 °F at 5:02 PM**  
**Low Outside Temp: 12 °F at 7:32 AM**  
**High Gust: 9 mph at 2:46 AM**  
**Precip: Moisture from last snow events: 0.87**

## Today's Info

**Record High: 85° in 2012**  
**Record Low: -15° in 1923**  
**Average High: 41°F**  
**Average Low: 21°F**  
**Average Precip in Mar.: 0.55**  
**Precip to date in Mar.: 0.87**  
**Average Precip to date: 1.57**  
**Precip Year to Date: 3.06**  
**Sunset Tonight: 7:43 p.m.**  
**Sunrise Tomorrow: 7:39 a.m.**



### Day 1 National Forecast Chart

Valid Sun, Mar 17, 2019, issued 4:20 AM EDT  
DOC/NOAA/NWS/NCEP/Weather Prediction Center  
Prepared by Kong with WPC/SPC/NHC forecasts

**Rain**  
**Rain and T'Storms**  
**Rain and Snow**  
**Snow**

**Flash Flooding Possible (hatched)**  
**Severe T'Storms Possible (hatched)**  
**Freezing Rain Possible (hatched)**  
**Heavy Snow Possible (hatched)**

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## SECRET SINS

Unbelievable, really, what some of us believe.

When I was a child, we had bins in our kitchen that contained flour and sugar. As a child, I had little use for either of them. So I thought.

One of the great memories of my childhood was the tent my Dad erected in the back yard. It was a place where many of the children in our neighborhood would gather to talk and hide, share secrets and snacks, and get away from our parents watching eyes and listening ears.

Sunday afternoon family get-togethers were a regular occurrence. Once, after a short discussion about the fun of smoking, we concluded that we were old enough to smoke. If it was OK for our parents to smoke, it was OK for us, too. There was only one problem: we had no tobacco, no paper to roll the tobacco in, and no matches. No problem.

I went inside for some matches and newspaper while a friend went into our garden and collected some silk from several ears of corn. That would serve as our tobacco. So, we carefully rolled the silk into the paper to make cigarettes. Everything was going well.

I decided to be the first to light-up. When I tried to inhale, the paper burst into flames and singed my eyebrows. Teeman had the solution: Run into the kitchen and rub sugar over your eyebrows. That, he promised, would hide the evidence the singed eyebrows of my accident.

Unfortunately, my Dad came into the kitchen - and there I was: head deep inside the sugar bin. And, of course, nothing I said made sense or hid the truth.

A mans ways are in full view of the Lord. (As well as others!)

Prayer: Its difficult, if not impossible Lord, to hide anything from anybody, and certainly not possible to hide anything from You. May we live with nothing to hide. In Jesus Name, Amen.

Scripture For Today: Proverbs 5:21 For the Lord sees clearly what a man does, examining every path he takes.



## 2019 Groton SD Community Events

- 01/27/2019 Carnival of Silver Skates 2pm & 6:30pm
- 03/17/2019 Groton American Legion Spring Fundraiser
- 04/13/2019 Easter Egg Hunt (Saturday a week before Easter Weekend)
- 04/27/2019 Fireman's Stag
- 05/04/2019 Spring City-Wide Rummage Sales (1st Saturday in May)
- 05/27/2019 Groton American Legion Post #39 Memorial Day Program
- 06/13/2019 Transit Fundraiser (Middle Thursday in June)
- 06/14/2019 SDSU Golf Tournament at Olive Grove Golf Course
- 06/15/2019 Triathlon (Saturday before Father's Day)
- 06/21/2019 Best Ball Golf Tourney
- 07/04/2019 Firecracker Golf Tourney (4th of July)
- 07/14/2019 Summer Fest
- 08/22/2019 First Day of School
- 09/07/2019 Fall City-Wide Rummage Sales (1st Saturday after Labor Day)
- 09/08/2019 Sunflower Classic at Olive Grove Golf Course
- 10/12/2019 Pumpkin Fest (Saturday before Columbus Day)
- 10/11/2019 Lake Region Marching Band Festival (2nd Friday in October)
- 10/31/2019 Trunk or Treat/Halloween on Main
- 11/09/2019 Groton American Legion Post #39 Turkey Shoot (Saturday closest to Veteran's Day)
- 12/07/2019 Olive Grove Golf Course 2019 Holiday Party
- 12/07/2019 Santa Claus Day at Professional Management Services

## News from the **AP** Associated Press

### More evacuations in Midwest as floodwaters head downstream

By JIM SALTER Associated Press

ST. LOUIS (AP) — Residents in parts of southwestern Iowa were forced out of their homes Sunday as a torrent of Missouri River water flowed over and through levees, putting them in a situation similar to hundreds of people in neighboring Nebraska who have been displaced by the late-winter flood.

Heavy rainfall and snowmelt have led to dangerously high water in creeks and rivers across several Midwestern states, with the Missouri River hitting record-high levels in many areas. At least two deaths were blamed on flooding, and two other men have been missing for days.

While river depths were starting to level off in parts of Nebraska on Sunday, the water is so high in many places that serious flooding is expected to remain for several days. And downstream communities in Kansas and Missouri were bracing for likely flooding.

In Iowa, the Missouri River reached 30.2 feet (9.2 meters) Sunday in Fremont County in the state's far southwestern corner, 2 feet (0.6 meter) above the record set in 2011. People in the towns of Bartlett and Thurman were being evacuated as levees were breached and overtopped.

County Emergency Management Director Mike Crecelius said it wasn't just the amount of the water, it was the swiftness of the current that created a danger.

"This wasn't a gradual rise," Crecelius said. "It's flowing fast and it's open country — there's nothing there to slow it down."

Thurman has about 200 residents. About 50 people live in Bartlett.

Lucinda Parker of Iowa Homeland Security & Emergency Management said nearly 2,000 people have been evacuated at eight Iowa locations since flooding began late last week. Most were staying with friends or family. Seven shelters set up for flood victims held just a couple dozen people Saturday night.

In Nebraska, the Missouri River flooded Offutt Air Force Base, with about one-third of it under water on Sunday. Spokeswoman Tech. Sgt. Rachelle Blake told the Omaha World-Herald that 60 buildings, mostly on the south end of the base, have been damaged, including about 30 completely inundated with as much as 8 feet (2.4 meters) of water.

Hundreds of people remained out of their homes in Nebraska, where floodwaters reached record levels at 17 locations. The Nebraska Emergency Management Agency highlighted some remarkably high crests. The Missouri River was expected to reach 41 feet (12.5 meters) in Plattsmouth on Sunday — 4 feet (1.22 meters) above the record set in 2011. The Elkhorn River got to 24.6 feet (7.5 meters) Saturday in Waterloo,



**The Elkhorn River consumes a section of western Douglas County Sunday, March 17, 2019, in Omaha, Neb. Hundreds of people were evacuated from their homes in Nebraska and Iowa as levees succumbed to the rush of water.** (Jeff Bundy/Omaha World-Herald via AP)

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breaking the 1962 record by 5 1/2 feet (1.68 meters).

In hard-hit Sarpy County, Nebraska, up to 500 homes have been damaged, including some cabins along a lake, said Greg London of the Sarpy County Sheriff's Office. The damage followed breaches of levees along the Platte River on Thursday and Saturday, and a Missouri River levee break on Thursday. The two rivers converge there.

London said many of the damaged homes are wet up to the roof line and likely ruined.

"This area's had flooding before but not of this magnitude," London said. "This is unprecedented."

Nearly 300 people have been rescued from high water across the state.

At least two people have died in the floodwaters. Aleido Rojas Galan, 52, of Norfolk, Nebraska, was swept away Friday night in southwestern Iowa, when the vehicle he was in went around a barricade. Two others in the vehicle survived — one by clinging to a tree. On Thursday, Columbus, Nebraska, farmer James Wilke, 50, died when a bridge collapsed as he used a tractor to try and reach stranded motorists.

Two men remain missing. A Norfolk man was seen on top of his flooded car late Thursday before being swept away. Water also swept away a man after a dam collapse.

Downstream in St. Joseph, Missouri, home to 76,000 people, volunteers were helping to fill sandbags to help secure a levee protecting an industrial area. Calls were out for even more volunteers in hopes of filling 150,000 sandbags by Tuesday, when the Missouri River is expected to climb to 27 feet (8.2 meters) — 10 feet (3 meters) above technical flood stage.

Flooding was causing problems for passenger train service between Kansas City, Missouri, and St. Louis. Amtrak said Sunday that its Missouri River Runner service between the state's two largest cities was experiencing delays up to five hours because of flooding and rail congestion. All Missouri River Runner trains will be canceled Monday. The service typically travels twice daily between the two metropolitan areas.

The rising Mississippi River also was creating concern. The Mississippi was already at major flood level along the Iowa-Illinois border, closing roads and highways and swamping thousands of acres of farmland. Moderate Mississippi River flooding was expected at several Missouri cities, including St. Louis.

Flooding has also been reported in Minnesota, South Dakota and Wisconsin. In Green Bay, Wisconsin, officials said residents who evacuated their homes could return now that floodwaters have receded there.

AP reporter Jeff Baenen in Minneapolis contributed to this report.

## Functional dry needling gains popularity in South Dakota

By KAIJA SWISHER *Black Hills Pioneer*

BELLE FOURCHE, S.D. (AP) — On Aug. 1, 2018, a law in South Dakota became effective to approve physical therapists to practice functional dry needling, a therapy to manage musculoskeletal problems, and local physical therapists are seeing people seeking out the natural pain relieving treatment.

"These patients have usually learned about dry needling from a friend in a different state or from their own research to manage their pain. Since it is so new to our area, we have had to educate our patients and community on the effectiveness of dry needling," said Julie Wingen, a physical therapist at Pain & Movement Solutions in Belle Fourche. "Most of our patients have been very open and excited to have another treatment alternative to improve their pain and expedite their healing process. In other states where dry needling is more well-known, it is an expected part of physical therapy treatment due to its large popularity for good outcomes."

Wingen told the Black Hills Pioneer that many area physical therapists will receive their certifications for dry needling in the next year.

"I believe you will begin to see the popularity of this treatment grow rapidly in the next couple years," she said, explaining that the technique has long been used in Europe, but it's only been in the past 15 years that it's risen in popularity in the United States.

"Our state physical therapy association advocated strongly last legislative session to approve dry needling for physical therapists, as our state was one of only six states left to approve this effective treatment

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technique,” Wingen said, voicing appreciation to state legislators.

She explained that the providers at Pain & Movement Solutions completed an education course to receive their Level 1 certification for Functional Dry Needling. The law was passed and have been performing the technique since August.

Wingen said that the technique was introduced during her doctorate studies and that research studies have found dry needling to be similar in effectiveness to corticosteroid injections when treating trigger points.

“I have been waiting for dry needling to become an approved treatment,” she said.

Wingen explained that the technique treats muscular tension and spasm. Trigger points, which are painful “knots” in taut bands of impaired muscles that maintain a pain cycle.

She described that when an injury occurs from repetitive use or acute trauma, it produces tension from the damaged tissues, which can go into a protective tension against further damage from utilizing the injured tissue leading to compression.

“Dry needling involves identifying the source of the pain and advancing into the related muscles to stimulate underlying neural, muscular, and connective tissue. Research shows that the strategic insertion of the needle stimulates the body’s natural healing capabilities, increasing blood flow and decreasing muscle contraction, reducing chemical irritation, and improving flexibility, pain and dysfunction. This process essentially ‘reboots’ the muscle and the decrease in pain is related to the removal of muscular compression on joint, nerve, and vascular tissue.”

Wingen said the technique is a natural extension of hands-on physical therapy to decrease muscle dysfunction, but the muscle must then be retrained with appropriate exercises and motor control training to break the pain cycle.

She added that patients often ask how dry needling compares to acupuncture and that one of the main differences is that dry needling does not have the purpose of altering the flow of energy along traditional Chinese meridians for the treatment of disease and is a modern, science-based intervention for the treatment of pain and dysfunction in musculoskeletal conditions by doctors of physical therapy with a thorough knowledge and understanding of a patient’s condition based on professional evaluations and assessments.

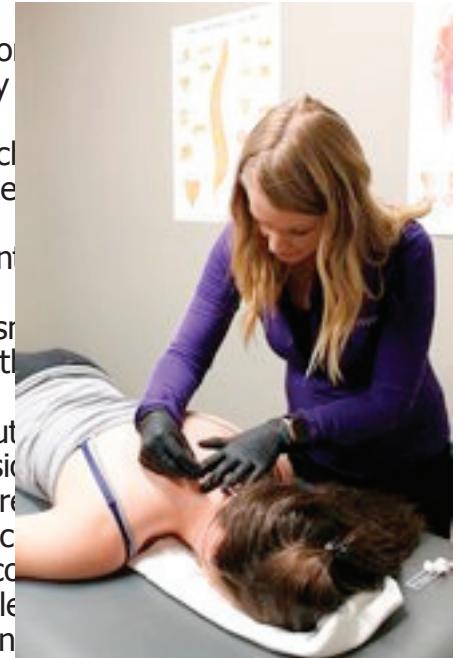
“Unlike acupuncture sessions, which can involve dozens of needles in several areas of the body, dry needling often utilizes just a few needles that are strategically placed along affected muscles,” she said. “Another way that dry needling differs from acupuncture is that it’s not considered curative on its own. It’s often part of a multi-technique physical therapy plan that may also include movement analysis, targeted exercises, and other interventions.”

Patients also ask about side effects, and Wingen said that there may be some soreness immediately after treatment in the area of the body treated that lasts between a few hours and 2 days, and there is occasional bruising.

“Typically it feels like you have had an intense workout at the gym, but a small number of patients report drowsiness, tiredness, or dizziness (1-3 percent),” she said, and soreness may be alleviated by applying ice or heat to the area and performing specific stretches for the treated muscle.

Patients also ask about how many sessions of dry needling are needed.

“We are looking to get improvements even from the first visit such as increased range of motion, ease of movement and decreased symptoms, but complete restoration of the muscle dysfunction is based on the



**In an March 4, 2019 photo, Julie Wingen, doctor of physical therapy at Pain & Movement Solutions in Belle Fourche, S.D., shows how functional dry needling, a therapy to manage musculoskeletal problems, is done. The therapy uses thin, solid filament needles to stimulate underlying neural, muscular, and connective tissues.** (Kajja Swisher/Black Hills Pioneer via AP)

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chronicity and severity of your condition," Wingen said. "We will only dry needle the same muscle group one time per week to allow for completion of the physiological response with dry needling."

She added that the technique may not be for everyone, and the decision to implement treatment is based on the patient's condition and interest for receiving dry needling.

The technique is considered a natural pain reliever that can reduce muscle tension, ease joint pain, improve blood flow, and oxygen circulation within the body, and desensitize irritated tissues in the body, which brings results for those who are trying to optimize sports performance, recover faster from injury, or prevent issues from becoming chronic, Wingen said.

She described that dry needling has allowed her to be more precise and definitive with her treatment strategy.

"I have seen great results for neck pain, headaches, and sciatica," Wingen said, describing that she was excited when she utilized the treatment on a patient that was experiencing severe pain down his leg from an acute bulging disc. "He had failed typical treatments and was about to be referred to receive oral steroids to address the pain. He was agreeable to try dry needling and experienced an 85 percent reduction in his symptoms following and did not need any expensive medications or imaging to address his pain. I knew dry needling was effective, but I was blown away by the great results with some of the most difficult pains to treat."

Wingen described that the technique is one tool that therapists can use to address myofascial pain and muscle tightness.

"In some cases, a therapist might do two to three treatments of dry needling in order to make subsequent movement therapies more effective," she said. "For example, a runner with active trigger points in her hamstring would likely benefit from a few dry needling sessions before going through therapy that can improve her running gait."

She added that it has been really exciting to be on the frontline of offering this new treatment for pain management in the state.

"We see a wide variety of patients and have been able to utilize it for new injuries to chronic pains and everything in-between," she said, adding, "Pain is a huge epidemic in our country and has currently led to a serious opioid problem."

Physical therapists will continue to be at the frontline to address these issues in a conservative manner, Wingen said, adding, "Many do not realize that in our state all patients have direct access to physical therapy, meaning that you can come to PT without a physician referral. Research has proven over and over again that the sooner that you seek physical therapy, the better your outcomes will be."

Information from: Black Hills Pioneer, <http://www.bhpioneer.com>

## Rapid City math teacher named district's teacher of the year

By MATTHEW GUERRY Rapid City Journal

RAPID CITY, S.D. (AP) — Seth Keene first plans his lessons by looking at real-world applications for the material at hand.

Scatter plots and correlations, for example, are used by Netflix to recommend new movies and by eHarmony to pair potential partners.

Tate Helfenstein, a Rapid City Stevens High School student, said he can use math to safely fell trees for his job with his father's lumber company. He took his first class with Keene his sophomore year.

"Up to that point, I thought math was the worst. But when I had Keene as a teacher, math became more of a fun thing to do," said Helfenstein, 18.

Keene, 44, was recognized for his work this year, his seventh at Stevens, when the Rapid City Public School Foundation named him the district's teacher of the year, the Rapid City Journal reported. He received a check for \$1,000 with the award, which was the first one the foundation gave out since putting the program on hiatus five years ago.

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The recognition puts Keene in the running for regional and state teacher of the year awards, which are managed by the South Dakota Department of Education.

"My first reaction when I got the call that I won the award for the district was that of relief," Keene said. "So many other teachers in my department and in this school were worthy of a nomination or the award themselves that I really felt like if I didn't win for the whole district, there were so many people at Stevens who could have."

Now, Keene said, he feels a pressure to continue representing his colleagues well.

Originally from Deadwood, Keene has taught for 18 years in a career that included stops in Minnesota, St. Thomas More High School and at other Rapid City schools. Two of his children graduated from the Rapid City school district, where his youngest daughter still attends.

He is married to Barb Keene, who serves as operations manager for the Black Hills Area Community Foundation.

Seth Keene teaches classes in statistics, probability and remedial math at Stevens, and this year is piloting the school's first Advanced Placement Statistics course.

"Statistics is my true passion because it's what you use every day," he explained.

After graduating from Lead-Deadwood High School in 1992, Keene went on to earn a bachelor of science degree in mathematics from the University of Notre Dame. It was in college that he discovered his passion for teaching, having tutored several of his classmates.

"As we worked, I understood the material better, and as we worked, I got a lot of joy out of seeing that they understood it," he said. "I knew right then that that was the path that I wanted to take."

Keene worked in retail and in banking after college before earning his state alternative teaching certificate. Those experiences, he said, drove home some of the practical applications for mathematics that he uses to engage students today.

"Seth's passion for students' learning is what I believe is really something that makes him a great educator," Stevens Principal John Julius said. "He really works hard to connect with students, develop relationships and figure out ways that he can work on his craft to provide valuable learning opportunities."

Outside of the classroom, Keene serves as coordinator for the Black Hills MathCounts competitive program and as adviser for the Stevens' cycling club, which takes weekly trips to Hansen-Larsen Memorial Park and Skyline Wilderness Park. He's been at the forefront of an effort to redevelop Raider Park, which sits across from Stevens and is owned by the district, into a multi-use trail and green space.

It's Keene's hope that the space will not only be used for athletics but education as well. Agricultural classes will help decide which trees will be planted there, he said, and science classes will be able to study animal and plant life outdoors.

A nonprofit organized by the friends and family of Tom Pfeifle, the late Stevens graduate for whom the



**In this Thursday, March 7, 2019 photo, Seth Keene teaches an Advanced Placement Statistics class at Rapid City Stevens High School in Rapid City, S.D. Keene, 44, was recognized for his work this year, his seventh at Stevens, when the Rapid City Public School Foundation named him the district's teacher of the year.** (Ryan Hermens/Rapid City Journal via AP)

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trails are named, has already raised \$70,000 for the project, which is entirely donation driven. Keene said there are plans to apply for additional grant funding.

"The group of teachers who are kind of leading this had the opportunity to work with Tom, so for us it's really kind of a special, personal thing as well," he said.

Keene's colleagues are part of what he said makes working at Stevens special. Their commitment to trying new things for their students, he said, is second to none.

"As long as I'm in education, this is where I'll be," Keene said.

Information from: Rapid City Journal, <http://www.rapidcityjournal.com>

## Sioux Falls firefighters deal with flooded road

SIOUX FALLS, S.D. (AP) — Sioux Falls firefighters had to deal with a flooded road on their way to a mobile home fire.

Authorities say crews responding early Sunday were slowed briefly by water over the road in the Johnson Place Trailer Park.

Smoke and fire were coming from most of the mobile home as crews arrived. Police confirmed all residents were out of the home and accounted for.

It took an hour and a half to extinguish the fire.

No one was hurt. The American Red Cross assisted the displaced family for the night. The cause is under investigation.

## Tea school district plans to build fourth elementary school

TEA, S.D. (AP) — Elementary schools in the Tea Area School District are "bursting at the seams" 16 years after the district was formed, according to the district superintendent.

The district will open a third elementary school, expand another and has plans for a fourth, the Sioux Falls Argus Leader reported.

The district recently decided to spend \$6 million to expand Frontier Elementary by 12 classrooms, a gymnasium and a band hall for this fall, said Superintendent Jennifer Lowery.

"We're bursting at the seams with our elementary schools," Lowery said. "But we're doing the best we can."

The district will also open its newest campus, Venture Elementary, this fall with classrooms, a three-court gymnasium, library, commons area, collaborative spaces, a community tornado shelter and more. The school was subsidized by a \$15.4 million bond package approved by voters in summer 2017.

Wayne Larsen, a Tea Area School District official, said when Tea residents chose to curb the trend of school district mergers in 2003, many thought the idea of creating a new school district wouldn't succeed.

The school district didn't have a school board. It had a small property foundation and functioned out of temporary buildings, Larson said.

There were significant concerns about whether children would actually attend the schools and whether coordinators had the funding required to build actual campuses.

The district has consistently built new schools since about 2015 when the district constructed a \$5.2 million elementary school within the Sioux Falls area for the first time. That campus was part of \$9.5 million bond approved by voters in 2014.

The growth is a blessing, Lowery said. As a mother of three, she's just happy she gets to supervise how Tea adjusts to the progress on a large scale, she said.

"It's a great opportunity to run bond issues, have community support and answer questions, but I also get to be a mom," Lowery said. "There's nothing more important than knowing what you're creating is good enough for your kids. I have three, and then I have 2,000. If it's not good enough for my three, it's not good enough for my 2,000."

Information from: Argus Leader, <http://www.argusleader.com>

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## Lawmakers pass nursing home funding, pipeline protest bills

By JAMES NORD Associated Press

PIERRE, S.D. (AP) — South Dakota Gov. Kristi Noem closed out the main part of her first legislative session as governor with a major funding boost for nursing homes, groundbreaking anti-pipeline protest legislation and a victory over supporters of industrial hemp who made a strong push to legalize cultivation of the crop.

Lawmakers voted this past week to approve a state budget that included a 10 percent inflationary increase for nursing homes, funding Noem prioritized but that ultimately exceeded the 5 percent bump she sought in her January spending plan. The Republican governor also saw lawmakers budget millions of dollars for her favored proposals, including rural broadband, pheasant habitat and fighting the methamphetamine epidemic, before they left the Capitol.

“What I laid out in my budget was a lot of priorities that I believed we should focus on, and I was thrilled to see virtually all of that funded and prioritized by the Legislature as well,” Noem told reporters. “I think we had a good partnership, and we’ll continue to do so into the future.”

The measures included \$5 million each for nursing home innovation grants and expanding rural broadband, \$4.6 million for improving state radio infrastructure and another \$4.6 million to combat meth abuse. Lawmakers also delivered to Noem \$1 million to protect and improve wildlife habitat, not to mention policy priorities such as a reporter shield law.

House Majority Leader Lee Qualm said Noem’s first session as governor went very well for her. He counted the pipeline legislation and a permitless concealed carry measure among positive steps lawmakers took this session.

“I think we really advanced a lot of different fronts this year and got a lot of good things done,” Qualm said.

Noem and the Republican-controlled Legislature also muscled through a pair of bills aimed at potential protests against the planned Keystone XL oil pipeline that seek to prevent disruptive demonstrations like those against the Dakota Access pipeline that cost North Dakota millions and led to hundreds of arrests. The Legislature rushed Noem’s bills to approval in three days, but she hasn’t yet signed them into law.

The bills would require pipeline companies to help pay extraordinary expenses such as the cost of policing during protests and allow officials to pursue money from demonstrators who engage in “riot boosting,” which is defined in part as encouraging violence during a riot.

The measures sparked opposition from Native American tribes who say they weren’t consulted. At least two tribes have since asked that their flags not be hung at the state Capitol as part of Noem’s plan to permanently display the flags of the nine tribes in South Dakota in the building’s rotunda.

Cheyenne River Sioux Tribe lobbyist Remi Bald Eagle told a legislative committee that the tribe supports the constitutional rights of tribal members and the public to peacefully assemble and engage in free speech on issues of great importance. He added that the tribe does not support riots.

“Together these bills send the message that the state of South Dakota is more interested in getting paid to suppress its citizens’ rights than it is paying attention to the rights of its citizens,” Bald Eagle said.

After years of unsuccessful attempts under Republican former Gov. Dennis Daugaard, supporters of allowing people to carry concealed pistols without a permit saw the conservative prize approved. The so-called constitutional carry measure was the first bill Noem signed into law, and a bill that would let people with enhanced concealed carry permits bring guns into the Capitol awaits her signature or veto.

Other bills pending before Noem include a measure seeking to promote free speech on college campuses and bills to address the unsolved deaths and disappearances of Native American people and recognize the official indigenous language of South Dakota as that of the Oceti Sakowin, or Great Sioux Nation.

Noem has so far rejected two bills, one of them a plan to legalize industrial hemp production in the state. The House voted last week to override Noem’s veto, but the Senate didn’t get the two-thirds support needed to follow suit, killing the measure for this year.

In a video released after she vetoed the proposal, Noem said South Dakota isn’t ready for hemp. The



main sponsor, Democratic Rep. Oren Lesmeister, said that Noem is out of touch with the state's lawmakers and residents.

Some high-profile measures didn't reach the governor. They included the state attorney general's plan to scrap the state's presumptive probation policy for some lower-level felonies, a measure to cut the time allowed for early voting and several bills targeting transgender people that lawmakers have rejected in previous years.

Lawmakers return March 29 to debate any vetoes that could come from the governor, but they finished the main part of the 2019 session early Wednesday after setting state spending.

The budget for the upcoming 2020 fiscal year that begins July 1 includes about \$1.7 billion in general state spending, about \$59 million more than the current budget year.

The big boost for nursing home funding got top billing, but community support providers who help people with intellectual or developmental disabilities live independently in their communities also received a significant 6.5 percent hike. Noem said the budget funds "critical increases" for both groups of providers.

South Dakota nursing homes are experiencing a financial crisis that's led to five closures over the last three years, with a sixth set to shut down by May because of a lack of funding.

"We got a lot of money going back to them, and it should make a big difference," Qualm said.

## Manhunt launched after shooting on Dutch tram wounds many

THE HAGUE, Netherlands (AP) — A shooting on a tram in the central Dutch city of Utrecht on Monday left "multiple" people wounded, police said, adding that they are considering the possibility of a "terrorist motive." A manhunt was launched for the shooter.

Police, including heavily armed officers, flooded the area after the shooting that happened in the morning on a tram at a busy traffic intersection in a residential neighborhood.

Utrecht police said that trauma helicopters were sent to the scene and appealed to the public to stay away to allow first responders to do their work. Television footage showed that a body appeared to be lying next to the tram.

Dutch Prime Minister Mark Rutte called the situation "very worrying" and the country's counterterrorism coordinator said in a tweet that a crisis team was meeting to discuss the situation. The alert level was raised to its highest level for the area around Utrecht.

Police spokesman Bernhard Jens said that no one had been detained yet.

Jens said that "one explanation is that the person fled by car." He did not rule out the possibility that more than one person was involved.

"We want to try to catch the person responsible as soon as possible," Jens said.



**Rescue workers install a screen on the spot where a human shape was seen under a white blanket following a shooting in Utrecht, Netherlands, Monday, March 18, 2019. Police in the central Dutch city of Utrecht say on Twitter that "multiple" people have been injured as a result of a shooting in a tram in a residential neighborhood.** (AP Photo/

Peter Dejong)

## Group with consumer-friendly vibe pushes drugmakers' message

By RICHARD LARDNER Associated Press

WASHINGTON (AP) — As ominous music plays in the background, the narrator of a radio ad echoes objections from drugmakers by warning that a Trump administration proposal to apply international pricing to certain Medicare drugs would be a nightmare for seniors.

The one-minute spot is the handiwork of the Alliance for Patient Access, a nonprofit group that gives off a consumer-friendly vibe yet is bankrolled by the powerful pharmaceutical industry. It's also closely aligned with a Washington lobbying and public relations firm, Woodberry Associates, whose president, Brian Kennedy, is the nonprofit's executive director.

As Congress and the Trump administration aim to lower prescription drug costs, outside groups like the Alliance for Patient Access are seeking to sway the outcome. But not all of these organizations are clear about who they actually represent. Their names can obscure the source of the message and they're cagey about where they get their funding.

Yet even a small degree of separation can be valuable for pharmaceutical companies at a time when the industry faces stiff political headwinds. Drug prices may provide a rare bipartisan issue on which Congress and the White House could collaborate on legislation ahead of the 2020 elections. In a prelude of sorts, the Senate Finance Committee last month grilled drug company executives over the cost of their products.

Anger is bubbling up from their constituents. A February poll by the nonpartisan Kaiser Family Foundation found nearly one in four Americans taking prescription drugs have difficulty affording their medications. Although majorities of the public trust pharmaceutical companies to develop new and effective drugs, only 25 percent trust them to price their products fairly — down from 41 percent in 2008.

Susan Hepworth, a spokeswoman for the Alliance and Woodberry, described the nonprofit as "a national network of physicians that advocates for patient access to the medicines they prescribe."

Through the Alliance, she said, doctors "can share their perspectives about the benefits of respecting the physician-patient relationship, clinical decision making and personalized, patient-centered health care." It's no surprise, Hepworth said, that the group's backers include companies that manufacture medicines.

She declined to answer questions about the radio ad. The one-minute spot singles out for criticism a Trump administration proposal to gradually shift Medicare payments for drugs administered in doctors' offices to a level based on international prices.

Prices in other countries are lower because governments directly negotiate with manufacturers. But drugmakers have assailed the Trump plan, arguing it smacks of government price-setting and would lead



**In this June 15, 2018 photo, pharmaceuticals are seen in North Andover, Mass. As Congress and the Trump administration aim to curb spiraling drug costs, outside groups like the Alliance for Patient Access are raising their voices as they seek to sway the outcome. But not all of these organizations are clear about who they actually represent. Their names can obscure the source of the message and they're cagey about where all of their money comes from.**

(AP Photo/Elise Amendola)

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to socialized health care.

The Alliance's radio spot makes the same argument, using nearly identical language. Under the Trump proposal, the ad says, "cancer treatment would be paid based on rates from countries with European-style health care, where access to new medicine is rationed and patients often wait months for care."

Tax filings for 2015 through 2017, the most recent available, show the Alliance has paid Woodberry's consultants more than \$1 million. Brendan Fischer of the nonpartisan Campaign Legal Center said the transactions may raise red flags.

"Nonprofits are supposed to promote social welfare, not operate to provide a private benefit to any person or entity," Fischer said. "A nonprofit could run afoul of tax law if it is substantially benefiting a nonprofit officer's for-profit consulting firm."

Hepworth said Woodberry is a consultancy with a division that specializes in nonprofit coalition management and that the money paid to the firm's people represents a small amount of the Alliance's expenditures for those years.

The Alliance "files all of the appropriate paperwork with the IRS and takes the extra step of making available on its website a current list of its supporters," according to Hepworth. The link to this list takes a bit of searching to find, however.

The Alliance's money comes from more than three dozen associate members and financial supporters, which include several of the largest pharmaceutical companies. Among them are AbbVie, manufacturer of Humira, the blockbuster drug for immune system conditions; AstraZeneca, maker of the cholesterol drug Crestor; Bristol-Myers Squibb, maker of the blood thinner Eliquis; and Pfizer, maker of Lyrica for nerve pain.

The group's leaders are medical doctors based outside of Washington; those identified in the tax records as directors aren't paid for the one hour per month, on average, of work they do for the nonprofit. But several of them have earned tens of thousands of dollars in consulting and speaker fees from the health care industry, including companies that back the Alliance.

For example, Dr. Jack Schim, a neurologist in California and an Alliance director, was paid nearly \$329,000 between 2015 and 2017, with the bulk of the money coming from Allergan, maker of wrinkle treatment Botox, according to a database maintained by the Centers for Medicare and Medicaid Services. Schim was one of the top-ranking physicians in his specialty for these payments.

While the Alliance names its supporters, it doesn't disclose how much each has contributed. Federal rules permit groups structured as tax-exempt social welfare organizations to say little about their benefactors.

Social welfare organizations like the Alliance also may engage in limited political activities so long as politics isn't their primary focus. Known by their IRS designation as 501(c)(4)s, they typically are civic-minded groups such as homeowner associations and volunteer fire departments.

The Alliance spent \$13.6 million in 2015 and 2016 on awards to recognize dozens of members of Congress who, according to Hepworth, "have championed patient access in the Medicare program." The lawmakers, who are barred by ethics rules from accepting monetary gifts, are presented with a plaque and are praised in press releases and advertisements. Recent recipients include Rep. Scott Peters, D-Calif., and Sen. Lamar Alexander, R-Tenn.

Tax records for the drugmakers' influential trade association, the Pharmaceutical Research and Manufacturers of America, provide a bit of insight into the Alliance's finances. The association, known as PhRMA, identifies the recipients of its grants and contributions. It donated more than \$1.8 million to the Alliance between 2009 and 2016 and since 2016 gave another \$215,000 to two smaller offshoots — the Institute for Patient Access and the Global Alliance for Patient Access.

PhRMA's largest single contribution, \$1.4 million, came in 2016 when Trump, then a candidate for president, and Democratic contender Hillary Clinton rattled drug companies with their pledges to take aggressive steps to bring down prescription medication costs.

"Groups like the Alliance for Patient Access often act as foils for the pharmaceutical industry instead of advancing patient interests," said Steven Knievel of the nonpartisan watchdog group Public Citizen. "They advocate for policies where industry and patient interests align. But any time drug prices are on the table, they toe the line of their corporate backers."

Kennedy, a former top official at the Republican Governors Association, registered the Alliance in June 2006 in Iowa; he lists an address in Bettendorf on the certificate. He registered Woodberry Associates as an LLC nearly five months later, also in Iowa. Kennedy is the Alliance's executive director and Woodberry's president. The nonprofit and the business share an office in downtown Washington.

The bulk of the more than \$1 million paid to Woodberry between 2015 and 2017 was for consulting services that Hepworth said ranged from managing Alliance working groups to the development and promotion of white papers, podcasts and social media posts. Kennedy also received more than \$457,000 in reimbursements for travel, hotels and catering contracts.

Follow Richard Lardner on Twitter at <http://twitter.com/rplardner>

## R. Kelly case spotlights abuse of girls in the era of #MeToo

BY MARYCLAIRE DALE and JOCELYN NOVECK Associated Press

NEW YORK (AP) — The girls, a dozen of them 15 to 18 years old, file into a conference room in a downtown Brooklyn office building, taking seats in chairs carefully arranged in a circle. On the floor in front of them is a makeshift altar of comforting objects: A string of Christmas lights, plastic toys and dolls, oils and crystals, a glitter-filled wand.

They arrive at the end of a school day in their usual hoodies and jeans, their smiles and easy banter masking the painful experiences that bring them together: This group is called "Sisters in Strength," and its members are survivors of sexual violence, or their allies and supporters.

There's a high school senior who describes being raped at 14, by a family friend she considered a big brother. She endured years of anger and isolation before seeking help. Writing poems is part of her healing process. Soon after the assault, she scrawled in a notebook: "Did you not hear my screams? The screams I vocalized at the top of my lungs, burying my voice ten feet under."

Another young woman, now 18, seeks peace through daily meditation. She too was assaulted by someone she knew, just days after her 18th birthday, but says she never reported it because she feared she wouldn't be believed. "Most people will say, 'What were you wearing or what were you doing? Why were you out so late?' And all those things," says this survivor. She found refuge in two trusted teachers, who sent her to "Sisters in Strength," run by a nonprofit called Girls for Gender Equity.

"I'm still in my way of healing," she says, "and I think it's better for me to focus on myself and move on."

The arrest of R&B singer R. Kelly on charges of sexually abusing girls as young as 13 has focused the lens of the #MeToo movement on underage victims like these, especially girls of color. The charges, which Kelly denies, follow a string of sexual misconduct accusations against Hollywood power brokers, media titans and Donald Trump during his run for president. But in those instances, as with the Harvey Weinstein scandal that launched the #MeToo era in October 2017, the accusers have been older, mostly white women.

"What happened with the media explosion of 'MeToo' is that it left out (a) population of people," says Michelle Grier, director of social work at Girls for Gender Equity, where Tarana Burke, who originated the phrase "me too" with her own work more than a decade ago, is a senior director. Part of the group's work, says Grier, is to empower girls to recognize: "Oh, this movement is about ME, too."

Various studies have found that 7 in 10 girls endure some form of sexual harassment by age 18, and 1 in 4 will be sexually abused. Experts believe the rates are higher for girls of color. One government survey found that some 43 percent of rapes and attempted rapes against women happened before they'd turned 18. That means that for millions of women in the U.S., their first sexual victimization occurs when they are 17 or younger, sometimes even younger than 10.

Groups like Girls for Gender Equity and Girls Inc., a nonprofit with 81 chapters in 30 states, are working to help young women discuss sexual harassment, dating violence and other types of abuse. Girls Inc. last year launched a #GirlsToo campaign to ensure that the voices of young survivors become part of the narrative on sexual misconduct.

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"With young people it's extra challenging, either because of who may be abusing them or the power differential," says Lara Kaufmann, public policy director of Girls Inc. Often, they fear being punished by their parents if the abuse involves a boyfriend, ostracized if it is perpetrated by a relative, or stigmatized by peers if it occurs at school. Even more than older women, experts say, girls tend to fear they won't be believed.

In Memphis, Tennessee, 16-year-old Maya Morris says an alleged sexual assault outside her school last month has sparked intense debate among her classmates. The parties involved were students at White Station High School, and some say the alleged victim broke a rule to leave school grounds at dismissal.

"People are saying that because she was at school after-hours ... it was her own fault," says Morris, a member of Girls Inc.'s national teen advisory council. School officials declined to say if the case was referred to police, and Memphis police did not return messages.

Such victim-blaming is not uncommon and adds to children's innate belief that they are at fault when things go wrong, Kaufmann says.

"Unfortunately, some schools are punishing girls who come forward, particularly girls of color," she says. "They report a sexual assault at school, and rather than figure out who's responsible, they will be punished for engaging in sexual activity on school grounds."

Burke, the #MeToo founder, says black girls are especially susceptible to being blamed because society "hypersexualizes" them, and thus they're seen as more mature than they actually are and more responsible for what happens to them. "So the blame gets shifted," she says, "like ... 'This happened to you because you haven't figured out how to take care of yourself. And so this was your fault.'"

The National Women's Law Center represents three girls who have sued their school districts over their handling of complaints they were sexually harassed at school or sexually assaulted by fellow students. The group says too many victims are being forced to transfer while the offenders remain at school.

"Girls ... fear that reporting will make things worse instead of better," says Emily Martin, the organization's policy director. "And there are really rational reasons to think that might be the case. Schools don't have the best track record at responding appropriately."

Education Secretary Betsy DeVos has proposed new Title IX rules that would limit when schools can intervene, especially if the abuse happens off-campus or online. The public has filed more than 100,000 comments in response. Critics include the School Superintendents Association, which says the changes would undermine the ability of its 13,000 superintendents "to ensure each and every child in our school has a safe and healthy learning environment."

Girls Inc. helps young people push school officials to do more to teach sex education and address sexual harassment and abuse. The group also has online resources about how to report abuse or help friends



**A survivor of sexual assault meditates in the Brooklyn borough of New York on Thursday, March 14, 2019. "Most people will say, 'What were you wearing or what were you doing? Why were you out so late?'" the young woman said. She found refuge in two trusted teachers, who sent her to "Sisters in Strength," run by the nonprofit Girls for Gender Equity. (AP Photo/Wong Maye-E)**

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who come forward.

In Memphis, Morris recently participated in a Girls Inc. workshop, the first in a series across the U.S., where girls gathered to discuss healthy relationships and dating violence. Confronting a friend one-on-one about abuse might bring an end to the friendship, she says, "because they're convinced that this is what love looks like."

"Talking about it in a teen talk situation is a lot different," says Morris, who does see a domino effect of #MeToo and hopes girls will speak more freely with their parents and at school.

White Station Vice Principal Carrye Holland sees a need for more honest talk about the situations teens face, be it the pressure to have sex, mistaken assumptions about which kids at school "want" sex, or fears of being ostracized if they report wrongdoing.

"They're concerned about living in a world where they have to explain why they may not want to be intimate, to apologize for maybe not wanting to do things they're expected to do," Holland says. "How do you change that climate?"

Her district, like many around the country, teaches basic sex ed but lacks a forum for free-ranging discussion about consent, dating violence and other topics. Still, she thinks adults can do more to help girls — and boys — "see themselves in a respectful light ... teaching things that you think maybe shouldn't have to be taught."

Unlike colleges and universities, U.S. elementary and secondary schools are not subject to national requirements for tracking student sexual assaults. But a 2017 Associated Press investigation uncovered about 17,000 official reports of student sex assault over the period from fall 2011 to spring 2015.

Federal data that is available shows that most sex assaults involving teens occur at someone's home. About a quarter of the time, girls are abused by family members. Nearly 30 percent of the time, the abuser is a current or former dating partner. Ten percent of the time, the perpetrator is a stranger, and in other instances, an acquaintance. Nearly 5 percent are authority figures.

Boys also face such violence; studies have found that 1 in 6 are sexually abused before they reach 18, although experts believe the figure could be far higher. Boys often stay silent about abuse given the cultural bravado about men and sex and fears that being identified as a victim will make them appear weak. Two men who now say they were sexually abused throughout their childhoods by Michael Jackson denied it until their 30s. The late superstar was acquitted of molestation charges in 2005 and always maintained his innocence.

Psychologist Julia Curcio Alexander, who works with victims and offenders in Philadelphia, says it can be "extraordinarily distressing" for young victims to come forward — and that hasn't changed in this era of #MeToo. Abusers often have tremendous power over their victims, be it financial or emotional. If the offender is a parent, the other parent often supports a spouse over a child, she says, and if it's a relative, the child has to worry about the family coming apart over the disclosure.

"Perhaps there's more support for adults who are disclosing now," Curcio Alexander says. "Will the child going to school ... be in a (better) position to disclose? That remains to be seen."

For the two young women in Brooklyn, disclosing — even to family — was a fraught process. For one of them, it was much easier to tell her friends than her parents. The other was able to confide in her parents but shut down around friends.

Both young women struggled, at times, with the temptation to blame themselves.

"The hardest thing for me to believe was that I didn't do this to myself," says the 18-year-old who meditates to help heal. "But I didn't plan or go out of my way to make this happen to me. There's bad people in the world, and you can't really protect yourself, especially if they're close to you."

She declines to describe the details of her assault.

For the young poet, her assault at the hands of a trusted family friend came as a total shock. Along with a girlfriend, she had brought the man a birthday gift. When the girlfriend left, she says, the assault happened. After telling her parents, she retreated into a period of anger and depression.

After a second assault a year later, she says, she kept quiet, consumed with guilt at finding herself in a

home where she went willingly.

"I just shoved it to the back of my mind," she says of those memories. "And so when I finally took it out, it felt like I was just telling another story, because I felt like I buried it so deep that I wasn't feeling the emotions a survivor would usually feel. It felt like I was just telling another story."

The twice-weekly sessions at Sisters in Strength have helped. She's focused on excelling at her studies and plans to attend college.

Each group meeting begins with a check-in: One by one, the girls report how they're doing, what they're thinking about, what they need to keep healing. This might involve discussing the trauma they endured, but often not. The seven-month curriculum includes education on everything from issues of gender bias and racism to how to have a healthy relationship and methods of recovering, both emotionally and physically.

One big takeaway: These girls want to be called survivors, not victims.

"At first you feel like a victim," says one of the young women, "because you're in the mentality of this HAPPENED to me. But then you transition and you're healing ... and then you become a survivor, because you don't let the thoughts you had control you or consume you."

It's a very conscious word choice in the group sessions, because the word "victim," says Grier, "doesn't express the fact that you're still in the world, and there's so much more to experience."

"This is one part of the narrative, but this is not the end," she says. "They are powerful, because they have survived something. They are powerful because they exist, and because they matter to us."

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Dale reported from Philadelphia, and Noveck from New York. Both write about gender issues and #MeToo for The Associated Press. Follow them at <https://twitter.com/Maryclairedale> and <https://twitter.com/JocelynNoveckAP>

## Stories of the victims of the New Zealand mosque attack

By The Associated Press undefined

Fifty people were killed in a terror attack at two mosques in Christchurch, New Zealand, on Friday. Some information on the victims who were lost:

HUSNA AHMED

Farid Ahmed refuses to turn his back on his adopted home, despite losing his 45-year-old wife, Husna Ahmed, in the Al Noor mosque attack. They had split up to go to the bathroom when it happened.

The gunman livestreamed the massacre on the internet, and Ahmed later saw a video of his wife being shot. A police officer confirmed she died.

Despite the horror, Ahmed — originally from Bangladesh — still considers New Zealand a great country.

"I believe that some people, purposely, they are trying to break down the harmony we have in New Zealand with the diversity," he said. "But they are not going to win. They are not going to win. We will be harmonious."

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FARHAJ AHSAN

The 30-year-old software engineer moved to New Zealand six years ago from the city of Hyderabad in India, where his parents still live, according to the Mumbai Mirror.

"We received the disturbing news," Ahsan's father, Mohammed Sayeeduddin told the newspaper Saturday. Friends and family had been trying to reach Ahsan since the attack.

Ahsan was married and had a 3-year-old daughter and infant son.

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ANSI ALIBAVA

Indian news reports said Alibava, 25, had moved from India to New Zealand last year after marrying Abdul Nazar.

The Indian Express newspaper said she was studying agriculture technology at Lincoln University and her husband worked at a supermarket in Christchurch. They got married in 2017.

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The Manorama Online news site said her mother, Rasia, had prayed for the safety of the two when the news broke of the attacks.

Alibava used to call her family back in India every day, but they were worried when there was no call after the shootings. They later found out from the husband what had happened.

The report said she was hoping to find a job in New Zealand to support her family back home.

## OTHER INDIAN VICTIMS

India's ambassador to New Zealand said four other Indian citizens were killed in the attacks:

- Maheboob Khokhar
- Ramiz Vora
- Asif Vora
- Ozair Kadir

## ABDULLAHI DIRIE

Four of Adan Ibrahim Dirie's five children managed to escape Friday's attacks, but the youngest, 4-year-old Abdullahi, was killed, his uncle, Abdulrahman Hashi, 60, a preacher at Dar Al Hijrah Mosque in Minneapolis, told the New Zealand Herald.

Dirie also suffered gunshot wounds and was hospitalized. The family fled Somalia in the mid-1990s as refugees and resettled in New Zealand.

"You cannot imagine how I feel," Hashi said.

He added: "He was the youngest in the family. This is a problem of extremism. Some people think the Muslims in their country are part of that, but these are innocent people."

## ATTA ELAYYAN

Atta Elayyan, 33, was a goalkeeper for a New Zealand futsal team.

The Oceania Football Confederation said those who knew Elayyan described him as having "an unbridled passion for futsal and for representing New Zealand." Futsal is a variant of indoor soccer. A statement from the confederation released Monday extended condolences to Atta's family and all of those affected.

OFC official Paul Toohey said Elayyan was a selfless man who always had time for friends, family, teammates and young up-and-coming players. "Atta was everything a team could want — an outstanding performer who was dedicated to his goalkeeping craft — but also a great friend and leader among his teammates at Canterbury United Dragons and the Futsal Whites," Toohey said.

His father, Mohammed Elyan, co-founded one of the mosques in 1993, and was among those wounded, said Muath Elyan, Mohammed's brother, who said he spoke to Mohammed's wife after the shooting. Muath said his brother also teaches engineering at a university and runs a consultancy.

## ALI ELMADANI



**A message card is placed at a collection of flowers left at the Botanical Gardens in Christchurch, New Zealand, Saturday, March 16, 2019. New Zealand's stricken residents reached out to Muslims in their neighborhoods and around the country on Saturday, in a fierce determination to show kindness to a community in pain as a 28-year-old white supremacist stood silently before a judge, accused in mass shootings at two mosques that left dozens of people dead.** (AP Photo/Vincent Thian)



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Elmadani and his wife emigrated from the United Arab Emirates in 1998. The retired Christchurch engineer always told his children to be strong and patient, so that's what they are trying to do after the tragedy, his daughter, Maha Elmadani, told Stuff.

"He considered New Zealand home and never thought something like this would happen here," she said.

She said her mother "is staying as strong as possible. My younger brother isn't doing too well with the news."

## LILIK ABDUL HAMID

The longtime aircraft maintenance engineer at Air New Zealand was killed in the Al Noor mosque when he was killed, his employer said in a statement.

"Lilik has been a valued part of our engineering team in Christchurch for 16 years, but he first got to know the team even earlier when he worked with our aircraft engineers in a previous role overseas," Air New Zealand Chief Executive Officer Christopher Luxon said. "The friendships he made at that time led him to apply for a role in Air New Zealand and make the move to Christchurch. His loss will be deeply felt by the team.

Hamid was married and had two children, Luxon said.

"Lilik, his wife Nina and their children Zhanian and Gerin are well known and loved by our close-knit team of engineers and their families, who are now doing all they can to support the family alongside our leadership team and the airline's special assistance team," he said.

## HUSSEIN AL-UMARI

When Aya Al-Umari thinks of her big brother, she pictures him with his arms wide open, ready to wrap her in an embrace. Hussein Al-Umari was a hugger, she says, a kind man, and the quintessential big brother who delighted in teasing his little sister.

Hussein, 35, was killed while attending Friday prayers at Al Noor mosque.

Aya had spent the previous evening having dinner with him, and she recalled how excited he was that their parents had just bought a new car.

She and her brother were born in Abu Dhabi and moved with their parents to New Zealand in 1997. Hussein worked in the tourism industry, and he loved traveling. He had recently traveled to the seaside South Island city of Nelson and had created a video blog of his adventures. Aya had been impressed by how polished it was.

Their mother, an Iraqi calligraphy artist named Janna Ezzat, wrote on Facebook that her son had become a martyr.

Ezzat wrote: "Our son was full of life and always put the needs of others in front of his own."

## MUCAAD IBRAHIM

At just 3 years old, Mucaad Ibrahim is the youngest known victim of the attacks. He was separated from his older brother Abdi and their father when the shooting began at the Al Noor mosque.

After an agonizing search by the family, Abdi said police finally confirmed that the toddler had been killed.

Mucaad was born and raised in Christchurch. He was beloved by the community, known for his energetic demeanor and easy laugh. He was bright and bubbly, and loved playing with an iPad.

Ahmed Osman, a close family friend, said Mucaad used to cheer from the sidelines as Osman and Abdi played soccer on Friday evenings at a park near the mosque. The little boy had planned to watch them play soccer as usual on Friday. He never made it.

Osman said the support of the community has helped the family pull through.

"New Zealand is always behind us," he said. "Even when we walk down the street, people stop us and say, 'Are you guys OK?' That's what New Zealand is about. It's all about coming together. One person cannot stop us."

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## MOHAMMAD IMRAN KHAN

A handwritten cardboard sign outside Mohammad Imran Khan's restaurant, the Indian Grill in Christchurch, on Sunday said simply CLOSED. A handful of pink flowers laid nearby.

The owner of the convenience store next door, JB's Discounter, Jaiman Patel, 31, said he helped the staff with the keys after the terrorist attack that claimed Khan's life.

"He's a really good guy. I tried to help him out with the setup and everything," Patel said. "We also put the key out for them when the terrorists come, and sorted it out for him."

Khan had a son who was 10 or 11, Patel said.

The two were business neighbors who helped each other out when needed, he said.

"We are helping each other. It's so sad."

## SAYYAD MILNE

Milne, 14, was described as a good-natured, kind teenager. The high school student was at the Al Noor mosque for Friday prayers when the attack started, his half-sister, Brydie Henry, told the Stuff media outlet.

Sayyad was last seen "lying on the floor of the bloody mosque, bleeding from his lower body," she said her father told her.

Sayyad's mother, Noraini, was also in the mosque and managed to escape, Henry said. The teenager has two other siblings, 15-year-old twins Shuayb and Cahaya.

"They're all at home just waiting. They're just waiting and they don't know what to do," Henry told the news site.

"He had kind eyes, a big heart, a cheeky smile and a thick mop of black hair. He loved playing football and also indoor futsal," Cashmere High School principal Mark Wilson told students at an assembly Monday.

The school's futsal goalkeeper planned to travel with the team to the national tournament in Wellington this month.

## JUNAID MORTARA

Javed Dadabhai is mourning for his gentle cousin, 35-year-old Junaid Mortara, believed to have died in the first mosque attack.

His cousin was the breadwinner of the family, supporting his mother, his wife and their three children, ages 1 to 5. Mortara had inherited his father's convenience store, which was covered in flowers on Saturday.

Mortara was an avid cricket fan, and would always send a sparring text with relatives over cricket matches when Canterbury faced Auckland.

## HAMZA MUSTAFA

Hamza's family fled the civil war in Syria, then he spent six of his young years as a refugee in Jordan before the family was accepted into New Zealand in 2018.

An excellent horse rider who aspired to be a veterinarian, Hamza, 16, was compassionate and a hard-working student, said Cashmere High School principal Mark Wilson.

"Despite the fact that he hadn't been here for a long time he had already quickly developed many friends," he said.

His younger brother Zaed, also a Cashmere student, remains hospitalized with gunshot wounds to his leg. Their father, Khalid, also died in the attack on the Al Noor Mosque.

## KHALID MUSTAFA

Mustafa, who fled the civil war in Syria with his family, was at Friday's Al Noor service with his two sons, 16-year-old Hamza and 13-year-old Zaed.

He died, along with Hamza, while Zaed remains hospitalized with gunshot wounds.

Mustafa's wife, Salwa, told Radio New Zealand that when the family asked about New Zealand before they were accepted in July 2018, they were told "it's the safest country in the world, the most wonderful country you can go ... you will start a very wonderful life there. But it wasn't."

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## HĀJĪ DAOUD NABI

Nabi, 71, moved his family to New Zealand in 1979 to escape the Soviet-Afghan war. Days before the shootings, his son, Omar, recalled his father speaking about the importance of unity.

"My father said how important it is to spread love and unity among each other and protect every member of the society we live in," Omar told Al-Jazeera.

Omar told the news network his father ran an Afghan Association and helped refugees settle in to a new country.

"He used to make them feel at home," Omar said.

## TĀRIQ OMAR

Omar, a former Cashmere High School student from 2008 to 2012, was also among those who died, principal Mark Wilson said.

## HUSNE ARA PARVIN

Parvin, 42, died being struck by bullets while trying to shield her wheelchair-bound husband, Farid Uddin Ahmed, her nephew Mahfuz Chowdhury told The Daily Star, a Bangladesh newspaper.

Chowdhury said Uddin had been ill for years and Parvin took him to the mosque every other Friday. She had taken him to the mosque for men while she went to the one for women. Mahfuz said relatives in New Zealand told him when the shootings began, Parvin rushed to her husband's mosque to protect him. He survived.

The Bangladeshi couple had moved to New Zealand sometime after 1994, Chowdhury said.

## NAEEM RASHID and TALHA NAEEM

As the shootings unfolded, Naeem Rashid is seen on video trying to tackle the gunman, according to Rashid's brother, Khurshid Alam.

"He was a brave person, and I've heard from a few people there, there were a few witnesses. They've said he saved a few lives there by trying to stop that guy," Alam told the BBC.

The 50-year-old Rashid's son, Talha Naeem, 21, is also among the dead.

Rashid was a teacher in Christchurch and was from Abbottabad, Pakistan. His son was 11 when his family moved to New Zealand. He had a new job and planned to get married.

Rashid's brother, Dr. Mohammad Khurshheed, who lives in Abbottabad, received an emotional call from his sister-in-law telling him of his brother's death.

Khurshheed said his brother had already bought a plane ticket to Pakistan for a May family reunion.

Pakistan declared Monday a national day of mourning to honor its citizens killed in the attack, and said Rashid would be recognized for his heroism.

## SYED AREEB AHMED

Another Pakistani victim, Syed Areeb Ahmed, 26, was an only son who had immigrated to New Zealand for work, said his uncle Muhammad Muzaffar Khan. Ahmed was an accountant who has just begun his career.

"Education had always remained his first priority," said his uncle, adding that the family in Pakistan's southern port city of Karachi were waiting for his body to be returned home. "He had gone to New Zealand recently, where he got his job. He had only started his career, but the enemies took his life."

## GHULAM HUSSAIN, KARAM BIBI and ZEESHAN RAZA

Three Pakistanis from the same family — Ghulam Hussain and his wife, Karam Bibi, and their son Zee-shan Raza — were also killed in the attacks.

## OTHER PAKISTANI VICTIMS

Pakistan's foreign ministry said three other Pakistanis were killed:

— Haroon Mahmood, 40, son of Shahid Mehmood  
— Sohail Shahid, 40, son of Muhammad Shabbir  
— Syed Jahanand Ali, 34

## Brother's teasing proved prophetic before NZ mosque shooting

By KRISTEN GELINEAU Associated Press

CHRISTCHURCH, New Zealand (AP) — She wonders now if that moment was a prophecy, if her brother somehow knew it was the last time they'd see each other. Or maybe he was just teasing her, like he always did. But whatever the whole thing meant, Aya Al-Umari likes to believe it was her brother's way of saying goodbye.

It was Thursday, the evening before a white supremacist stormed into the mosque where Hussein Al-Umari was praying, killing the 35-year-old in New Zealand's deadliest mass shooting in modern history. Hussein had joined his sister Aya and their parents for dinner. And he was fixated on Aya's new shirt.

It was just a simple cream-colored T-shirt. But on the front were three words: "See You Bye."

Every time she passed him, he'd chirp: "Hey, that's a nice top!"

Was he serious, or just making fun of her? She couldn't tell. After the fifth comment, she started ignoring him. Like most big brothers, he could be a real pest.

He'd always delighted in teasing her. One time when they were visiting Malaysia as kids, he'd given her some candy that he assured her was smooth and sweet. When she put it in her mouth, she quickly realized he'd tricked her. It was popping candy, which instantly began to fizz and spark on her tongue. She shrieked. He laughed.

When Hussein left her house on Thursday night, she was busy. She didn't get the chance to hug him goodbye, or say the words out loud.

The next day was a nightmare. Hussein, who worked in the tourism industry, was between jobs, which left him free to attend Friday prayers at Al Noor mosque. He died there, one of 50 people whose lives were cut short in a barrage of racist violence that day.

On Friday night, Aya returned home and saw the shirt lying on a chair. She looked at the words, "See You Bye." She thought of Hussein. Maybe he'd had a premonition.

She alternates between laughter and tears when she thinks of him now. The two of them moved from Abu Dhabi to Christchurch in 1997, and had settled comfortably into their new lives in the peaceful green country. Hussein, an exercise enthusiast, loved taking long walks, sometimes several times a day. He also loved to travel, most recently to the seaside South Island city of Nelson. He'd created a video blog of his adventures; Aya had been impressed by how polished the video was.

When she remembers Hussein, she pictures him with his arms wide open, ready to wrap her in an embrace. He'd always been a hugger. Even after a long day, when she just wanted to go to bed, he insisted on giving her a squeeze first.



**This photo provided by Aya Al-Umari shows Hussein Al-Umari and his sister, Aya Al-Umari, in early 2018. Hussein, left, 35, was killed in the Al Noor mosque attack in Christchurch, New Zealand, on Friday, March 15, 2019.** (Aya Al-Umari via AP)

On Monday, she was left wondering where Hussein was. Like most families who lost loved ones in the attacks, she was still waiting for her brother's body to be released. The wait has been made more painful by the fact that Islamic law calls for bodies to be cleansed and buried as soon as possible after death, usually within 24 hours.

"It's very unsettling not knowing what's going on. If you just let me know — is he still in the mosque? Is he in a fridge? Where is he?" she said. "I understand the police need to do their job because it's a crime scene, but you need to communicate with the families."

For now, she comforts herself with memories of Hussein the way he was in life: arms wide open, wrapping her in a hug. Teasing her about a T-shirt that she clings to as a symbol of their final farewell.

## 10 Things to Know for Today

By The Associated Press undefined

Your daily look at late-breaking news, upcoming events and the stories that will be talked about today:

### 1. WHERE NEW ZEALAND SHOOTING SUSPECT GOT GUNS

A Christchurch gun shop acknowledges selling guns online to the 28-year-old white supremacist accused of killing 50 people in mosque shootings.

### 2. ELIZABETH WARREN EMBRACES UNDERDOG ROLE FOR 2020

The Massachusetts senator tells the AP that she sees a plus in skipping high-dollar fundraising events in favor of spending time with rank-and-file voters.

### 3. RX PRICE WAR A MURKY BATTLE

Outside groups involved in political fights like efforts to lower prescription drug prices are not always clear about who they represent and where their money comes from.

### 4. 'WE ARE IN NOBODY'S POCKET'

Moshe Feiglin is an ultranationalist libertarian with a criminal record who vows to legalize marijuana and could emerge as a kingmaker in the tight race for Israeli prime minister.

### 5. #GIRLSTOO: R. KELLY CASE SPOTLIGHTS ABUSE OF GIRLS

The arrest of the R&B singer on charges of sexually abusing girls as young as 13 refocuses the #MeToo movement on underage victims and girls of color, AP finds.

### 6. KANSAS HOPES TO RESURRECT PROOF-OF-CITIZENSHIP VOTING LAW

A federal appeals court will consider the constitutionality of a struck-down Kansas law that had required people to provide documents proving their U.S. citizenship before they could register to vote.

### 7. NATURAL DISASTERS KILL DOZENS IN INDONESIA

Flash floods and mudslides triggered by downpours tear through mountainside villages in the Southeast



**Students raise candles as they gather for a vigil to commemorate victims of Friday's shooting, outside the Al Noor mosque in Christchurch, New Zealand, Monday, March 18, 2019. Three days after Friday's attack, New Zealand's deadliest shooting in modern history, relatives were anxiously waiting for word on when they can bury their loved ones.**

(AP Photo/Vincent Yu)

Asian nation's easternmost province, killing nearly 80 people.

## 8. BE KIND, PLEASE REWIND

Come the end of the month, a Blockbuster Video in Bend, Oregon, will be the last one standing and the nostalgia factor is drawing tourists from as far as Taiwan.

## 9. KING OF SURF GUITAR DIES

Dick Dale's pounding, blaringly loud power-chord instrumentals prompted director Quentin Tarantino to select "Miserlou" as the theme song of his 1994 film "Pulp Fiction."

## 10. WHO'S FAVORED IN NCAA TOURNAMENT

Duke is the overall top seed for March Madness and the oddsmakers have the Blue Devils as the 9-4 favorites to win it all.

## Warren embraces underdog role as she faces 2020 challenges

By STEVE PEOPLES, ELANA SCHOR and HUNTER WOODALL Associated Press

BOSTON (AP) — Elizabeth Warren has spent much of the last decade as a leader of the Democratic Party's liberal wing.

But three and a half months into her presidential campaign, the Massachusetts senator is facing tough questions about fundraising and electability, along with lingering skepticism about her past claim to Native American identity. The longtime liberal superstar is embracing an uncomfortable role in the crowded 2020 contest: the underdog.

"This is the race I want to run," Warren insisted in an interview with The Associated Press.

With the 69-year-old Democrat in the middle of the pack in early polling, her Boston-based senior advisers are implementing an aggressive — if risky — strategy that calls on Warren to forgo traditional high-dollar fundraising events and devote the saved time to interactions with rank-and-file voters. Advisers say she'll also focus on seizing

opportunities to stake bold new policy positions in real time, as she did recently by calling for the breakup of big technology companies like Amazon, which allow her to shape the debate and showcase her policy bona fides.

Her success or failure will help determine the direction of the Democratic Party in 2020 and, more specifically, whether Vermont Sen. Bernie Sanders can maintain his early place at the head of the presidential primary pack. While Warren has sometimes sought to distinguish herself from Sanders, describing herself as a capitalist while Sanders runs as a democratic socialist, the New England senators appeal to the same progressive, populist wing of their party that is an increasingly dominant force in the age of President Donald Trump.

So far, Sanders has bested Warren in the few objective measures that exist: fundraising and polling. And while the first votes won't be cast for another 10 months or so, former Warren allies in her neighboring



**Democratic presidential candidate Elizabeth Warren speaks to a group of about 400 potential voters at a high school on Sunday, March 17, 2019, in Memphis, Tenn.** (AP

Photo/Adrian Sainz)

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state of New Hampshire, which holds the nation's first primary, see cause for concern.

"I just don't know if she would go over nationally," said former New Hampshire state Rep. Daniel Hansberry, who was among 27 current and former state lawmakers who signed a 2015 letter urging Warren to seek the presidency. "In the Northeast and on the West Coast I wouldn't be a bit surprised if she got a huge vote. But I don't know if she's too progressive for other parts of the country."

Another signatory, former New Hampshire state Rep. Frank Heffron, said he'd be satisfied if Warren ultimately won the election, but said "it's very unlikely" he'll support her in the primary.

New Hampshire voter Kerry Query, a 54-year-old administrative assistant who voted for Hillary Clinton over Sanders in the 2016 primary, said she's undecided this year but prefers Sanders over Warren so far.

"I don't think she could get enough people behind her," Query said. "If she got elected in the primary, there's no way she could win."

No one has an easy path to the Democratic presidential nomination, but few who expected to be in the top tier opened their campaigns with the same kind of stumbles as Warren.

Laying the groundwork for her 2020 run, Warren released the results of a DNA test in October that showed "strong evidence" of Native American ancestry, albeit at least six generations back. The move backfired, emboldening her critics — especially Trump, who regularly calls Warren "Pocahontas" — who have long charged that Warren exaggerated her ethnic heritage for personal gain.

Warren privately apologized to the head of the Cherokee Nation in early February. But just a few days later, reports surfaced that Warren had claimed Native American heritage on a 1986 Texas State Bar registration form.

"A large swath of the American people were introduced to her through what I like to call the DNA debacle," said Democratic strategist Symone Sanders, who worked for Bernie Sanders during part of his 2016 campaign. She lauded Warren's early campaign for having "meat on the bones" that rivals lack but warned that the Native American issue would continue to be a challenge.

Warren allies also acknowledge her early fundraising, a strength in her Senate campaigns, has been lackluster as a presidential candidate.

A federal filing reveals that she raised at least \$300,000 on the day she launched her campaign. While not a complete picture, Sanders raised nearly \$6 million the first day he was in the race and California Sen. Kamala Harris raised \$1.5 million.

In the AP interview, Warren cast her fundraising challenges, including her move to eschew all high-dollar fundraising events, as a positive.

"I know that the way I've decided to run my campaign means that I'm leaving millions of dollars on the table," she said.

"This is a chance to help repair our democracy. It shouldn't just be about going out and raising a bunch of money and coming back and doing a bunch of TV ads," she continued. "This is about meeting people in person. Talking with them about the things that touch their lives every day, about their hopes to make this country work not just for the rich and the powerful, but to make it work for them."

Warren is plowing ahead with an energetic approach designed to win over primary voters one event at a time.

She has made a significant time and organizational investment in the first four states on the presidential primary calendar — Iowa, New Hampshire, Nevada and South Carolina. She has hired 65 campaign staffers for the first four states already, a number expected to grow in the coming weeks.

She's also courting voters in other regions, launching a Southern tour on Sunday with stops in Tennessee, Mississippi and Alabama. In all, she held 33 events across 11 states and Puerto Rico since launching on Dec. 31. Twenty-six of those events were in the early voting states, including 11 separate town halls or house parties in Iowa and 10 in New Hampshire, according to her campaign.

"There used to be an old adage back in the days when I was managing New Hampshire. It was 'organize, organize, organize' and get hot at the end," said Democratic operative Mark Longabaugh, who previously worked for Sanders. "So I think they're pursuing a version of that strategy with the modern communications techniques that we have now."

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Warren is hardly the only 2020 contender showering time and attention on key states.

New Jersey Sen. Cory Booker has strong teams on the ground in Iowa, New Hampshire and South Carolina. Others, such as Harris, are in the process of strengthening their early-state presence. And both Sanders and newcomer Beto O'Rourke are expected to aggressively court early-state voters.

Warren backers like Massachusetts Rep. Joe Kennedy III argue that she has proven doubters wrong since she first challenged Massachusetts GOP Sen. Scott Brown in 2012.

"It's a matter, candidly, of the fact that we're almost a year away from the election," Kennedy said, "much like in Sen. Warren's first race where there was a bunch of hand-wringing and bunch of concerns about whether she was going to be up for the task of taking on a very popular Republican incumbent."

Kennedy continued: "I kept telling people: 'Just wait. Wait and watch.'"

## Kansas hopes to resurrect proof-of-citizenship voting law

SALT LAKE CITY (AP) — A federal appeals court will hear arguments Monday over the constitutionality of a struck-down Kansas statute that had required people to provide documents proving their U.S. citizenship before they could register to vote.

In a case with national implications for voting rights, Kansas faces an uphill battle to resurrect the law once championed by former Kansas Secretary of State Kris Kobach, who led President Donald Trump's now-defunct voter fraud commission.

A three-judge panel of the 10th Circuit Court of Appeals temporarily blocked Kobach in 2016 from fully enforcing the law, calling it "a mass denial of a fundamental constitutional right." The issue is back before the appellate court after U.S. District Judge Julie Robinson struck it down last year and made permanent the earlier injunction.

"Kansas was the tip of the spear of an effort to make it harder for people to register under the guise of protecting elections from a nonexistent epidemic of noncitizen voting. Those efforts haven't stopped as this case illustrates, and I think this case will be closely watched," said Dale Ho, director of the American Civil Liberties Union's Voting Rights Project.

The legal fight has drawn national attention as Republicans pursue voter ID laws they say are aimed at people who are unlawfully in the country. Critics contend such efforts amount to voter suppression that target Democratic-leaning minorities and college students who may not have such documentation.

Kobach, a conservative Republican, was a leading source for Trump's unsubstantiated claim that millions of immigrants living in the U.S. illegally may have voted in the 2016 election.

Kansas Attorney General Derek Schmidt said in an emailed statement that the statute was enacted by large bipartisan majorities in the Legislature.

"The Legislature is free to repeal the statute if it is no longer favored, but as long as the law requiring documentary proof of citizenship to register to vote remains on the books, we think it, like other duly



**FILE - In this Nov. 30, 2018 file photo, then Kansas Secretary of State Kris Kobach responds to questions from reporters in Topeka, Kan. An appeals court in Salt Lake City, will consider Monday, March 18, 2019, the constitutionality of a struck down Kansas statute that had required people to provide documents proving U.S. citizenship before they could register to vote.** (AP Photo/

John Hanna, File)



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enacted state laws, deserves a full and vigorous legal defense," Schmidt said.

Kansas argued in court filings that it has a compelling interest in preventing voter fraud. It contended its proof-of-citizenship requirement is not a significant burden and protects the integrity of elections and the accuracy of voter rolls.

Critics countered that the documentary proof-of-citizenship law was "a disastrous experiment" that damaged the state's voter rolls, disenfranchised tens of thousands and eroded confidence in the state's elections.

The National Conference of State Legislatures has counted 35 states that have laws requiring some form of identification at the polls, but the Kansas voter registration statute at issue goes further by requiring people to provide documents such as a birth certificate, U.S. passport or naturalization papers before they can even register to vote. Arizona is the only other state with a similar law in effect, but it is far more lenient and allows people to satisfy it by writing their driver's license number on the voter registration form. Proof-of-citizenship laws in Alabama and Georgia are not currently being enforced.

Judge Robinson found that between 1999 and 2013 a total of 39 noncitizens living in Kansas successfully registered, mostly due to applicant confusion or administrative error. That is .002 percent of the more than 1.76 million registered voters in Kansas as of Jan. 1, 2013. Eleven of those 39 noncitizens voted.

The registration law took effect in January 2013. In the three years before the appellate court put it on hold, more than 30,732 Kansans were not allowed to register to vote because they did not submit proof of citizenship. That figure represented about 12 percent of voter registration applications.

## Be Kind, Please Rewind: Oregon Blockbuster is last on Earth

By GILLIAN FLACCUS Associated Press

BEND, Ore. (AP) — There are challenges that come with running the last Blockbuster Video on the planet. The computer system must be rebooted using floppy disks that only the general manager — a solid member of Gen X — knows how to use. The dot-matrix printer broke, so employees write out membership cards by hand. And the store's business transactions are backed up on a reel-to-reel tape that can't be replaced because Radio Shack went out of business.

Yet none of that has kept this humble franchise in an Oregon strip mall from thriving as the advent of on-demand movie streaming laid waste all around it. When a Blockbuster in Australia shuts its doors for the last time on March 31, the Bend store will be the only one left on Earth.

"It's pure stubbornness, for one. We didn't want to give in," said general manager Sandi Harding, who has worked at the franchise for 15 years and receives a lot of the credit for keeping it alive well past its expiration date. "We did everything we could to cut costs and keep ourselves relevant."

The store was once one of five Blockbusters owned by the same couple, Ken and Debbie Tisher, in three central Oregon towns. But by last year, the Bend franchise was the last local Blockbuster standing.

A tight budget meant no money to update the surviving store. That's paying off now with a nostalgia factor that stops first-time visitors of a certain age in their tracks: the popcorn ceilings, low fluorescent lighting, wire metal video racks and the ubiquitous yellow-and-blue ticket stub logo that was a cultural touchstone for a generation.

"Most people, I think, when they think about renting videos — if they're the right age — they don't remember the movie that they went to pick, but they remember who they went with and that freedom of walking the aisles," said Zeke Kamm, a local resident who is making a documentary about the store called "The Last Blockbuster" with a friend.

"In a lot of towns, the Blockbuster was the only place that was open past nine o'clock, and a lot of them stayed open until midnight, so kids who weren't hoodlums would come here and look at movies and fall in love with movies."

The Bend store had eight years under its belt as a local video store before it converted to a Blockbuster in 2000, a time when this high desert city was still a sleepy community with a small-town feel to match.

Customers kept coming back, drawn by special touches like staff recommendations, a "wish list" for videos to add to the rental selection and even home delivery for a few special customers who couldn't

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drive in. Dozens of local teens have worked there over the years.

Then, in 2010, Blockbuster declared bankruptcy, and by 2014, all corporate-owned stores had shuttered. That left locally owned franchises to fend for themselves, and one by one, they closed.

When stores in Anchorage and Fairbanks, Alaska, shut down last summer — barely outlasting a Redmond, Oregon, store — Bend's Blockbuster was the only U.S. location left.

Tourists started stopping by to snap selfies, and business picked up. Harding ordered up blue-and-yellow sweat shirts, T-shirts, cups, magnets, bumper stickers, hats and stocking caps from local vendors emblazoned with the words "The Last Blockbuster in America," and they flew off the shelves.

Then, this month, she got a phone call: The world's only other Blockbuster, in Perth, Australia, would soon close its doors. A new T-shirt order went out — this time with the slogan "The Last Blockbuster on the Planet" — and the store is already getting a new wave of selfie-snapping visitors from as far away as Europe and Asia.

On a recent weekday, Michael Trovato of Melbourne, Australia, stopped by while visiting his twin sister in Bend.

After posing for a photo, Trovato said he misses a time when choosing a movie meant browsing hundreds of titles and asking a video clerk for insight instead of letting a movie-streaming service recommend one for him based on a computer algorithm.

"I miss quite a bit being able to walk into a Blockbuster or CD store and have that social experience and see people looking at stuff and talking to people," Trovato said. "It's something you don't get from the slick presentation of a music service or, you know, from the Internet."

The Bend store doesn't seem to be in danger of closing anytime soon.

Its newfound fame has been a shot in the arm, and customers stream in to buy \$40 sweat shirts, \$20 T-shirts and even \$15 yellow-and-blue beanies hand-knit by Harding herself. The store pays Dish Network for the right to use the Blockbuster logo and has several years left on its lease.

People regularly send the store boxes of old VHS tapes and DVDs. They also donate Blockbuster memorabilia: a corporate jean jacket, key chains and old membership cards.

Employees always send a thank-you note, store manager Dan Montgomery said.

Recently, Harding has noticed another type of customer that's giving her hope: a new generation of kids dragged in by their nostalgic parents who later leave happy, holding stacks of rented movies and piles of candy.

Jerry Gilles and his wife, Elizabeth, brought their two kids, John, 3, and Ellen, 5, and watched with a smile as the siblings bounced from row to row, grabbing "Peter Pan" and "The Lion King" and surveying



**Local documentary filmmakers Taylor Morden, left, and Zeke Kamm, pose at the last Blockbuster on the planet in Bend, Ore., on Monday, March 11, 2019, with a promotional VHS tape of their upcoming documentary about the store titled The Last Blockbuster. When a Blockbuster in Perth, Australia, shuts its doors for the last time on March 31, the store in Bend, Ore., will be the only one left on Earth, and most likely in the universe.** (AP Photo/Gillian Flaccus)

dinosaur cartoons.

"How could we not stop? It's the last one," said Gilles, of their detour to the store while on vacation from Memphis, Tennessee. "They need to see that not everything's on the iPad."

Follow Gillian Flaccus on Twitter at <http://www.twitter.com/gflaccus>

## Dick Dale, King of Surf Guitar, 'Miserlou' composer, is dead

By LINDSEY BAHR and JOHN ROGERS Associated Press

LOS ANGELES (AP) — Dick Dale, whose pounding, blaringly loud power-chord instrumentals on songs like "Miserlou" and "Let's Go Trippin'" earned him the title King of the Surf Guitar, has died at age 81.

His former bassist Sam Bolle says Dick Dale passed away Saturday night. No other details were available.

Dale liked to say it was he and not the Beach Boys who invented surf music — and some critics have said he was right.

An avid surfer, Dale started building a devoted Los Angeles fan base in the late 1950s with repeated appearances at Newport Beach's old Rendezvous Ballroom. He played "Miserlou," "The Wedge," "Night Rider" and other compositions at wall-rattling volume on a custom-made Fender Stratocaster guitar.

"Miserlou," which would become his signature song, had been adapted from a Middle Eastern folk tune Dale heard as a child and later transformed into a thundering surf-rock instrumental.

His fingering style was so frenetic that he shredded guitar picks during songs, a technique that forced him to stash spares on his guitar's body. "Better shred than dead," he liked to joke, an expression that eventually became the title of a 1997 anthology released by Rhino Records.

Dale said he developed his musical style when he sought to merge the sounds of the crashing ocean waves he heard while surfing with melodies inspired by the rockabilly music he loved.

He pounded rather than plucked the strings of his guitar in a style he said he borrowed from an early musical hero, the great jazz drummer Gene Krupa.

"Dale pioneered a musical genre that Beach Boy Brian Wilson and others would later bring to fruition," Rolling Stone magazine said in its "Encyclopedia of Rock & Roll" adding "Let's Go Trippin'" was released in 1961, two months ahead of the Beach Boys' first hit, "Surfin'."

The magazine called Dale's song "the harbinger of the '60s surf music craze."

Although popular around Southern California, Dale might have remained just a cult figure if surfing had not exploded in worldwide popularity during his peak creative years.

When the first of a series of "Beach Party" movies made to cash in on the phenomenon was released in 1963, it included Dick Dale and the Del-Tones performing "Secret Surfing Spot" as teen heartthrob Annette Funicello danced on the beach.



**FILE - In this May 27, 2007 file photo, Dick Dale, known as "The King of the Surf Guitar," performs at B.B. King Blues Club in New York. Dale has died at age 81. His former bassist Sam Bolle says Dale passed away Saturday night, March 16, 2019. No other details were available.** (AP Photo/Richard Drew, File)

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Dale had released his first album, "Surfer's Choice," a year earlier. He followed it with four more over the next two years while appearing in several "Beach Party" sequels and other surfer movies.

Other popular Dale songs included "Jungle Fever," "Shake-N-Stomp" and "Swingin' and Surfin'."

His star dimmed after the Beatles led music's British invasion onto the pop charts in 1964 and his record label dropped him. His career also was sidelined by a battle with cancer in the 1960s and a serious foot infection in the 1970s that was the result of a surfing injury.

His musical influence was profound and included guitar virtuosos Jimi Hendrix and Stevie Ray Vaughan and movie director Quentin Tarantino, who selected Dale's "Miserlou," as the theme song of his 1994 film "Pulp Fiction." That helped pull the guitarist back into the pop-culture spotlight.

Dale himself had begun to launch a comeback with the 1987 film "Back to the Beach," which reunited Funicello and her co-star Frankie Avalon as a middle-aged couple returning to their old surfing haunts. He teamed up with Vaughan to record the classic surf instrumental "Pipeline" for that film, earning the pair a Grammy nomination.

In 1993 he released "Tribal Thunder," his first album of all new material in nearly 30 years. He followed it with "Unknown Territory" the following year.

Dale continued to tour into his 80s, in part he said to pay the medical bills that advancing age was saddling him with. Having beaten cancer in the 1960s, he suffered a serious recurrence in 2015.

Born Richard Anthony Monsour in Boston on May 4, 1937, Dale moved to Los Angeles with his family in 1954, where he immediately fell in love with surfing and the electric guitar.

As a child, he listened to Lebanese and Polish folk tunes played by his parents. Eventually he graduated to big band, swing, country and rockabilly.

Self-taught on guitar, the left-handed Dale couldn't afford a custom-made model, so early on he played a standard right-hand guitar upside down and backward. That ended after a meeting with legendary guitar builder Leo Fender, who offered to make Dale his own left-handed model if he'd test a line of guitars and amplifiers Fender was developing.

"I became Leo's personal guinea pig," Dale told The Associated Press in 1997. "Anything that came out of the Fender company, I played."

He played so loudly that he blew up one amplifier after another until a frustrated Fender built him a "Dick Dale Dual Showman" doubled-sized amp. It was a model that would become popular with aspiring Los Angeles guitarists.

As he began to become well known, he began calling himself Dick Dale, explaining years later that a radio disc jockey had suggested it was a better name for a rock star than Richard Monsour.

His surfer buddies had already nicknamed him King of the Surf Guitar, a title he said he initially resisted, fearing it would limit his audience. When the spirit of surfing caught on everywhere, however, he came to embrace the crown.

Dale is survived by his wife, Lana, and a son, James, a drummer who sometimes toured with his father.

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This story has been corrected to say that Dick Dale died at age 81.

## Today in History By the Associated Press

Today in History

Today is Monday, March 18, the 77th day of 2019. There are 288 days left in the year.

Today's Highlight in History:

On March 18, 1965, the first spacewalk took place as Soviet cosmonaut Alexei Leonov went outside his Voskhod 2 capsule, secured by a tether.

On this date:

In 1766, Britain repealed the Stamp Act of 1765.

In 1925, the Tri-State Tornado struck southeastern Missouri, southern Illinois and southwestern Indiana,

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resulting in some 700 deaths.

In 1937, in America's worst school disaster, nearly 300 people, most of them children, were killed in a natural gas explosion at the New London Consolidated School in Rusk County, Texas.

In 1938, Mexican President Lazaro Cardenas nationalized his country's petroleum reserves and took control of foreign-owned oil facilities.

In 1940, Adolf Hitler and Benito Mussolini met at the Brenner Pass, where the Italian dictator agreed to join Germany's war against France and Britain.

In 1942, President Franklin D. Roosevelt signed an executive order authorizing the War Relocation Authority, which was put in charge of interning Japanese-Americans, with Milton S. Eisenhower (the younger brother of Dwight D. Eisenhower) as its director.

In 1959, President Dwight D. Eisenhower signed the Hawaii statehood bill. (Hawaii became a state on Aug. 21, 1959.)

In 1963, the U.S. Supreme Court, in *Gideon v. Wainwright*, ruled unanimously that state courts were required to provide legal counsel to criminal defendants who could not afford to hire an attorney on their own.

In 1980, Frank Gotti, the 12-year-old youngest son of mobster John Gotti, was struck and killed by a car driven by John Favara, a neighbor in Queens, New York. (The following July, Favara vanished, the apparent victim of a gang hit.)

In 2002, Brittanie Cecil died two days short of her 14th birthday after being hit in the head by a puck at a game between the host Columbus Blue Jackets and Calgary Flames; it was apparently the first such fan fatality in NHL history.

In 2005, Doctors in Florida, acting on orders of a state judge, removed Terri Schiavo's feeding tube. (Despite the efforts of congressional Republicans to intervene and repeated court appeals by Schiavo's parents, the brain-damaged woman died on March 31, 2005, at age 41.)

In 2017, Chuck Berry, rock 'n' roll's founding guitar hero and storyteller who defined the music's joy and rebellion in such classics as "Johnny B. Goode," "Sweet Little Sixteen" and "Roll Over Beethoven," died at his home west of St. Louis at age 90.

Ten years ago: Under intense pressure from the Obama administration and Congress, the head of bailed-out insurance giant AIG, Edward Liddy, told Congress that some of the firm's executives had begun returning all or part of bonuses totaling \$165 million. Tony-winning actress Natasha Richardson, 45, died at a New York hospital two days after suffering a head injury while skiing in Canada.

Five years ago: With a sweep of his pen, President Vladimir Putin added Crimea to the map of Russia, provoking denunciations from the Western leaders who called Putin a threat to the world. Venture capitalist Bruce Rauner won the GOP primary in his bid for Illinois governor (he went on to defeat the Democratic incumbent, Pat Quinn). A KOMO-TV news helicopter crashed and burst into flames near Seattle's Space Needle, killing both people on board.

One year ago: A self-driving Uber SUV struck and killed a pedestrian in suburban Phoenix in the first death involving a fully autonomous test vehicle; Uber suspended its autonomous vehicle testing program in Arizona, California, Pittsburgh and Toronto after the crash. Vladimir Putin rolled to a crushing re-election victory for six more years as Russia's president. The fourth in a series of bombings in Austin, Texas, left two people injured; authorities said it was triggered along a street by a nearly invisible tripwire. "Black Panther" became the first film since "Avatar" in 2009 to top the weekend box office for five weeks in a row.

Today's Birthdays: Composer John Kander is 92. Country singer Charley Pride is 85. Nobel peace laureate and former South African president F.W. de Klerk is 83. Country singer Margie Bowes is 78. Actor Kevin Dobson is 76. Actor Brad Dourif is 69. Jazz musician Bill Frisell is 68. Singer Irene Cara is 60. Alt-country musician Karen Grotberg (The Jayhawks) is 60. Movie writer-director Luc Besson is 60. Actor Geoffrey Owens is 58. Actor Thomas Ian Griffith is 57. Singer-songwriter James McMurtry is 57. TV personality Mike Rowe is 57. Singer-actress Vanessa L. Williams is 56. Olympic gold medal speedskater Bonnie Blair is 55. Country musician Scott Saunders (Sons of the Desert) is 55. Actor David Cubitt is 54. Rock musician Jerry

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Cantrell (Alice in Chains) is 53. Rock singer-musician Miki Berenyi (ber-EN'-ee) is 52. Actor Michael Bergin is 50. Rapper-actress-talk show host Queen Latifah is 49. Former White House Chief of Staff Reince Priebus (ryns PREE'-bus) is 47. Actor-comedian Dane Cook is 47. Country singer Philip Sweet (Little Big Town) is 45. Rock musician Stuart Zender is 45. Singers Evan and Jaron Lowenstein are 45. Actress-singer-dancer Sutton Foster is 44. Rock singer Adam Levine (Maroon 5) is 40. Rock musician Daren Taylor (Airborne Toxic Event) is 39. Olympic gold medal figure skater Alexei Yagudin is 39. Actor Adam Pally is 37. Actor Cornelius Smith Jr. is 37. Actor Duane Henry (TV: "NCIS") is 34. Actress Lily Collins is 30. Actress-dancer Julia Goldani Telles is 24. Actress Ciara Bravo is 22. Actor Blake Garrett Rosenthal is 15.

Thought for Today: "It's easy to be independent when you've got money. But to be independent when you haven't got a thing — that's the Lord's test." — Mahalia Jackson, American gospel singer (1911-1972).